

Hastings Basketball: 2 Ball Dribbling Program. 2026 Tracking Sheet (May 2026 Revision)

Min	Date	Min	Date	Min	Date	Min	Date	Min	Date	Min	Date	Min	Date	Min	Date	Min	Date	Min	Date
	06/01 (Mon)		06/02 (Tue)		06/03 (Wed)		06/04 (Thu)		06/05 (Fri)		06/06 (Sat)		06/07 (Sun)		06/08 (Mon)		06/09 (Tue)		06/10 (Wed)
	06/11 (Thu)		06/12 (Fri)		06/13 (Sat)		06/14 (Sun)		06/15 (Mon)		06/16 (Tue)		06/17 (Wed)		06/18 (Thu)		06/19 (Fri)		06/20 (Sat)
	06/21 (Sun)		06/22 (Mon)		06/23 (Tue)		06/24 (Wed)		06/25 (Thu)		06/26 (Fri)		06/27 (Sat)		06/28 (Sun)		06/29 (Mon)		06/30 (Tue)

Min	Date	Min	Date	Min	Date	Min	Date	Min	Date	Min	Date	Min	Date	Min	Date	Min	Date	Min	Date
	07/01 (Wed)		07/02 (Thu)		07/03 (Fri)		07/04 (Sat)		07/05 (Sun)		07/06 (Mon)		07/07 (Tue)		07/08 (Wed)		07/09 (Thu)		07/10 (Fri)
	07/11 (Sat)		07/12 (Sun)		07/13 (Mon)		07/14 (Tue)		07/15 (Wed)		07/16 (Thu)		07/17 (Fri)		07/18 (Sat)		07/19 (Sun)		07/20 (Mon)
	07/21 (Tue)		07/22 (Wed)		07/23 (Thu)		07/24 (Fri)		07/25 (Sat)		07/26 (Sun)		07/27 (Mon)		07/28 (Tue)		07/29 (Wed)		07/30 (Thu)
	07/31 (Fri)																		

Min	Date	Min	Date	Min	Date	Min	Date	Min	Date	Min	Date	Min	Date	Min	Date	Min	Date	Min	Date
	08/01 (Sat)		08/02 (Sun)		08/03 (Mon)		08/04 (Tue)		08/05 (Wed)		08/06 (Thu)		08/07 (Fri)		08/08 (Sat)		08/09 (Sun)		08/10 (Mon)
	08/11 (Tue)		08/12 (Wed)		08/13 (Thu)		08/14 (Fri)		08/15 (Sat)		08/16 (Sun)		08/17 (Mon)		08/18 (Tue)		08/19 (Wed)		08/20 (Thu)
	08/21 (Fri)		08/22 (Sat)		08/23 (Sun)		08/24 (Mon)		08/25 (Tue)		08/26 (Wed)		08/27 (Thu)		08/28 (Fri)		08/29 (Sat)		08/30 (Sun)
	08/31 (Mon)																		

GOAL: COMPLETE at least 5 minutes of various 2 ball dribbling drills per day. The More the Better. Even if you don't reach the bronze level, still count your minutes. **Document Extra Minutes also, overall leaders will be recognized.** *Send completed sheets to: aaronwickboldt@gmail.com*

Gold: Average **20 days** per month
Silver: Average **15 days** per month
Bronze: Average **10 days** per month