CONSTITUTION & BYLAWS OF UNITED LEGACY FOOTBALL & CHEER

Article 1

Name and Purpose

The United Legacy Football and Cheer (ULFC) is a non-profit league devoted to providing organized football programs for the youth of the areas involved and to install the ideals of good sportsmanship through competitive activity.

Mission Statement

The purpose of ULFC is to augment the physical and mental development of children through learning and playing youth sports. It is in intention of ULFC to give all eligible individuals the opportunity to participate in the American tradition of youth sports that encompasses installing the sense of teamwork, the excitement of victory and the character-building exercises of facing defeat with dignity.

Article 2

Structure

The ULFC shall be structured in a manner to administer programs of athletic competition for football. The board of directors of the ULFC shall establish these programs.

The individual team structures shall be determined in accordance with University Interscholastic League (UIL)/NCAA rules and guidelines, with exceptions established by the ULFC board of directors.

The constitution and by-laws shall apply to both football and cheerleading programs except when specifically excluded or amended by the board of directors.

Article 3

Location and Boundaries

A team player is eligible to play on the team of the school he/she attends, if they do not attend the school they must be a permanent resident of the designated areas as defined by local school district requirements for enrollment. The "out of town player exception" is intended to accept players from surrounding communities not in this league, with the intention of

giving a program the opportunity to participate in the ULFC. If a team has less than 15 "hometown" eligible players they may add players from surrounding towns in order to complete their roster. Any team using this exception CANNOT have a roster exceeding 18 players. Any rosters with an out of district player on it must have less than 15 hometown kids and cannot exceed 18 total players in order to use this exception. Towns can ask for additional exceptions on case by case basis and be granted on an annual basis by board of director vote.

Article 4

Government

The ULFC shall be governed by a board of directors comprised of one director from each participating town. One town director or persons will be designated the league director by a vote of the ULFC board of directors. The league director does not hold a vote will only break a tie if needed. The town that is holding the league director position will have a voting representative chosen by them.

A majority vote by the board of directors, either affirmative or negative shall be the basis of determining the acceptance or rejection of any motion made and seconds for any proposed vote, or for the acceptance or rejection of any other decision that requires a vote by the board of directors for any subject matter.

A formal and legal meeting of the board of directors shall be a meeting called by the designated UFLC League Director and attended by one half of the active board of director members which constitutes the quorum needed for conducting the normal and/or business needs of the league.

The League Director will be a one-year term and voted on an annual basis. All towns not serving on probation are eligible for the League Director position. There will be no term limit, and you can run consecutively.

Article 5

Board of Directors

The board of directors of the ULFC shall be the government body of the league as stated in Article 4.

Voting Privileges: Each participating town shall have one vote on any subject, with the exception of new league members or members who are on probation due to rule or by-law violation. Each participating town will select their voting representative who will be referred to as the director. Only the director shall have voting privileges, if he is unable to be present he can send a representative to vote in his place or may give his proxy vote to the league president to vote in their absence. He must notify the board of his representative, if he fails to do so the vote will continue without representation and result will be final. The president of the board of

director only votes the event of a tie vote, the designated league president will break the tie. If the selected town director is elected president by the board of directors he is to select a proxy vote in his place to insure representation. The proxy vote will be asked to vote in his own accordance not at the direction of the president.

It is not intended that the directors be in defense of his players, coaches, or team representatives, but to view the situations objectively, regardless of the outcome or final decision.

The board of directors is charged with the following responsibilities and states of fact:

Board members are charged with administering any discipline handed down by the ULFC to any coaches, player, or team representative of any team.

For obtaining in writing, a coach's interpretation of any given play or situation that resulted in the ejection of a coach, player or team representative. This documentation is to be obtained within 24 hours of the incident. Town directors must notify the designated league president of any by-laws or rule violations within 72 hours of the incident.

(indirectly) For the conduct of the fans at games played in his/her community. The ideals of good sportsmanship must be instilled to the fans so that the ideals of good sportsmanship on the part of the players are not jeopardized. The board by affirmative 51% majority vote may suspend or remove any coach, player, team representative, fan, a specific team, above named by be suspended for a specific period of time or indefinitely.

