



# Welcome Meeting

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2025

# Welcome Lacrosse Families

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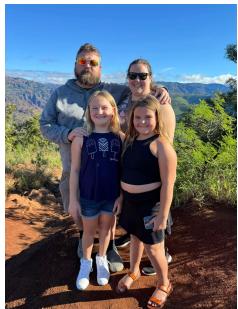
- Glad you are here!
- We are excited for the season ahead

## **Mission Statement:**

The primary goal of the Waukesha Lacrosse Club (WLC) is to develop a positive environment where athletes are able to learn and develop skills needed to play competitive lacrosse. Emphasis will be placed on showing respect for individuals, teams, coaches, officials and serving as positive role models within our school and community. Players will develop self-confidence, good sportsmanship, and a passion for the sport of lacrosse that will carry them through their lives.

WLC is a community based, non-profit, volunteer driven organization.

# Meet your Lacrosse Board



# Looking Ahead: Our Season Goals

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- Foster a love for Lacrosse
- Improve skills and game understanding
- Build lasting friendships
- Grow understanding of playing the game as a team (teamwork)
- Create memorable experiences for all

# Our Coaching Philosophy

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- Emphasize effort and improvement, not just winning
- Create a supportive team environment
- Encourage sportsmanship on and off the field
- Each coach is CPR certified, Background checks completed and Coaching clinics completed.

## Player Development Goals

- Improve individual skills: passing, catching, shooting
- Understand team strategies, game awareness and all positions
- Build physical fitness and conditioning
- Develop mental toughness and resilience

# Expectations for Players and Parents

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- Players: Commitment, respect, positive attitude
- Parents: Support, encouragement, sportsmanship
- Coaches: Direct and instruct players and determine playing time
- We would like to remind you:
  - These are **KIDS**.
  - This is a **GAME**.
  - Coaches are **VOLUNTEERS**.
  - Officials are **HUMAN**.
  - **NO** College Scholarships will be handed out today.

# In-Season Communication

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- Team app for practice dates, game schedules and updates

- Sports Engine... download now

Apple>>  
Android>>



- Social media updates

- Instagram-@waukeshayouthlacrosse
  - Facebook-Waukesha Lacrosse Club

- Team Manager- Sports Engine



# Volunteering aka 'DIBS'

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Volunteer Hours = \$200 for each player.

- Check will NOT be cashed unless volunteer hours are not completed
- Volunteer hours are dependent on team roster counts and home games. TBD.
  - Outside of games
    - Team Manager
  - In-Game - Watch and volunteer!
    - Score Keeper, Stats & Spotter
    - Clocks
    - Culture Keepers- (mandatory class)
    - Field set up and take down

# \$200 Check

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- Uniforms are distributed March 31st 6:30-8pm
  - Must submit a \$200 check to boy/girls directors
- Team managers will reach out to you to determine if you have not met your 'dibs'
  - Check will be cashed June 1st
    - if volunteer hours are not completed.
    - if the uniform is not returned.
- All tournaments fees are included in membership fees

# Open Positions for 2025 Season

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Boys  
U10 Team Manager

Girls  
U12 Team Manager

# Resources - Equipment



- Area Businesses: Burghardts, Dick's, sportstop.com, Laxshack, sidelineswap.com, lacrossemonkey.com, hot4lax.com
- [www.waukeshalacrosseclub.com](http://www.waukeshalacrosseclub.com)
- Essential Parent How-To's: [Parent Portal](#)
- New To Lacrosse: [New to Lacrosse](#)

## Boys Required Equipment (U10 +)

1. Mouth Guard
2. Helmet
3. Chest Pad
4. Gloves
5. Elbow Pads
6. Cup
7. Cleats
8. Stick

## Little Scoopers

1. Stick
2. Mouth Guard
3. Cleats (recommended)

## Girls Required Equipment

1. Mouth Guard
2. Protective Eyewear
3. Optional- Helmet
4. Cleats
5. Stick



WAUKESHA LACROSSE  
**SHOP EVENT**

**20%**  
**OFF**

**FEB 14** → **FEB 17**

**IN-STORE**



**BROOKFIELD  
LOCATION**



# Brady Caproon Memorial - Goalie Camp



# Fundraiser & Team Building

## One & Only Fundraiser

- Silent Auction
- 50/50 Raffle
- Raffle Baskets
- Community/Team Building
- Fun! Fun! Fun!
- All are welcome but must RSVP & Pay
- Questions? Email Nina
  - [waukeshalax.vp@gmail.com](mailto:waukeshalax.vp@gmail.com)





# How to contact us

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Rick Loomis - President

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Nina Cruz - Vice President:

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Dani Williamson - Secretary:

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Kerri Jay - Boys/Little Scoopers Director:

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Vicky Lewis - Girls Director:

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Josh Larson - Marketing:

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**Thank You!!**

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