

Hockey Performance Edge

| | Skill/Task | Grade (1-10) | Recommended TNG Venue |
|---|--|--------------|--------------------------|
| 1 | T Stop (R and L) | | |
| 2 | L Stop (R and L) | | |
| 3 | Punch Turn (R and L) | | |
| 4 | One Foot Gliding Hockey Stop Inside Edge (R and L) | | |
| 5 | One Foot Gliding Hockey Stop Outside Edge (R and L) | | |
| 6 | Forward to Backward One Foot Transitions, Inside Edge to Outside Edge Along a Circle (R and L) | | |
| 7 | Backward to Forward One Foot Transitions, Inside Edge to Outside Edge Along a Circle (R and L) | | |

Evaluating Coach Name _____

Signature _____

Approving Coach Name _____

Signature _____

Date _____