

	Monday							
	RHS DEN	RHS North 1	RHS North 2	RHS North 3	RHS Center	RHS South 1	RHS South 2	RHS South 3
7:00 - 7:30	13-1	YDT-10 Black	YDT-11 Blue	YDT-12 Black	12-1	YDT-12 Blue	12-2	12-3
7:30 - 8:00								
8:00 - 8:30	17-1 & 17-2	14-1	11Blue&10Black	13-2 & 13-3	12-1 & 13-1	12 Blue & Black	12-2 & 12-3	16-2
8:30 - 9:00	17-1		13-3	13-2	17-2	15-1	15-2 (December)	
9:00 - 9:30								
9:30 - 10:00								

RHS Den Gym Unavailable: 1/12, 2/2, 4/6.

Holidays - Yes, we will practice on 1/19 and 2/16.

	Tuesday			
	RMS A	RMS B	Hassan East	Hassan West
5:00 - 5:30	YDT-9 Blue	YDT-10 Blue		
5:30 - 6:00				
6:00 - 6:30	9 & 10 Blue	13-1		
6:30 - 7:00	12-2			
7:00 - 7:30				
7:30 - 8:00				
8:00 - 8:30	16-1	14-1	14-3	14-2
8:30 - 9:00		14-1 & 15-2		
9:00 - 9:30		15-2 (Jan-April)		
9:30 - 10:00				

RMS & Hassan Gyms Unavailable: 1/20, 2/3, 2/17, 3/10

Wednesday	
	RMS B
5:00 - 5:30	16-2
5:30 - 6:00	
6:00 - 6:30	
6:30 - 7:00	17-1
7:00 - 7:30	
7:30 - 8:00	
8:00 - 8:30	

RMS is available on Wednesdays for December thru January. Practice night will change 2/4-3/11 (likely Thursday). 3/18-4/8 Both teams will practice 8-9:30

Thursday			
	RMS A	RMS B	Hassan East Hassan West
5:00 - 5:30	12-1	15-1	YDT-12 White 17-2
5:30 - 6:00			
6:00 - 6:30			
6:30 - 7:00		14-3	12-3 13-3
7:00 - 7:30			
7:30 - 8:00			
8:00 - 8:30	18-1	16-1	15-2
8:30 - 9:00			
9:00 - 9:30			
9:30 - 10:00			

RMS Gyms Unavailable: 12/18, 3/12

Hassan Gyms Unavailable: 2/12

Friday	
	RMS A RMS B
5:00 - 5:30	14-2 13-2
5:30 - 6:00	
6:00 - 6:30	
6:30 - 7:00	YDT-12 Grey YDT 11-Black
7:00 - 7:30	
7:30 - 8:00	
8:00 - 8:30	

RMS Gyms Unavailable: 12/5, 3/13

We follow ISD 728 break schedule. No practices during winter break 12/22/25-1/2/26. No practices during Spring break 3/30/26-4/3/26. Skills will be on Wednesday nights from December through March @ RMS

	Team	Practice 1	Shared Time	Practice 2	Shared Time	Total Shared
1.5	YDT-9 Blue	T RMS A 5-6:30	T RMS A 6-6:30	N/A		0.5
1.5	YDT-10 Blue	T RMS B 5-6	T RMS A 6-6:30	N/A		0.5
1.5	YDT-10 Black	M RHS N1 7-8	M RHS N2 8-8:30	N/A		0.5
1.5	YDT-11 Blue	M RHS N2 7-8:30	M RHS N2 8-8:30	N/A		0.5
1.5	YDT-11 Black	F RMS B 6:30-8		N/A		
1.5	YDT-12 Blue	M RHS S1 7-8:30	M RHS S1 8-8:30	N/A		0.5
1.5	YDT-12 Black	M RHS N3 7-8	M RHS S1 8-8:30	N/A		0.5
1.5	YDT-12 Grey	F RMS A 6:30-8		N/A		
1.5	YDT-12 White	Th HE E 5-6:30		N/A		
3	12-1	M RHS C 7-8:30	M RHS C 8-8:30	Th RMS A 5-6:30		0.5
3	12-2	M RHS S2 7-8:30	M RHS S2 8-8:30	T RMS A 6:30-8		0.5
3	12-3	M RHS S3 7-8	M RHS S2 8-8:30	Th HE E 6:30-8		0.5
3	13-1	M RHS Den 7-8	M RHS C 8-8:30	T RMS B 6-7:30		0.5
3	13-2	M RHS N3 8:30-9:30	M RHS N3 8-8:30	F RMS B 5-6:30		0.5
3	13-3	M RHS N2 8:30-9:30	M RHS N3 8-8:30	Th HE W 6:30-8		0.5
3	14-1	M RHS N1 8-9:30		T RMS B 7:30-8:30	T RMS B 8:30-9	0.5
3	14-2	T HE W 8-9:30		F RMS A 5:00-6:30		
3	14-3	T HE E 8-9:30		Th RMS B 7-8:30		
3.5	15-1	M RHS S1 8:30-10		Th RMS B 5-7		
3.5	15-2	T RMS B 9-10	T RMS B 8:30-9	Th HE E 8-10		0.5
3.5	16-1	T RMS A 8-10		Th RMS B 8:30-10		
3.5	16-2	M RHS S3 8-10		W RMS B 5-6:30		
3.5	17-1	M RHS Den 8-10	M RHS Den 8-8:30	W RMS B 6:30-8		0.5
3.5	17-2	M RHS C 8:30-10	M RHS Den 8-8:30	T HE W 5-6:30		0.5
2	18-1	Th RMS A 8-10		N/A		

December - M RHS S2 8:30-10