Members on probation: All new members of the ULFC will serve their first two years on a probation status (unless voted otherwise) and will not have a vote on any league matters (they are allowed to attend league meetings, and their ideas and input is encouraged). At the first meeting of the third year, the board will vote to accept or deny membership to the league, if accepted full membership and voting privileges will be granted.

Members placed on probation for the rule or by-law violation will lose their voting privileges for the remainder of that year and possibly the following year (depending on when the offensive occurred). Violating towns may also lose the right to host playoff games while on probation. A vote at the first meeting following the year will determine whether the member is reinstated or denied.

Article 6

Meetings

The designated league president will determine the place, time and date of any league meeting. Selection of methods are at the discretion of the designated president. The president may delegate this responsibility to either of the directors at his discretion.

A legal and formal meeting shall be declared on the basis of quorum present. ½ of the board of directors' present shall constitute a quorum at a called meeting by the president or designated director.

Article 7

Amendments to By-Laws and Constitution

Any article of the constitution and by-laws of the ULFC or any part there of may be changed or amended by 51% majority affirmative vote by the board of directors of the league provided that:

Notice of intent to change or amend is provided in writing to all board members in advance of the meeting date of the board of directors.

Article 8

Finances

The financial needs of the members of the ULFC shall be handled by each participating member. Individual fundraisers will be handled by said members' football board or youth association.

The expense for super bowl trophies or awards will be divided equally among all ULFC members. Towns are responsible for the expense of coaching passes.

Article 9

Insurance

Each member of the ULFC shall provide each participant with a type of accident insurance that will provide the necessary services in the event a participant is injured. The insurance must be purchased and in force prior to the beginning of practice and league play.

Article 10

Player Eligibility (definition of and player rules)

Any youth who qualifies under Article 3 and who is not over the qualifying age of his/her division of play is eligible to play in league activities.

If a specific town (outside the league of ULFC) does not have a team consisting of a specific age group for football, a player from that town my play with another town in the league under the out of town exception rule outlined in Article 3.

Each league participant must complete a registration form, provide proof of age, and proof of ISD enrollment or residency if not applicable to their respective town. These documents certify eligibility and must be available at weigh-ins. Birth certificates, hospital certificates or notarized legal documents verifying age are acceptable. Proof of age for each player must be brought to each game. Printed screenshot of student grade portal or copy of last grading period report card of previous year are suggest for ISD verification. Any official documentation from the school showing player as a student will suffice.

Each director must present a completed team roster for each participating team at the time of weigh-ins. This document determines player and team eligibility for the season, any exception to or information determined to be false results in an ineligible player/team.

A player may not resign from one team and join another at any time.

If the conduct of any player participant be such as may be considered unbecoming a gentleman, a lady or an athlete, on or off the field, he or she will be removed from the game and may be suspended or removed from further participation in any association athletic competition for any period of time as determined by the ULFC board of directors.

If any team is found to be in violation of player eligibility by-laws, said team shall forfeit all games said player had participated in.

Any unforeseen circumstances of player eligibility shall be voted on for board approval prior to games being played.

Article 11

Equipment and Uniforms

The equipment used by each age group shall be accordance with the equipment designed and/or NOCSAE approved or as specifically prescribed by those organizations, with the ULFC affiliates, unless specific exceptions are established by the ULFC.

Each player is required to wear a uniform or jersey that displays or represents a player number on the front and back. This number is to be no less than SIX (6) inches in height and is to be centered on the front and back of the jersey whereas to be easily recognized by officials, fans, and the opposing team. No two uniforms or jersey shall have the same player number.

Article 12

Coaches and Team Representatives

The ULFC had adopted a **NO TOLERANCE POLICY**. Any violation will result in a one-year suspension from the date the infraction occurs. This applies to all Coaches, Team representatives, and Players.

ULFC has adopted a criminal background check policy for all coaches to insure the safety of our players and coaches. Anyone convicted of a Class B misdemeanor or higher charge located in Chapters 15, 17-25 of the Texas Penal Code will not be permitted within the sidelines or field of any sanctioned event. Anyone convicted of a felony charge in Chapter 49 or 481 within the previous 5 calendar years will not be permitted to within the sidelines or field of any sanctioned event.

