

Wayzata Girls Flag Football FAQ

We're excited for another great season of Wayzata Girls Flag Football! Below are answers to some of our most frequently asked questions.

Teams & Rosters

How were teams created?

Teams were created based on the registrations received, with consideration given to:

- Mutual play-with requests
- Schools
- Overall team sizes and level balance
- Available coaches

With the size of the program and number of requests received, we are not always able to accommodate every request, but we do our best to create balanced teams and a great experience for all players.

Can teams or rosters be changed?

Once teams are finalized and published, we will not accept personal requests for changes. Any necessary adjustments will be reviewed by the Wayzata Girls Flag Football Board and Level Coordinators based on cancellations and number shifts.

Who is my Level Coordinator?

Level Coordinators are the primary point of contact for questions specific to your grade level.

You can find the list of Level Coordinators on our website [here](#).

Coaches & Crossbar

What requirements must coaches complete?

All coaches must:

- Pass a required background check

- Complete mandatory **Trusted Coach training**
- Be approved before taking the field with their team

These requirements are in place to help provide a safe and positive environment for all players.

I'm coaching, but I'm not listed as a coach in Crossbar. What should I do?

Coaches and team staff are added manually to Crossbar by the Wayzata Girls Flag Football Board.

If you volunteered to coach but do not see yourself listed, you may still need to **accept your Crossbar invitation to become a Staff member**.

Please check your email, including your spam or junk folder, for an invitation from Crossbar.

If you cannot find an invitation or are still having trouble, please contact your **Level Coordinator**.

What should I do if I have a concern or issue with a coach?

If you have a concern regarding a coach, please contact your [Level Coordinator](#).

Level Coordinators will help address the situation and, when appropriate, escalate the concern to the Wayzata Girls Flag Football Board.

We ask families to bring concerns forward directly so they can be handled thoughtfully and appropriately.

Schedule & Arrival Times

Where can I find the game schedule?

The season schedule has been uploaded to **Crossbar** and should appear within each player's team schedule.

What time should players arrive?

Please pay close attention to the **Arrival Time** listed in the notes for each game in Crossbar.

The main schedule displays the actual **Game Time**, while the earlier **Arrival Time** may only appear within the event notes.

Important: Arrival Time notes may not transfer when syncing the Crossbar schedule to iCal, Apple Calendar, Google Calendar, or another external calendar.

Please check the event directly in Crossbar so you know when your player is expected to arrive.

Fields

Is there a field map?

Yes! A field map is available to help families locate their assigned field.

[View the Field Map here](#)

We recommend checking your field assignment before arriving so you know where to go.

Setup and Teardown

We appreciate all support with the setup and teardown of fields. As a volunteer organization, your support is crucial to our success. Thank you for lending a hand!

Weather

What happens if there is bad weather?

Weather-related decisions will be communicated through your **Level Coordinator**.

Level Coordinators will receive information directly from the Wayzata Girls Flag Football Board as soon as a decision has been made and will communicate that information to their teams.

We will always do our best to make weather decisions within a reasonable timeline. Because Minnesota weather can change quickly, there may be times when we need to wait until closer to game time before making a final decision.

Please watch Crossbar and communications from your Level Coordinator for updates.

Safety & Medical Support

Will medical support be available during games?

Yes. An **EMT will be on site for all scheduled games.**

If a player is injured or requires medical attention during game day, please notify a coach or Wayzata Girls Flag Football representative so the on-site EMT can assist.

As always, parents and guardians should communicate any important medical information or restrictions directly to their player's coaches.

Equipment

What equipment does my daughter need?

Players should bring their required equipment to every game and practice, including:

- Team jersey
- Flag belt and flags
- Mouthguard
- Appropriate athletic footwear (cleats – no metal spikes, or tennis shoes)
- Water bottle
- Football gloves (optional)

Please label equipment whenever possible.

What if my daughter forgets her equipment?

We will have a **very limited amount of extra equipment** available at the main tent for situations when something is accidentally forgotten.

Borrowed equipment must be returned to the **main tent immediately following the player's games**, with the exception of mouthguards, which cannot be reused.

Because quantities are limited, please do your best to bring all required equipment to every game and practice.

Game Day

How early should we arrive?

Please follow the **Arrival Time listed in your Crossbar game notes**, rather than arriving at the scheduled game time.

This gives teams time to gather, warm up, review plays, and be ready when their game begins.

Where should we go when we arrive?

Head directly to your assigned field and connect with your team and coaches. Check the [Field Map](#) before arriving if you are unfamiliar with the field layout.

What should players bring on game day?

Players should arrive ready to play with their:

- Jersey
 - Flags and flag belt
 - Mouthguard
 - Athletic shoes or cleats
 - Water bottle
 - Football gloves (optional)
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Rules & Gameplay

Where can I find the Wayzata Girls Flag Football rules?

Our rules and game-day guidelines can be found here:

[View the Rules](#)

Coaches will also help players learn the rules throughout the season. Especially at the younger levels, our focus is on teaching the game, building confidence, having fun, and creating a positive experience.

What if a player doesn't know all of the rules yet?

That's completely okay! Players come into the program with a wide range of flag football experience.

Coaches and officials will help teach players throughout the season. We encourage players to ask questions, learn from each play, and have fun.

What is expected from parents and spectators?

We ask everyone to help us create a positive environment for our players, coaches, officials, and other families.

Please cheer positively, allow coaches to coach, and allow officials to officiate. Our goal is to create an environment where girls can learn, compete, build confidence, and enjoy playing football.

Practices

When and where does my team practice?

Practice schedules and locations will be communicated by your coach and/or through Crossbar.

Please check your team's Crossbar page regularly for the most up-to-date information.

What if my daughter has to miss a practice or game?

We understand that families have other activities and commitments. If your player will miss a practice or game, please communicate with your coaches as early as possible so they can plan accordingly.

Photos

I took photos at the games. Where should I send them?

We would love them!

Please send any photos you take throughout the season to:

wayzatagirlsflag@gmail.com

Photos may be shared through Wayzata Girls Flag Football communications, our website, or social media.

Thank you for helping us capture the season!

Still Have Questions?

Who should I contact if I have a question?

For most team- or grade-specific questions, please start with your **coach or Level Coordinator**.

For concerns involving a coach, please contact your **Level Coordinator**, who can help address the issue and escalate it to the Wayzata Girls Flag Football Board when appropriate.

Level Coordinators are listed on the [main website](#).

For general program questions, please contact Wayzata Girls Flag Football at:

wayzatagirlsflag@gmail.com