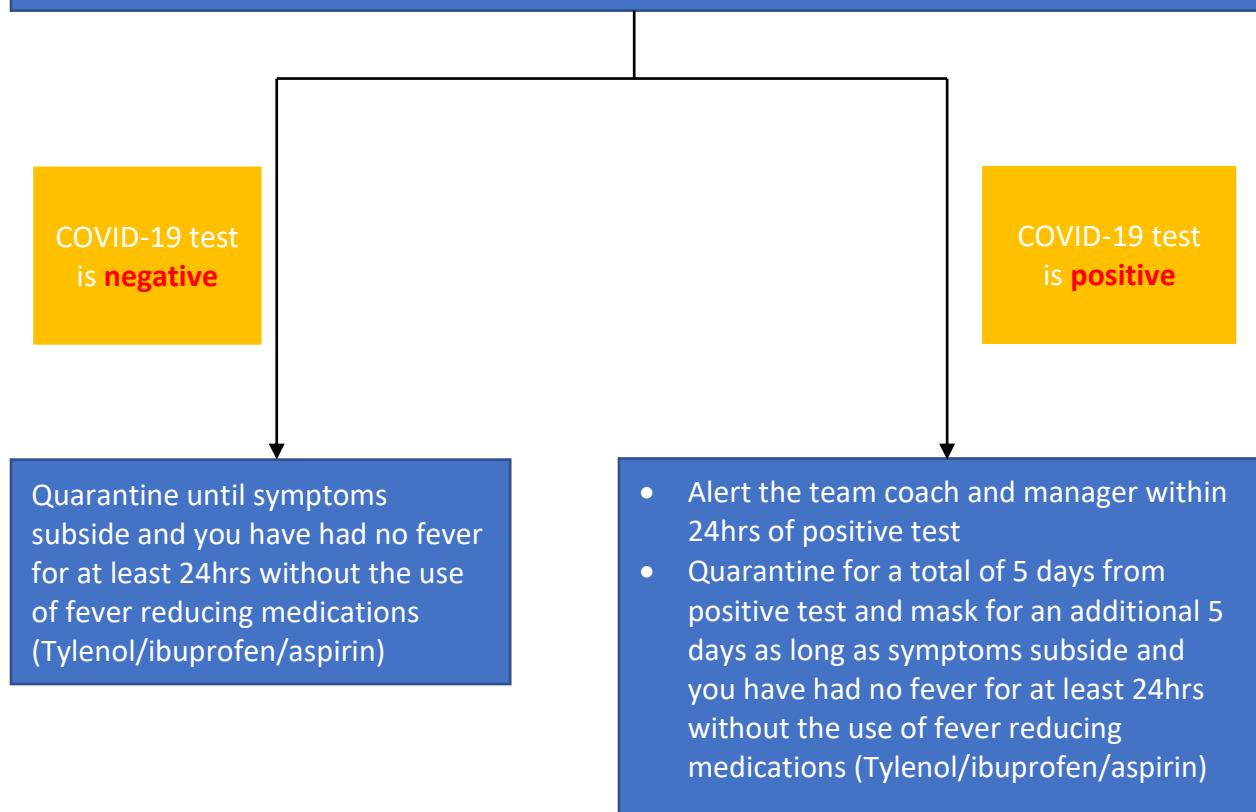


Algorithm for COVID testing and quarantine if you have symptoms:

If you have any of the following symptoms you should quarantine and get tested for COVID-19:

1. Fever (temp of 100.4 F or greater) or feeling feverish (such as chills and/or sweating)
2. Cough
3. Mild or moderate difficulty breathing
4. Sore throat
5. Muscle aches
6. Headache
7. New loss of taste or smell
8. Nausea or vomiting
9. Diarrhea
10. Unusual fatigue



Algorithm for testing and quarantine if exposed:

You have been alerted that you have had exposure to COVID-19 at hockey or outside of hockey at home, school, or other place (Exposure is being within 6ft for >15min cumulative over a 24h period within 48hrs of an individual experiencing symptoms or testing positive for COVID without symptoms)

