

# FAQs

[Para la versión en español, haga clic AQUÍ](#)

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**1. *My child just finished 8th grade in June 2025, what grade level should s/he be signed up to attend?***

Students should be signed up for whichever grade level they will be attending *NEXT Fall 2025*. For example: Students finishing 8th grade in June will sign up for 9th grade course(s). Students finishing 4K in June, sign up for the Kindergarten course, and so on....

**2. *Does Strength and Conditioning summer school have bus transportation?***

NO, there is NO school bus transportation to or from the High School for any of the Strength and Conditioning classes.

**3. *What are the S&C times for each age level?***

**S&C Summer School Times and Grade Level:**

Scheduling Period 1 - S&C 9-12th GRADE **GIRLS ONLY** - 6:30-8:30am

Scheduling Period 1 - S&C 10-12th GRADE **COED** - 7:30-9:30am

Scheduling Period 1 - S&C 10-12th GRADE **COED** - 8:30-10:30am

Scheduling Period 4 - S&C **9th GRADE ONLY COED** - 9:30-11:30am

Scheduling Period 3 - S&C **8th GRADE ONLY COED** - 10:30am-12:00pm

**4. *What weekdays will S&C summer school be in session?***

Summer School will hold classes Monday - Thursday - M,T,W,R. *NO Class on Fridays!*

**5. *Once I submit my child's course, will I receive a confirmation email?***

***No, there is no confirmation email sent once courses are submitted.*** The courses selected and submitted in Skyward will be the courses your child will be expected to attend. If there are any issues with your child's schedule, someone from the District will contact you.

**Questions about 2025 Summer Strength and Conditioning Classes can be directed to:**

**Jay Matthews: [JMatthews@deforestschoools.org](mailto:JMatthews@deforestschoools.org)**

**and**

**Joseph Schneider: [jschneider@deforestschoools.org](mailto:jschneider@deforestschoools.org)**

## 2025 Summer Strength, Speed & Agility

We had an excellent experience last summer and during our 2nd year partnering up with Sports Advantedge at DeForest High School. They have helped us develop a year round male and female Athlete performance program for all student athletes. The focus of this program is to help student athletes get stronger, increase athletic ability, prevent injuries, improve confidence and mental health.

The summer middle school program will be modified from what we do with our high school students, with a focus on speed, agility, mobility, learning the foundation of strength training & injury prevention. The middle school session will be for 8th grade only.

To sign up for this summer school program, you will need to sign up via Skyward under Arena Scheduling and pick your student's timeslot. Sign up will start Sunday March 16th.

High School Begins Monday, June 9th- Thursday, July 24th

Days: Monday, Tuesday, Wednesday, Thursday

Session 1- 6:30am-8:30am (Lady Norskies 9th-12th Grade)

Session 2- 7:30am-9:30am (10th- 12th Grade- COED)

Session 3- 8:30am-10:30am (10th-12th Grade-COED)

Session 4- 9:30am-11:30am (9th grade COED)

8th Grade- 10:30am-12:00pm (8th Grade COED)

\*This Middle School Session also starts June 9th but ends July 17th

Please contact Coach Matthews, the Summer Strength & Conditioning Program Coordinator if you have any questions, as we are excited to work with your student this summer.

jmatthews@deforestschoools.org

### Step 1: How to Register for 2025 Summer School

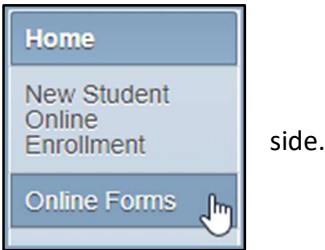
*and*

### Step 2: Request Your Child's Summer School Course(es)

**Step 1: Register for Summer School - Complete the Online Form FIRST** To register students for S&C Summer School Class, parents/guardians will need to complete the Strength and Conditioning Summer School Registration Online Form in Skyward for *EACH student in the household* who plans to attend Summer School. *\*\*Each Student in the household must be registered for Summer School BEFORE any summer school courses are scheduled.\*\**

1. Log into Skyward Family Access

2. Click on the **'Online Forms'** tab on the left-hand



3. Click on **'Fill Out Form'**



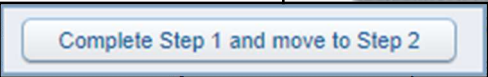
4. Click on **'1. Summer School Student Registration Form'**

