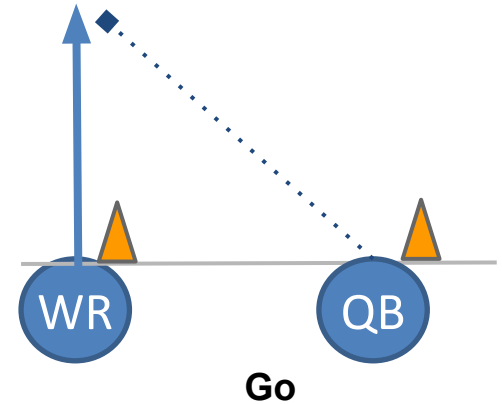
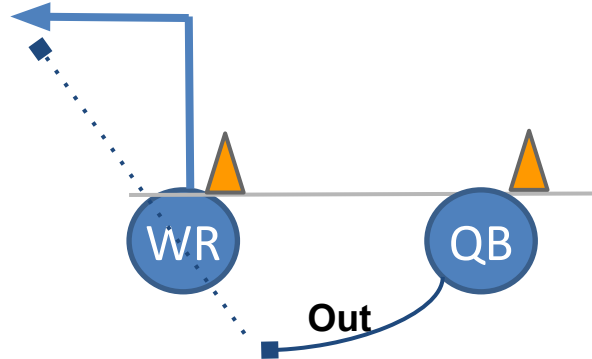
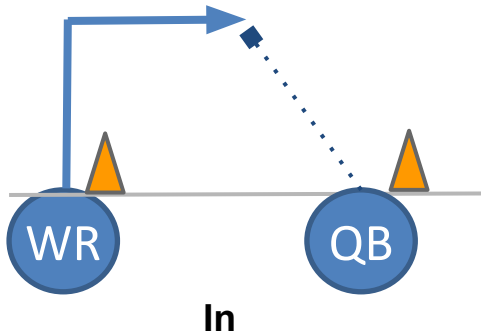
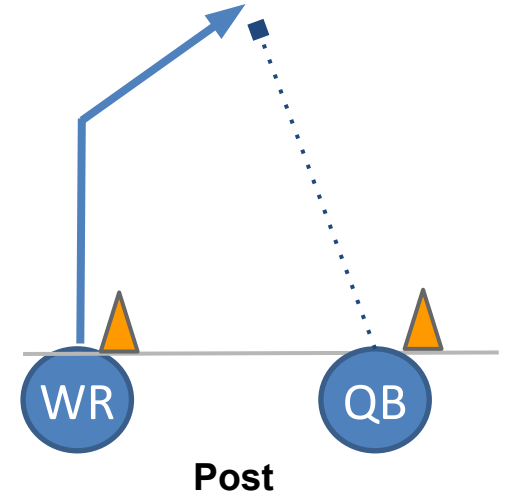
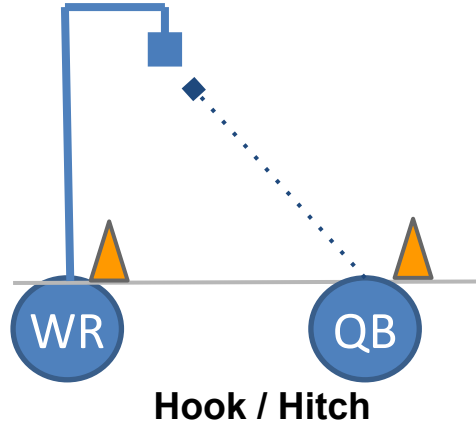
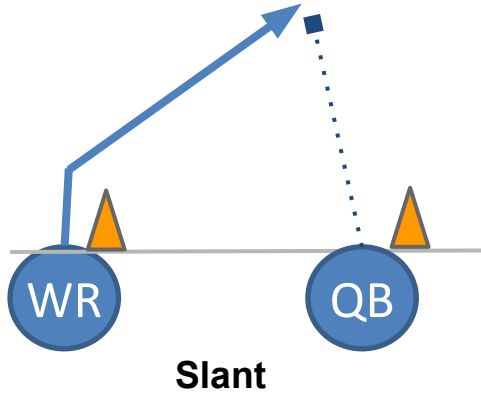




Flag Football Practice Plans

Pass Drill

Various Passing Routes



- QB throws on different routes
- **Optional:** Roll the QB out of the pocket before the throw
- **Optional 2:** Add defender(s) to pull RB flag.