OHC Parent Advisory Mtg

Key Outcomes

The team is aligned on improving player nutrition and snack consistency across teams, with a focus on ensuring sufficient protein and appropriate food choices for high-level performance. [1] [2] Planning for the upcoming Border Battle tournament is underway, including a return to auction baskets and the addition of more teams this year. [3] Communication expectations for coaches and team travel details for the Notre Dame trip were clarified. [4] [5]

Decisions Made

- **Snack/Food Strategy:** Teams should prioritize fueling players with appropriate nutrition, specifically increasing protein (e.g., two trays of chicken parm for 16s/18s) and avoiding reliance on low-nutrition options like pizza except occasionally. [2] [6]
- **Leftover Policy:** Excess food and snacks should be given to hotel staff or bus drivers rather than letting them go to waste. [7]
- **Auction Baskets:** The team will repeat the auction basket initiative for the Border Battle tournament, with a goal to expand themes (e.g., adding a skin/dermatology package alongside hair products). [8] [9]
- **Team Travel:** For the Notre Dame trip, the organization will book flights for the players; parents are expected to book their own travel around those times. [5]

Feedback Exchanged

- **Coach Responsiveness:** A concern was raised regarding slow or missing responses from some coaches to emails. [4]
- **Snack Adequacy:** Some teams reported feedback that there were not enough snacks or not the right types of snacks available. [10] [11]
- **Nutrition Guidance:** The organization is working with "Children's" to get professional guidance on proper nutrition for multi-game tournament schedules. [10]

Pending Confirmation

- **Border Battle Logistics:** Game schedules are available, but team placements are not yet finalized. [9]
- **Notre Dame Details:** Specific trip details will likely be shared in November for the January trip. [12]
- **Additional Travel:** Some teams (including 18s and 16s) will have another travel event added, with game counts being finalized this week. [12] [13]

Action Items

- **All Team Managers:** Email Brooke the current snack lists being used to ensure consistency and adequacy. [7] [13]
- **Brooke:** Have Holly resend the team travel expectations document to families today. [5] [12]
- **Darsh:** Contact Ashley Hofstrand to see if she can provide two hair-product baskets for the auction. [8]
- **Coaches:** Adhere to a 24-hour rule for responding to manager emails. [13]