



2026 Program - June 22 - July 3

Complete Training June 22-26 for U10 and U12

Advanced Training Camp June 29 - July 3 for U14/HS

Jones Center, Springdale, Arkansas

Complete Training Program - Cost \$1000 June 22-26, 2026

The Complete Program is for students between the ages of 8 and 12. The major emphasis is on all aspects of skating and agility, complemented by extensive puck control. Drill progression is steady and challenging. This is a demanding week, that provides 30 hours of on-ice hockey instruction while providing a team building experience in a disciplined environment. Students within this program learn about leadership, commitment, work ethic, and the benefits of team work. What we are looking to achieve, in addition to comprehensive hockey skills development, is a structured and disciplined team-building experience where players learn life-lessons that will benefit them in their athletic career and beyond. This includes the idea that their physical and mental limitations are well beyond where they believe them to be. This can lead to a sense of accomplishment and increased confidence, as well as improving their skating ability by the end of a single week. This program takes place over a full-day, starting at 7:45 am and ending at 2:45 pm.

Advanced Training Camp - Cost \$1000 June 29 - July 3, 2026

This program is just the training camp you need to tune your individual skills, sharpen your positional skills, and improve your game sense to prepare for the upcoming season. It is best suited to players interested in playing at a competitive level of hockey. This program will develop individual skills, including skating technique and edgework, but will also focus on team play, in-game concepts, and position specific skills. Individual on-ice sessions will include team practices, position-specific sessions, power skating sessions, and daily scrimmages to help hone the team and positional skills taught throughout the week. This is a very competitive week, which provides 30 hours of high-level hockey instruction. Students in this program learn about leadership, commitment, teamwork, and develop a better understanding of what it takes to advance to the next level. This program takes place over a full-day, starting at 7:45 am and ending at 2:45 pm. Students must be at least a 2012 birth year or 2013 birth-years can receive individual permission from the program director.

Our Staff



Next Level Hockey Training is led by Jason Fredricks and Charlie Strauss.. Jason has been working hockey camps since 2001 and has been the lead instructor since 2008. In addition to running Next Level Hockey Training, he was also a lead instructor at Shattuck-St. Mary's Hockey Camps in Faribault, Minnesota for 5 years. After ending his professional career, Jason spent a year coaching and coordinating off-ice training at Shattuck-St. Mary's School. Charlie has been on the staff of Next Level Hockey Training since its inception in 2009. He has coached at the professional level while playing for CH Jaca in Spain. Charlie has been coaching at the high school prep level at Salisbury School in Connecticut since 2015. Other staff members are a blend of coaches and active college and juniors players, most of which have been skating with Next Level Hockey Training for the past 10 years.

The
NEXT LEVEL
Hockey Training

www.NLHockeyTraining.com

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Next Level Info



Arkansas Info



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