



Muskego Youth Football Concussion Procedure Purpose: To educate our players, coaches and parents on the signs and symptoms of concussions. By providing education as required by youth athletes to play and perform.

Procedure:

- 1) At the beginning of a season, players, their parents and their coaches will receive from the Board of Directors information and education, in the form of a fact sheet, about the nature and risk of concussion and head injury in youth athletic activities and on the signs and symptoms of a concussion. Each of these individuals will be required to sign and return a form showing proof that they have received this education. No player will be allowed to play until the signature form is returned. There will be no exceptions to this as it is now law.
- 2) During the season if a coach or official involved in the activity determines a child is showing signs or symptoms or behavior consistent with a concussion or head injury the child will be removed immediately from play/the activity immediately; “when in doubt, sit them out.”
- 3) If a child is removed from an activity due to exhibiting signs and symptoms consistent with a concussion or head injury, parents or legal guardian will be notified. Coach will again provide the parent or legal guardian with a fact sheet on concussions/head injuries and notify that their child will not be able to return to play until that child is evaluated and cleared by a health care provider and receives written clearance to participate in the activity from the health care provider.

4) Upon clearance this child will be allowed to participate up to what he/she is cleared for by his/her physician. By law, we are allowed to allow the child to return to play with a simple signature by a physician, but given the seriousness of a concussion, it is highly recommended that after a child is diagnosed with a concussion by his/her physician and is cleared to return to play that this child participate in a “Gradual Return to Play” protocol. This gradual return to play process would need to be conducted and directed by a physician that is familiar with concussion management. If your child’s physician is not familiar with the return to play protocol, please contact an Executive Board member and we can provide you with further information. By participating in the gradual return to play protocol the child is preventing further injury to his/her brain.

Further information on concussions can be found at:

<http://www.wiaawi.org/Health/Concussions.aspx>

<https://childrenswi.org/medical-care/sports-medicine/programs-and-services/concussion>

<https://www.cdc.gov/heads-up/index.html>

<https://dpi.wi.gov/sped/program/tbi/concussion>