

## Duluth Girls HS Summer Skills & Jamboree Info

<b>HS Sessions Dates (5:45 PM - Heritage)</b>
Monday, June 1st
Tuesday, June 2nd
Thursday, June 4th
Monday, June 8th
Tuesday, June 9th
Thursday, June 11th
Monday, June 15th
Tuesday, June 16th
Thursday, June 18th
Monday, June 22nd
Tuesday, June 23rd
Thursday, June 25th
<b>OFF/NO CONTACT WEEK 6/29 UNTIL 7/10 ICE WILL BE AVAILABLE FOR OPEN SKILLS</b>
Monday, July 13th
Tuesday, July 14th
Thursday, July 16th
Monday, July 20th
Tuesday, July 21st
Thursday, July 23rd
Monday, July 27th
Tuesday, July 28th
<b>20 Total Sessions</b>

## Who is this training program for?

- All (Any School) High School Returning Players
- Anyone interested in the Duluth High School Team for the 2026-27 Season
- 15U and Bantam Girls' Hockey Players for the 2026-27 Season

## Summer Skills Information

20 - 1 Hour On Ice Sessions

1 Jamboree Series

All Sessions held at Duluth Heritage

All Sessions 5:45-6:45 PM

## Team Grill & Chill

July 17th - Park Point, MN

## Jamboree Dates - SAVE THE DATE

Friday, June 19th - Superior, WI

PENDING: Friday, June 26th - Hibbing, MN

Saturday, July 18th - Grand Rapids, MN

## Payment Information

**\$520** - Skaters

**\$290** - Goalies

## Payment Options;

Venmo - ACRandall4

Checks Payable to 'Alicia Randall'

***Any players who compete for the following will be refunded for missed sessions.***

CCM MN HP 15s Camp/Practice

CCM MN HP 14s Camp/Practice

USA Girls 16/17s Camp

OS Prospects/Futures Camps

College Recruitment Visits

## **OFF ICE OPPORTUNITIES**

OPEN WEIGHT ROOM (HERITAGE) HOURS - FREE

**AP Fitness** - [paigestratioti@gmail.com](mailto:paigestratioti@gmail.com)

**ETS Training** - Personal Cellphone: 715-870-1710

Email: [Duluth@etsperformance.com](mailto:Duluth@etsperformance.com)

Personal Email: [Wyatt.Beyerl@etsperformance.com](mailto:Wyatt.Beyerl@etsperformance.com)

**ISD 709 Strength & Conditioning**

[c.danielson1311@gmail.com](mailto:c.danielson1311@gmail.com)