The following is a partial list of duties and responsibilities of all coaches and team representatives participating in the ULFC.

All complaints on coaches or team representatives should be presented to their own director. If the dispute or conflict cannot be resolved at the town level, the dispute may be presented before the ULFC board of directors for review. After a careful review the ULFC board of directors may suspend or remove any coaches, assistant coach, or any other team representative from further participation in the ULFC.

It is also noted that if the conduct of a coach or team representative be such as may be considered unbecoming of a lady or gentleman, on or off the field of play, he or she may be suspended or removed by a majority of the board of directors from further participation in league activities for the current and succeeding year(s).

Any coach or team representative ejected from a game by the referee or game official will be brought before the ULFC board of directors for a possible constitution and by-law violation.

Possible violations for ejection are:

A. Profanity
B. Abusive language on the field or in the presence of player participants
C. Under the influence of intoxicating liquor or drugs while on the playing field or any other league activity
D. Unsportsmanship like conduct
E. Willingly and intentionally abusing referees, coaches, assistant coaches, team representatives or players

All league directors must obtain and read the ULFC constitution and by-laws,

If after reading the Constitution and By-Laws, a coach or team representative has a question, he/she can contact the ULFC president who will either provide an immediate answer or bring up the question at a regularly scheduled meeting of the ULFC board of directors for review

Coaches are always directly charged with the control and discipline of his/her team members and with the enforcement of ideals of good sportsmanship.

It will be up to each local YSA board of directors within that town to determine if further action is necessary or required.

A Coach: Is not to tolerate any unsportsmanlike action or conduct of any team member. If an unsportsmanlike act or conduct is committed by one or the team members, the coach/team representative must take immediate disciplinary action toward the player involved and this action must be strong and decisive.

Is charged with the responsibility of the overall conduct and action of the entire team, as well as the individual team circumstances involved prior to, during, or after any athletic contest. Will be held responsible for the action and conduct of the fans representing his/her team at all games played. It is the responsibility of the coach/team representative to help administer the ideals of good sportsmanship in any and all circumstances on behalf of the youth involved.

Is held responsible for the moving the contest along in a timely manner by encouraging hustle of the players onto and from the field of play.

Is responsible for all rule violations committed by their team members,

Any coach that is in violation of these rules shall be suspended for one year from the date the infraction occurs.

ULFC has adopted a Coaches Code of Conduct. Any smaller violations will be addressed in accordance with this document and its disciplinary policy.

Article 13

Playing rules for all age groups

Uniforms: Must match and have numbers on the front and back of jersey. No two players on the same team can have the same number.

Coaches: All coaches who are on the sidelines must wear matching shirts. Only **SEVEN** coaches per age division. Cheerleading teams are allowed 7 coaches per age division. All coaches are required to wear matching coach shirt apparel and have their pass visible while on the sidelines. Parent and fans are not allowed to be on the sidelines during the games. Each team may have 2-3 responsible teenagers to provide water to the athletes. Towns are allowed to have a social media representative, photographer, or video personnel on the sidelines. Towns are allowed to have a designated badged medical personnel on the sideline. Every town is responsible in managing their sidelines to abide by these guidelines.

Age verification: Each town director shall have in his/her possession at all league contest, copies of birth certificates of all player participants. If a birth certificate is not available, the player shall not participate until available.

Weigh-Ins: Each team will be weighed in the weekend prior to opening weekend at a location determined by town director. Weigh-ins will be conducted by the league officer voted on by the board of directors. Weigh-ins determine team eligibility and ability to carry the ball in game

play. All weigh-in results will be given to all town directors before season begins. Weigh in sheets are to be filled out in numeric order prior to weigh ins.

Ineligible ball carriers: All players that are over the running back maximum weight limit must be visibly identified by a larger X on the back of the helmet (must use Black or Contrasting colored tape). ***The "X" on the helmet must be a minimum of 3" or more in size***. Violation of this rule shall result in forfeiture of the game and possibly ejections of the player and/or coach for upcoming games. A player who wishes to run the ball but is over the running back limit in his appropriate age group may request to be moved up to the next age group (players may move up but not down). But this decision will be at the town directors' discretion. If a player misses their town designated weigh-in, they may be weighed at any of the other town weigh-ins. If a child is unable to weigh-in that child is considered an ineligible ball carrier and will receive and X regardless his/her weight.

