

# FM Athletics Football 2025

## COACHES: Important Reminders and Dates

www.fmathletics.com | fmafootball@gmail.com

August 1	<b><u>All players MUST be contacted by a coach by this date!</u></b>
August 4	Non-contact practice starts this week. <b><u>Hold your parent meeting early and with a Board Member present.</u></b> <b><u>Distribute the fundraising peelers ASAP!</u></b>
August 8 & 10	Equipment Handout and Weigh-in dates at Metro Rec. Schedule can be found in coach's folder and online: TEAM PAGES.
August 11	Contact/padded practice starts this week. <i>*Players must have 3 non-padded practices before practicing in pads!</i>
August 13	Make-up Equipment Handout Date and Weigh-in. <u>6:30-8:00 PM</u> at Metro Rec. <b>(No practices held tonight!)</b>
August 16	4 <sup>th</sup> /5 <sup>th</sup> /6 <sup>th</sup> grade Jamboree, <b><u>Southside Regional Park</u></b> , Moorhead. Schedule can be found in coach's folder and online: TEAM PAGES.
August 18	<b>ALL grades:</b> Start of regular season games. (No games scheduled Labor Day weekend.)
October TBD	Dome Games (for qualifying teams)

### **POINTS OF CONTACT:**

West Fargo	Tim Orness	(701) 866-5173
	Daniel Gunderson	(701) 521-0655
	James Rohde	(701) 799-2075
DGF	Joey O'Donnell	(701) 361-9826
	Melvin Whitney Jr.	(701) 306-6445
	Joe Fuchs	(218) 498-2508
Casselton	Jeff Dixon	(701) 388-7537
Detroit Lakes	Dick Groth	(218) 847-9239
North Fargo	Doug Huber	(701) 232-6385
	Mike Holm	(701) 318-8704
	Brady Blomberg	(701) 730-1463
Moorhead	Otto Ferrie	(701) 866-3952
	Casey Mittag	(701) 936-4563
	Britt/Chris Ingersoll	(320) 491-0836
	Steve Ingersoll	(218) 233-0699
Perham	Ryan Veralrud	(701) 715-3341

South Fargo	Jerry Rostad	(701) 371-8871
	Tim Raftevold	(701) 371-2384
	Curt Kellen	(701) 200-5725
	Henry Lytle	(701) 238-3406
Kindred	Luke Gibbon	(701) 680-9473
JPII Schools	Larry Quamme	(701) 238-7233
Lake Park	PJ Peterson	(218) 791-9142
Barnesville	Blaine Thorkildson	(612) 803-7136
Hawley	Dave Ames	(701) 866-4860
Northern Cass	Tyler Ukestad	(701) 320-0424
Fundraising	Pam Vadnais	TEXT ONLY (701) 371-3680
Equipment	Dallas Raftevold	(701) 799-7479
OFFICIALS/RULES	Ben Franson	(701) 238-9847
	Ryan Weiser	(701) 361-8062
Administrator	Jen Ames	(701) 212-8775