

SAN LUIS VALLEY YOUTH HOCKEY ASSOCIATION

Yetis Frost Bite Tournament

~ December 5-7, 2025 - 10U rec and 12U rec

~ December 19-21, 2025 - 14U rec and 18U rec

Rules and Regulations

1. A check of credentials and qualifications will take place before each team competes. Required documents shall include:

USAH1-T Roster– must be submitted two weeks in advance of the tournament.

Canadian Teams– Travel permit will be checked two weeks prior to the start of the tournament

2. Only USA Hockey, Hockey Canada and IIHF registered teams will be allowed to enter. SLVYHA follows all 2025-2029 USA Hockey Rules and only USA Hockey certified officials will officiate games.

The USA Hockey Sanctioned Tournament SafeSport Program Protocol will be adhered to.

3. An entry fee of \$1500.00/team shall be collected from each team upon registration. Once a team has been accepted into the tournament, no reimbursement of the tournament fee will be provided, unless other agreement is worked out with the Tournament Director.

There is no admission fee for spectators.

4. This will be a USA Hockey sanctioned Recreational tournament open to teams properly registered with USA Hockey with competition at the rec level. All USA Hockey rules and CAHA rules will govern. All divisions are no check.
5. There will be a maximum of four teams at each age division competing in a round robin format. Points will be awarded according to the following point system: 2 points for a win, 1 point for a tie, and 0 points for a loss. After round robin play is completed, teams will be seeded based upon point standings (and tie-breakers if necessary).

Champion Game. The top two seeded teams after round robin play will advanced to the Championship game.

Consolation Game. The 3rd and 4th seeded teams after round robin play.

6. Home teams shall wear light jerseys and away teams shall wear dark jerseys. The tournament director reserves the right to change color designations if necessary.
7. All games will have period durations as follows: Period one (1) and two (2) are 15-minute run time, Period three (3) is a 12-minute stop time.
8. No game will be played under curfew rules- however if at any time during the third period the score differential is four (4) or more, the game clock will go to running time. Stop time will only resume when the deficit is reduced to less than four (4) goals. When in running time, a penalty will start when play resumes. Games designated as quarter-final, semi-final or championship will have a run clock if the goal differential is six (6) or more in the third period. The game clock will return to stop time when the goal differential is five (5) or less.
9. Tournament officials reserve the right to end any game or move any game to running time if the officials and/or referees deem the game has become unsafe, or to recover time in the tournament schedule.
10. Each team is allowed one (1) timeout per game.
11. A tie game after regulation play in the round robin portion of the tournament will remain a tie. Only championship and consolation games will have overtime. A tie game after regulation play in the championship and consolation rounds will have a one-minute rest period followed by a 3 on 3 sudden death overtime period of five minutes. Goalies will change ends. If still tied after the 3 on 3 overtime period, after a one-minute rest period a 5-man shootout will ensue. Each team will designate 5 shooters, and the teams will alternate penalty shots on the opposing goalie, home team first. Best of 5 shots wins. If the score remains tied following the first 5 shooters, each team will designate an additional shooter, different from the first 5. Each team will alternate shooters until a winner is determined (all members of each team must be used in the shootout before repeating). Each team will take the same number of shots.
12. In the event there is a tie in game points when determining seed positions for championship and consolation rounds the tiebreakers will be applied as follows:
 1. If two teams are tied, head-to-head results between the two teams. If still tied or more than two teams tied:
 2. Points from wins. If still tied:
 3. Goal differential: Subtracting goals-against from goals-scored, all games considered, the team with best +/- rating being ranked highest. The maximum

goal differential per game is +/-4. For example, a team who wins a game 7-2 will be credited with +4, even though the team's goal differential was +5 and the losing team will have a goal differential of -4. Head-to-head results will not factor back in; all teams will be ranked and seed based on the tie-breaker. If still tied:

