

Northwest Arkansas Amateur Hockey Association (NWAHA)

Board of Directors Meeting Minutes

Date: July 8, 2026

Time: 6:45 PM

Location: Google Meet

1. Call to Order

President Dennis Kinkead called the meeting to order at 6:45 PM.

2. Roll Call / Establishment of Quorum

A quorum was established with board members and representatives in attendance.

Judd Semingson and Greg Betzold had excused absences.

3. Approval of Previous Meeting Minutes

Motion: Approve the June 10, 2026 Board Meeting Minutes.

- **Moved by:** Amanda Rumancik
- **Seconded by:** Russ Schnitzer

Vote: Motion carried unanimously.

Officer and Committee Reports

President's Report

Dennis Kinkead reported on the success of the 2026 Next Level Program. The program concluded at approximately break-even financially while providing valuable development opportunities for participants from both NWAHA and neighboring associations.

Discussion included:

- Planning earlier for future summer development programs.
- Improving marketing and registration timelines.
- Forming an exploratory group to evaluate potential alternatives

Dennis also shared information regarding a potential partnership with the Jones Center to host professional coach **Rhys Diner** for individual and group instruction. A survey has been distributed to gauge member interest.

No board action was required.

Vice President's Report

Amanda Rumancik reported that the current social media coordinator has expressed interest in returning for another season. A formal appointment will be presented for board approval at the August meeting.

Amanda also noted a vacancy for an 8U DC/Discipline Committee representative and requested that recruitment be included in the upcoming member newsletter.

No motions were presented.

Treasurer's Report

Treasurer Gloria Liu presented the financial report.

Highlights included:

- Scholarship fund balance of approximately **\$9,500** following recent awards.
- Scholarship applications remain open through the published deadline.
- Interest earnings continue to replenish scholarship funding.
- Review of registration revenue projections and current financial status.

The Treasurer's report was received as presented.

June Expenses : **\$52,213.25**

- Ice fee: **\$26,300.00**
 - ✓ Next Level Ice: \$15,000.00
 - ✓ JC Ice fee: \$11,300.00
- Skill Training: **\$25,913.25**
 - ✓ Power skating: \$1,313.25
 - ✓ Goalie training: \$0.00
 - ✓ Next Level: \$24,600.00

Registrar's Report

Julie Weathers provided current registration numbers and discussed upcoming registration deadlines

As of July 7th:

• Registration:	Players	Forecast	Paid	Schedule Paid
	101	186	\$68,043	\$60,804
✓ 8U:	40 55	\$20,285	\$18,126	
✓ 10U:	20 22	\$13,564	\$15,810	
✓ 12U:	13 33	\$10,454	\$ 9,180	
✓ 14U:	7 15	\$ 4,404	\$ 6,120	
✓ High School:	11 35	\$13,881	\$ 7,920	
✓ Rec League:	10 26	\$ 5,455	\$ 3,648	

Discussion included:

- Continued promotion of registration.
- Flexibility in age-group naming conventions while final team structures are determined.

No action was taken.

Coaches Report

Head of Coaches Brett Zaloudek reported:

- The resignation of the 14U Head Coach due to visa-related circumstances.
- Recruitment efforts will begin immediately to identify a replacement.
- Opportunities for additional player development clinics, including stickhandling instruction.

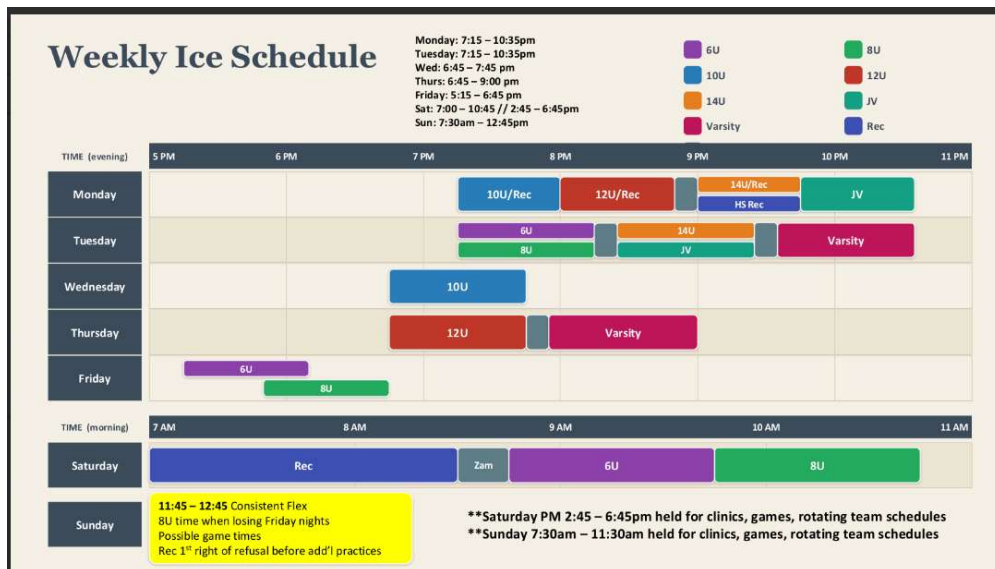
The board discussed continuing player development opportunities despite reduced available ice time.

Ice Scheduler Report

Rebecca Roeder resented the proposed practice schedule for the upcoming season.

Board discussion included:

- Overall reduction in available practice ice.
- Scheduling constraints related to Jones Center ice availability.
- Opportunities to recover additional practice time after the annual ice contract is finalized.



Motion: Approve the proposed ice schedule as presented.

Vote: Motion carried.

