

# September

NEWSLETTER



## KEY DATES

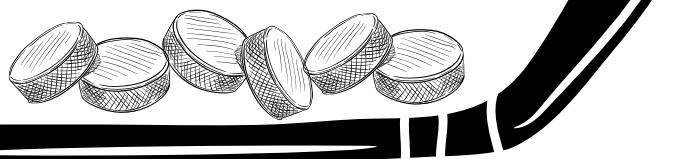
- NEW PLAYER REGISTRATION
  - Mites through Jr. Gold - **9/15**
  - Mini-Mites - **12/31**
- RETURNING PLAYER REGISTRATION
  - Jr. Gold | 15U **9/15** (No late fee)
- TRY HOCKEY FOR FREE! **9/14**, 6-7PM
- GEAR SWAP! **9/14**, 6-7PM
- 4CHECK BODY CONTACT CLINIC
  - GIRLS **9/16** & BOYS **9/18**
- OPEN HOUSE **9/17**, 6-7PM
- SEPTEMBER BOARD MEETING
  - **9/18**, 7-9PM @ FLHS Media Center
- GIRLS HOCKEY NIGHT AT THE RINK!
  - **9/21**, 5-6PM
- MANDATORY COACH & MANAGER MTG
  - **10/7**, 6-8 pm @ FLHS Media Center



## welcome NEW FLHA MEMBERS

If your family is new to FLHA, welcome to our community. You've opened the door to a supportive community where your child will grow as an athlete and as an individual, learning valuable life lessons in a safe and fun environment.

Our hockey program fosters a sense of belonging and camaraderie that extends beyond the rink. It's a place where children learn the importance of dedication, hard work, and sportsmanship, all while having fun and making unforgettable memories and forging lifelong relationships. We'll see you at the rink!



## OPEN HOUSE SCHEDULED FOR SEPTEMBER 19TH, TRYOUT SCHEDULE AVAILABLE

- Bantam/12U/Peewee/10U/Squirt players need to pick up Tryout jerseys during Open House.
- Tryout Jerseys will be distributed to ONLY those players who are participating in tryouts.
- To receive a jersey, each players must be registered for the Volunteer program. Try out Jerseys will not be distributed to those who have not yet registered.
- To register for the volunteer program, [CLICK HERE!](#)
- Open House will take place on Tuesday, September 17th from 6-7pm on the one way street by the ball field near the Forest Lake Sports Complex.
- Stations will be set up. Please stay in your car and follow the line to complete each station.
- Please remain in your car. No walk-ups will be processed.
- The Tryout Schedule for 10U/Squirts, 12U/Peewees & Bantams is posted [HERE](#).
- 8U/Mite/15U families will received separate communication and **DO NOT** need to attend.

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## MONTHLY FAQS

Each month we received a number of great questions. To share the information broadly, we've introduced "Monthly FAQs!"

**Q: My volunteer requirement is 2 hours, why does my account say 14 hours?**

**A:** Due to a system limitation, all players are set at the same number of volunteer hours (14). If your requirement is less, you will receive a credit in the system in the coming 1-2 months.

**Q: I have 2 kids playing this season. Do I need to register for the Volunteer Hours Program twice?**

**A:** Yes, each player need to be registered to receive tryout jerseys.

**Q: Why do I not have access to view DIBs opportunities?**

**A:** To view and sign up for DIBs, your player must first be registered for the Volunteer Program.



### GAME DAY OPERATIONS ROLES AVAILABLE

The Minnesota Mallards are looking to staff their game day operations team. Roles include: Ticket Sales, Announcer, Suite Manager, Penalty Box manger, Merchandise Sales, Ticket Check, Goal Judge. If you would like to be part of the team, email

[abucchino@mnmallards.com](mailto:abucchino@mnmallards.com)

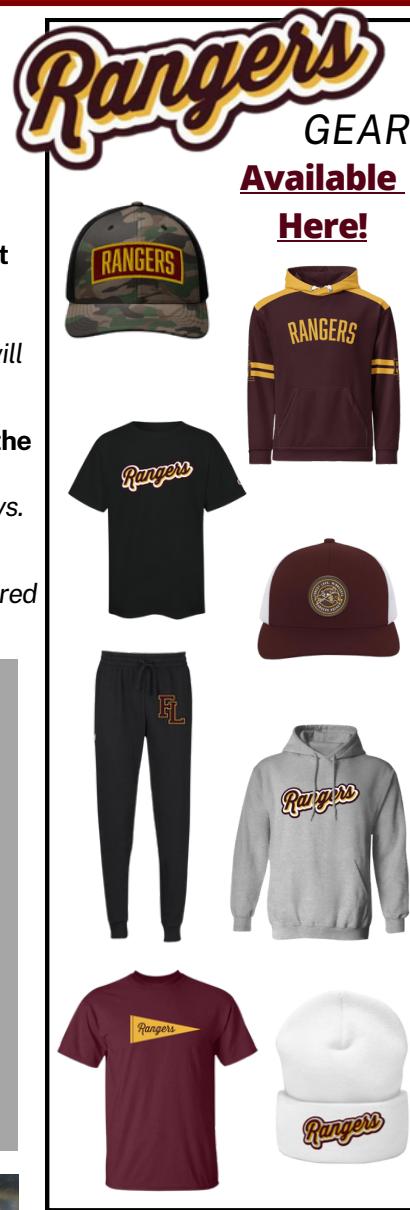
## TRY HOCKEY FOR **FREE!**

FLHA is hosting two more *Try Hockey for Free!* nights. Kids new to hockey are invited to skate, try on gear and play some pick up hockey at the Forest Lake Sports Center Arena! Click [HERE](#) to learn more.