Mouthpieces: must be worn while play is in progress. Violations of this rule will result in a 5-yard penalty. All mouthpieces must be attached to the helmet.

Shields: Are allowed but MUST be clear. NO tinted sports goggles per UIL rules.

Game time: Games will start at the posted time. Any team that does not have the minimum number of players on the field at five minutes after game time will forfeit.

Halftime: 15 minutes Each drill team/cheerleading squad will he allowed 5 minutes each to enter, perform, and exit.

Visiting teams cheerleading teams will perform first during half time.

Coaches will take their teams completely off the playing field during halftime and will not return until both teams have completed their performances (unless it is to watch their girls perform, and no distractions will be tolerated). Please show these young ladies the respect they deserve as they are there supporting us.

Overtime: Team winning coin flip has choice of offense or defense first. Ball will be placed on the 20-yard line, each team will get a possession (a first down is achieved at the 10-yard line). If the score is still tied after 2 overtime possessions, the ball will be placed on the 10-yard line. If the score is still tied after another 2 possessions, then the ball will be moved to the 5-yard line. The game will continue from there until there is a winner.

Inclement weather: in regular season games halfway through the 3rd quarter the game will be final if a weather event is the cause of excessive delays. Playoffs will be at the start of the 3rd quarter and up by three scores (18 points) if delays are excessive enough to call a game which will be decided by the board of directors of the ULFC on playoff games.

Game makeup: Will be the Sunday after the regular schedule game at the same venue, start time is 3pm unless changed by the ULFC board of directors due to venue accommodations that cannot be met.

Referee's: Referees will be supplied by the league. The league will have (2) refs for the flag games and (4) refs for all tackle games; It is the responsibility of the hosting town to pay the officials at the half time of the last game.

Fees- $60.00 per ref per game as long as it is a 3-game day

$65.00 per ref per game if only 2 games a day

Flag- $30.00 per ref per game

****Any team that must forfeit their game will be required to pay the refs for that game. This applies to all age groups. ****

Remember these officials are doing this by choice, they are certified referees who call high school games on Thursday and Friday nights. They do an outstanding job overall, so please show them the respect they deserve.

Games: Each town will have the opportunity to have as equal to home and away games as allowed by the schedule.

Gate Prices: Will be consistent at all league venues.

$4.00 per adult

$2.00 per child (school age)

*discounts are not permitted

Concession: Prices are decided by each participating town and are not governed by the league.

It is requested that the hosting town director be present for the entire day, to aid in resolving problems or conflicts during league contests.

Coaches please encourage your fans to clean up their trash after the game is complete. The host town will really appreciate it and will be more likely to return the favor when they come to your place.

Article 14

Playoffs

Round 1: 2025-

2026-

2027-

2028
Round 2: 2025-
2026-
2027-
2028-
Super Bowl 2025-
2026-
2027-
2028-
Teams available for playoffs:
2025:
2026:
2025: Play off rotation will resume with
2026:
2027:
2028:
2029:

Playoff venues are determined by previous year's playoffs. A team that hosted the Super Bowl will not have a playoff game the next year. Teams that did not host the Super Bowl or Playoffs will be guaranteed a playoff game the next year if schedule allows. It is always the plan to keep round 1 venues as close as possible. ONLY TOP 8 SEEDS WILL MAKE PLAYOFFS

Teams seeded #1 will play #8

#2 will play #7

#3 will play #6

#4 will play #5

In the second-round seeding stays the same,

#1 plays lowest seeded team left and so on.

If there is seeding ties, the tie will be broken by the head to head winnings.

Article 15

Rules by Divisions

Listed separately on the rules sheet

Article 16

Ejection policy

If a player is ejected their associated party must also leave the premises.

If the player is a coach's child, the Coach can stay.

If a spectator/fan is ejected their associated player must leave.

If a coach is ejected their child (player) can stay.