

August

NEWSLETTER



KEY DATES

- **FALL CLINIC REGISTRATION**
 - Mites through 15U/HS Boys
 - **Only a few spots remain**
- **NEW PLAYER REGISTRATION**
 - Mites through Jr. Gold - **9/15**
 - Mini-Mites - **12/31**
- **RETURNING PLAYER REGISTRATION**
 - Mite | 8U **8/15** (\$100 late fee after 8/15)
 - Jr. Gold | 15U **9/15** (No late fee)
- **TRY HOCKEY FOR FREE!** **8/25, 9/14, 9/21**
- **GEAR DONATIONS ACCEPTED** **8/5-25**
- **COACHING APPLICATIONS DUE** **8/15**
- **AUGUST BOARD MEETINGS:**
 - **8/21, 7-9PM** @ FLHS MEDIA ROOM
- **GEAR SWAP** **8/25**



GEAR SWAP SCHEDULED FOR AUGUST 25TH

Old hockey gear taking up precious garage space? Donate it today to outfit fellow Rangers! Starting **8/5**, Donations can be left at Forest Lake Sports Center (South Rink) in the stairwell. Gear must be in good, usable condition. Has your player out grown their breezers? Know a child who wants to play hockey but needs gear? Stop by Forest Lake Sports Center's south parking lot on **August 25th** from 5-8pm to try on gear or pick up good used condition gear.

TRY HOCKEY FOR FREE!



FLHA is hosting three **Try Hockey for Free!** nights. Kids new to hockey are invited to skate, try on gear and play some pick up hockey at the Forest Lake Sports Center Arena! Click [HERE](#) to learn more.

- **SUNDAY, AUG 25TH: 5-6PM**
 - * Gear Swap this night*
- **SATURDAY, SEPT 14TH: 6PM-7PM**
- **SATURDAY SEPT 21ST: 5PM-6PM**
 - *This night is for the Girls!*

BRING A FRIEND TO HOCKEY CONTEST

FLHA is encouraging all kids to try hockey through the **Bring a Friend to Hockey** contest!

Current players who refer a new friend and the friend registers for the upcoming season, both players will be entered into a drawing to win a brand new CCM stick. Click [HERE](#) to learn more.

If your player has a friend that wants to play hockey, email recruitment@flhockey.org!

Thank you for the stick donations,
Strauss Skates and Bicycles!



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FLHA COACH APPLICATIONS DUE

- The Coaches Selection Committee (CSC) is looking for parents to join our coaching team for the 2024-25 season!
- Non-contingent coaches are welcome to apply.
- Applications are due by August 15th, and interviews will follow.
- [CLICK HERE](#) to apply today.
- If you're interested in being an assistant coach, no need to fill out the application.

BECOME A BILLET FAMILY!

The Minnesota Mallards are looking for billet families!



What is a billet family?

They are a welcoming household that opens its doors to young, out-of-town, out-of-state or international hockey players. For many young athletes, this will be their first time away from home, and they will need a stable living environment. We welcome families of all shapes and sizes. What unites us all is a passion for making a positive impact on a young player's life. Learn more by clicking [HERE](#).

**REGISTER
NOW!**

2024-25 REGISTRATION CLOSES SOON!

2024 FALL CLINIC

- For skaters in Mini Mites through 15U/HS Boys
- Registration is limited to 35 players per group so register today by clicking [HERE](#)!

2024-2025 HOCKEY SEASON

- Click [HERE](#) to register today!
- All payments collected via Visa, Master Card, Discover, or a checking account setup during registration--No offline payment methods.

Rangers

GEAR Available Here!





**FLHA
BOARD
NEWS**

Annual Reports:

- 2023-24: Coming Soon!
- 2022-23 : Click [HERE](#)

Meeting Minutes:

- Click [HERE](#)

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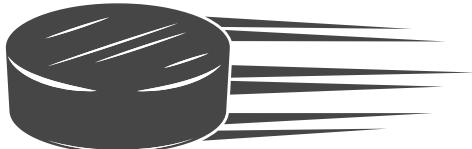
VOLUNTEER PROGRAM REGISTRATION

Don't forget to register for the new volunteer hours program when completing fall registration. It is a separate registration and can be completed by clicking [HERE](#).

Doing so is a requirement to receive your jersey and participate in tryouts.

Credit card information will be collected but only charged if volunteer hours are not fulfilled.

Learn more about the program by clicking [HERE](#).



NEW D2 REFEREE CHECKLIST AVAILABLE

D2 posted a New Referee Checklist which included:

- First, register with USA Hockey and complete the online seminar.
- Next, register with District 2 by filling out the form [HERE](#).
- Attend mandatory New Official Meeting, scheduled for October.

The next District 2 Referees Meeting scheduled for September 2024.

If you have questions, contact supervisorofofficials@d2hockey.org.



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-US-*

**Stay up-to-date with the
latest FLHA news, headlines,
and upcoming events!**



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TUMA, HASSL NAMED FLHA'S FIRST SCHOLARSHIP RECIPIENTS



FLHA announced the 2024 scholarship award recipients.

Abby Tuma and **Nick Hassl** submitted essays outlining hockey's impact on their life. Both will receive a \$500 scholarship!

Keep shining and making our Ranger community proud!



NEW NECK GUARDS REQUIREMENT NOW EFFECTIVE - (8/1)

- USA Hockey approved legislation requiring the use of neck laceration protection (neck guards) for players in all age classifications, other than adults.
- The new rule goes into effect August 1, 2024.
- Don't forget to purchase a neck guard for your child.
- For more information, visit the USA Hockey page by clicking [HERE](#).



SPORTSMANSHIP PRINCIPLES FOR COACHES, PARENTS, AND ATHLETES

- Sportsmanship is essential for a positive sports experience, emphasizing respect and fair play.
- Coaches, officials, parents, and fans all contribute to a positive environment by exemplifying good sportsmanship.
- Maintaining self-control and emotional balance during competitions is crucial for athletes' development.
- Promoting sportsmanship within the school and community helps foster a respectful and supportive culture.
- For more details, visit the NFHS Learn Sportsmanship Course.

JULY 4TH PARADE A SUCCESS

Thank you to those that participated in Forest Lakes 4th of July parade! And a **BIG** thank you to Morrie's Auto Group for donating a truck for parade purposes!