**SATURDAY, SEPT 14TH: 6PM-7PM**

**\*SATURDAY SEPT 21ST: 5PM-6PM**

*\*Girls Night at the Rink!*



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## NEWS FROM THE CONCESSION STAND

The concession stand will open for the Mallards Sept 7 and Sept 20 games, and it will open for the season on Friday, October 4th.

**Concession Stand Shift Reminders:**

- You must be 17yo+ to work a shift.
- Extra people are NOT allowed in the stand.
- Long hair (*male and female*) must be up.
- A hat or baseball cap must be worn.
- Sign the sheet between the cash registers to receive credit for your shift.
- Disposable gloves are available and must be worn whenever working with non pre-packaged food.
- If you would like a training, please show up 15 minutes early and current concession stand workers can communicate necessary information within 10 minutes.
- Please note the 7-day cancellation window.
- If you select the closing shift, you will need to stay until the concession stand is clean which is part of closing responsibilities.

## BRING A FRIEND TO HOCKEY CONTEST

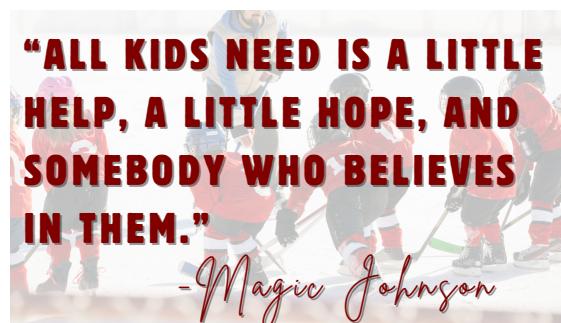


FLHA is encouraging all kids to try hockey through the ***Bring a Friend to Hockey*** contest!

Current players who refer a new friend and the friend registers for the upcoming season, both players will be entered into a drawing to win a brand new CCM stick. Click [HERE](#) to learn more.

If your player has a friend that wants to play hockey, email [recruitment@flhockey.org](mailto:recruitment@flhockey.org)!

Thank you for the stick donations,  
**Strauss Skates and Bicycles!**



When communicating via email, it's important to remember that we are all volunteers working toward a common goal. A little kindness goes a long way in creating a positive environment for everyone. Please be patient, respectful, and considerate of other's time and efforts. Clear, thoughtful communication helps us achieve more together, and small gestures of kindness can make a big difference in maintaining a supportive and collaborative atmosphere. ***Thank you*** for being mindful of this as we continue to work together!

**FOLLOW US**



**Stay up-to-date with the latest FLHA news, headlines, and upcoming events!**



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## CHECKING AND BODY CONTACT CLINIC

We are proud to have partnered with 4 Check Hockey (formerly Francisco Hockey) to offer a checking & body contact clinic.



Just like skating, shooting, and passing, contact is a skill. The Clinic is designed to inform, educate and help prevent concussions with player safety as our top priority.

Due to the limited boys clinic capacity, we are initially limiting registrations to incoming 1st year Bantam players.

**Boys Clinic is 9/18, 5:30-7:45pm**

**Girls Clinic is 9/16, 5:30-7:45pm**

The Clinic is 2 hours, and the cost is \$75. To sign up today, [CLICK HERE](#).

## 2024-25 SPONSORSHIP OPPORTUNITIES AVAILABLE

FLHA is an independent nonprofit 501(c)(3) association dedicated to making the wonderful game of hockey more accessible to everyone. Sponsorships are greatly appreciated as they help lower the overall costs to families. To learn more, [CLICK HERE](#), or if you would like to become a sponsor, email [fundraising@flhockey.org](mailto:fundraising@flhockey.org).

Below are a few of the sponsorship opportunities available for the 2024-2025 season.

● JR RANGER  
JERSEY &  
HOCKEY EQUIPMENT

● SHOOTING  
AREA TRAINING  
EQUIPMENT SPONSOR

● CONCESSION  
STAND SPONSOR

● JR RANGER  
STICK SPONSOR

● POPCORN BAG  
SPONSOR

● JR. RANGERS  
NECK GUARDS

● PUCK SPONSOR

● SCHOLARSHIP  
FUND SPONSOR

● DIVIDER BOARD  
SPONSOR

# THANK YOU!

To everyone who  
made FLHA gear  
swap a huge  
success by  
graciously  
donating gear,  
**THANK YOU!**

You completely outfitted 5 brand new  
players and allowed many others to swap  
out gear. #RANGERPRIDE We will  
continue to accept donations and open  
the gear swap again on 9/14 from 5-7pm.