Recreation Program Report

Lacy Bright reported on upcoming recreational opportunities including:

- Friendly games with Springfield.
- Tulsa Route 66 Cup tournament.
- Continued efforts to increase recreational participation.

Discussion also included communication strategies to improve player awareness of these opportunities.

Fundraising Committee Report

Jerry Walls presented the committee report.

Topics included:

- Fundraising goal of approximately **\$42,000** to offset future ice cost increases.
- Review of previous fundraising successes.

- Exploration of online giving and crowdfunding platforms.
- Continued planning for Holiday Greens and additional fundraising events.

Other Revenue Summary



Next Level Camp	Summer 3v3	Summer Ice
Total Rev. : \$49,745 JC Ice Fee: \$15,000 NLC Cost: \$34,600 Profit/Loss: \$145	Total Rev. : \$5,175 Profit/Loss: \$5,175	Total Rev. : \$11,350 Profit/Loss: \$11,350
UoA - Concession		
Total Rev. : \$2,026.79 Profit/Loss: \$2,026.79		

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No formal action was taken.

Off-Ice Development Report

Jeremy Brazier presented progress on the Off-Ice Development Program.

Discussion included:

- Draft program development.
- Coach collaboration.
- Expanding player development opportunities outside scheduled ice sessions.

Jeremy will distribute the draft to the board for review.

NWAHA — 12-WEEK AGE-SPECIFIC DRY-LAND TRAINING PROGRAM						
Age Groups: 8U · 10U · 12U · 14U · HS Setting: Off-Ice / Facility Equipment: Basic (Bands, DBs, Jump Rope, Cones) 2-3 Sessions/Week · 60-75 min						
PROGRAM STRUCTURE — 12 WEEKS, 3 PHASES						
Phase	Weeks	Older Groups (14-18U) Focus	Younger Groups (8-12U) Focus	Sessions/Wk	Duration	Key Theme
Phase 1 — Foundation	Wks 1-4	Aerobic Base & Movement Literacy	Coordination, Balance & Rhythm	3	60-75 min	Quality > Quantity: establish motor patterns
Phase 2 — Development	Wks 5-8	Speed-Endurance & Strength Intro	Strength Foundations & Agility	3	60-75 min	Increase load and intensity progressively
Phase 3 — Intensification	Wks 9-12	Lactate Threshold & Max Speed	Reactive Agility, Power & Speed	3	60-75 min	Peak output: competition preparation
AGE GROUP NAVIGATION						
Age Group	Ages	ADM Stage	Tab Name	Sessions Structure	Strength Approach	Conditioning Approach
8U	7-8 yrs	Learn to Train	8U Program	3x/wk · 60 min	BW holds → BW reps (game-based)	Tag games, relays, movement challenges
10U	9-10 yrs	Learn to Train	10U Program	3x/wk · 60 min	BW circuit progression	Jump rope, games, short intervals
12U	11-12 yrs	Train to Train	12U Program	3x/wk · 60-70 min	3x10-12 (3.0.0 tempo)	15s on / 45s rest × 8-12 rounds
14U	13-14 yrs	Train to Train	14U Program	3x/wk · 60-70 min	4x10-12 (3.0.0-4.0.0)	Position-specific 15s/45s × 10-15 rounds
18U	15-18 yrs	Train to Win	18U Program	3x/wk · 75 min	5x12-15 (4.0.0 peak)	Position-specific max intensity × 15-16 rounds

High School and Age-Level Reports

Board representatives provided updates regarding:

- High school summer participation.
- 10U and 12U tryout scheduling.
- Communication with families regarding upcoming evaluations.
- Registration trends across age divisions.

No board action was required.

Old Business

Central Storm Partnership

The board discussed ongoing conversations regarding the future of the Central Storm partnership and recent guidance received from SAHA.

Discussion included:

- Potential advocacy efforts.
- Seeking clarification from SAHA leadership.
- Drafting supporting correspondence if appropriate.

No motion was presented.

New Business

Transfer Policy

The board noted that the previously adopted Transfer Policy will be incorporated into the Policies and Procedures Manual alongside the previous policy for member reference.

Girls Hockey Committee

A proposal was introduced to hold a future planning meeting regarding the formation of a Girls Hockey Committee before presenting recommendations to the membership.

Meeting to be scheduled

Adjournment

With no further business before the Board:

Motion to Adjourn

- **Moved by:** Russ Schnitzer
- **Seconded by:** Amanda Rumancik

Vote: Motion carried.

The meeting adjourned.

Follow-Up Action Items

Action	Responsible Party
Include Rhys Diner hockey clinic survey in the next newsletter before the July 12 deadline.	Secretary
Present Social Media Coordinator appointment for board approval at the August meeting.	Amanda Rumancik
Recruit candidates for the 8UDC/Discipline Committee representative position.	Board
Continue evaluating annual Next Level programming and improve registration timeline.	Greg Betzold & Brett Zaloudek

Begin recruitment for the vacant 14U Head Coach position.	Brett Zaloudek
Distribute draft Off-Ice Development Program to the Board for review.	Jeremy Braziel
Provide monthly fundraising progress toward the \$42,000 goal.	Fundraising Committee
Evaluate online giving/crowdfunding platforms and provide recommendations.	Fundraising Committee
Promote Tulsa Route 66 Cup information to coaches and families.	Secretary
Open external tryout registration and determine coach access procedures.	Registrar
Continue discussions with SAHA regarding the Central Storm partnership.	Amanda Rumancik
Upload the updated Transfer Policy to the Policies & Procedures Manual.	Secretary
Schedule a separate planning meeting regarding the Girls Hockey Committee proposal.	Secretary