



2026 Idaho Cup Tournament Coaches Game Rules

1. Team rosters are set by the Tournament Director.
2. National Federation of State High School Associations (NFHS) playing rules have been adopted, with the following exceptions:
 - a. Game play shall be non-checking.
 - b. Delayed offsides will be in effect.
 - c. Icing when shorthanded is allowed without a stoppage in play.
3. The game will consist of 3 x 12-minute stop-time periods.
4. Runtime will be conducted during the 3rd period if the game clock shows that the match will conclude within 5 minutes of the designated end time. This will be determined at the sole discretion of the score keeper. Once runtime starts, the only time the clock will stop is for an injury.
5. The maximum goal differential is 7 goals.
 - a. After a 7-goal lead is reached, additional scoring for the leading team will not be counted.
 - b. Scoring will resume for the leading team if the differential closes below 7 goals.
6. Penalty duration is as follows:
 - a. Minor Penalties -1:30 minutes.
 - b. Major Penalties - 5 minutes.
 - c. Misconduct - 10 minutes.
7. Tiebreaker
 - a. In the event of a tie, the following tiebreaker rules will apply.
 - b. First tiebreaker - 3-man shootout, the Away team will shoot first.
 - c. Second tiebreaker – If still tied after the first tiebreaker, the game will end in a tie.