4. Team allowing the fewest goals against. If still tied:
 5. The team with the fewest penalty minutes. If still tied:
 6. Coin toss.
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13. Teams are required to check in one hour before their scheduled game time for locker room assignments and all teams will be flexible and cooperative in the event that start times or rink assignments need to be changed. The first game of the day will start on schedule.
 14. Volunteers from the participating teams must cover the Penalty Box. Coaching from the penalty box is strictly prohibited. San Luis Valley Youth Hockey will provide scorekeepers and clock operators for every game.
 15. Teams must be ready to take the ice within 2 minutes after the Zamboni doors have closed unless directed otherwise by tournament officials. A 3-minute warm up period will start when the officials signal teams to take the ice. There will be no ice resurfacing during games.
 16. Locker rooms will be assigned prior to each game. Locker room access/keys will only be provided to a rostered adult for each participating team and SLVYHA reminds all teams that the USA Hockey Locker Room Policy must be followed. Teams are required to leave their locker room clean and damage free. Tournament officials will inspect for damage and cleanliness after each game. Teams will be held responsible for following the USAH locker room policy and any damage to the locker rooms will be repaired at the expense of the team/player responsible for the damage. Teams will be refused a locker room for the remainder of the tournament if there are issues. SLVYHA nor tournament venue is responsible for lost or stolen items.
 17. The Tournament Committee reserves the right to make final decisions in terms of interpreting the tournament rules and resolving issues or disputes as necessary. Any protests will be subject to a \$200 nonrefundable administrative fee. The protest must be written and filed with the Tournament Director within two hours of the conclusion of the game in question. The Tournament Committee will be the convening authority and will make the final decision. The decisions of the Tournament Committee are final and not subject to appeal. Protests on Referee Calls during the game will not be considered.

18. Championship awards will be presented to the first and second place teams of each age division at the conclusion of the championship game.
19. Any player receiving a major penalty for fisticuffs (fighting) will receive a 1-game suspension from USA Hockey. SLVYHA will impose an additional 2 games suspension. The player must leave the ice surface and team bench area immediately. Furthermore, all teams registered under CAHA must comply with all additional suspensions. All 601 penalties will result in a 1 game mandatory suspension from USA Hockey. Any team with 12 penalties will see their head coach suspended from the next game. Any player receiving 4 penalties in a game will receive a game misconduct.
20. Any player, coach, team, team official, parent, or spectator who demonstrates rude, vulgar, damaging, or unsportsmanlike conduct during the duration of the tournament at any of the tournament venues and/or on hotel property is subject to discipline by the SLVYHA tournament committee. This may include removal from ice arena, suspension from games, or expulsion from the entire tournament.
21. No spectators are allowed to interact with players who are serving penalties. Any violation of this rule will result in their team being issued a bench minor for unsportsmanlike conduct. A second offense of the same spectator will result in removal of individual from the venue.
22. All players are required to wear mouth guards.
23. Neck guards are required for all players at all levels.
24. Only the head coach or the team manager may express concerns to the tournament director and/or other tournament officials.
25. No noise devices allowed. This includes, but is not limited, to bells and horns.
26. The following rules are mandated by CAHA:
 1. Any team which enters a tournament which fails to appear on time for a scheduled game, or refuses to play, shall (1) forfeit all of its tournament games, (2) shall pay for all expenses, including but not limited to referee's fees and all ice costs for each forfeited game and shall be denied entry in any tournaments for the remainder of the season.
 2. All US teams, players, and coaches must be registered with USA Hockey and provide the tournament with a CAHA approved USA Hockey Roster and USA Hockey Roster link as well as bring the roster labels to the tournament for use with Game Sheets. That roster must include at least one Team Manager, and all coaches are required to comply with all SafeSport and USA Hockey policies. Foreign teams must be registered with

their federation. A credential check, to include a roster check will occur prior to the start of the tournament for each team; this will be done prior to arrival at the tournament. If any team fails to comply with this rule, that team shall forfeit all games until the proper team roster is presented to the tournament director. The team violating this rule shall remain obligated to and shall pay all financial obligations to all opponents for the forfeited game costs and the league or tournament entry fees.

27. All teams must register in the age-appropriate level/division per the USA Hockey sanctioned levels. Any team found in violation of these rules will forfeit 100% of the tournament registration fee, no exceptions.

28. Game results will be posted to Game Sheets within 24 hours of the end of each game.

29. SLVYHA WILL NOT provide warm-up pucks for teams.