5. Fill out the form.



6. When the Form is complete, click **'Complete Step 1 and move to Step 2'** to complete the form.

7. This will take you to the last step of the form. Click **'Submit Summer School Registration Form'** to complete the form with the date and time. Click **'Submit Summer School Registration Form'** if you are unsure and need to



answer later click 'Close and Finish Later'. **You must complete AND submit this form before you select your child's summer school courses.**

Summer School Student Registration Form

(Summer School) Print

**Step 2. Complete Summer School Student Registration Form (Required)**

By completing Summer School Student Registration Form, you are confirming that the Steps below have been finished.  
Are you sure you want to complete Summer School Student Registration Form for [redacted]?

**Review Summer School Student Registration Form Steps**

Step 1) Summer School Student Registration Form Completed 02/20/2025 3:54pm

Guardian Name: [redacted] Guardian Address: [redacted]

**Submit Summer School Student Registration Form**

**District Message**

1. Summer School Student Registration Form  
Completed 02/20/2025 3:54pm

2. Complete Summer School Student Registration Form

Previous Step Next Step

Close and Finish Later

8. Once you have submitted the form you can select your child(ren)'s courses.

## Step 2: Choosing Your Child's Summer School Courses-

Check out these FAQs

**\*\*The Summer School Registration Online Form must be submitted for each student in the household BEFORE Summer School courses are selected. \*\* Each student will also need to be signed up for summer school courses separately\*\***

1. Login to Skyward Family Access (or once the Online Form is submitted, stay logged in) find then click on **"Arena Scheduling"** on the left hand side
2. A new page will open and ALL of the Summer School Courses available for your child to select will appear. **\*\*Navigating Tip: use the arrows at the bottom of the box to show the page(s) of courses available\*\***



		(Summer School)		View/Print Schedule   Submit Schedule							
Option	Fit	Seats Avail	Course	Days Meet	Prd	Trm	*Ind	Grades	Subject	Class	
Add	Yes	20	9TH GRADE LITERACY PREVIEW	MTWR	2	K9		09-09	PREVIEW	H9LIT/01	
Add	Yes	20	9TH GRADE LITERACY PREVIEW	MTWR	3	K9		09-09	PREVIEW	H9LIT/02	
Add	Yes	20	9TH GRADE MATH PREVIEW	MTWR	1	K9		09-09	PREVIEW	H9MTH/01	
Add	Yes	20	9TH GRADE MATH PREVIEW	MTWR	2	K9		09-09	PREVIEW	H9MTH/02	
Add	Yes	20	BREAKOUT BOX GAMES 7-9	MTWR	3	K9		07-09	ENGAGEMENT	HBXGAM/01	
Add	Yes	20	BOARD GAME EXPLORATION 7-9	MTWR	2	K9		07-09	ENGAGEMENT	HB RDGM/01	
Add	Yes	20	BOARD GAME EXPLORATION 7-9	MTWR	3	K9		07-09	ENGAGEMENT	HB RDGM/02	
Add	Yes	20	GRAPHIC NOVELS AND WRD GAMES 7-9	MTWR	2	K9		07-09	ENGAGEMENT	HBRW/D1	

**Arena Scheduling**

Period:  Subject:

\* (Ind)icators:  
 A - Alternate Class F - Class is Full  
 P - Class has Pre-Requisite C - Class has Co-Requisite

Summer School Courses.

- First, use the drop down to pick the period you would like to schedule your child into. Then click on APPLY FILTER: **For Example** - click on the drop down arrow and choose, '1' and click APPLY FILTER

- When the Period Filter is applied, you will see the courses available in the selected Period Only

**Arena Scheduling**

Period:  Subject:

\* (Ind)icators:  
 A - Alternate Class F - Class is Full  
 P - Class has Pre-Requisite C - Class has Co-Requisite

(Summer School) [View/Print Schedule](#) | [Submit Schedule](#)

Option	Fit	Seats Avail	Course	Days Meet	Prd	Trm	*Ind	Grades	Subject	Class
Add	Yes	20	9TH GRADE MATH PREVIEW	MTWR	1	K9		09- 09	PREVIEW	H9MTH/01
Add	Yes	30	OUTDOOR GAMES 7-9	MTWR	1	K9		07- 09	ENGAGEMENT	HOUTGA/01
Add	Yes	175	PARADE BAND SS 7-9	MTWR	1	K9		07- 09	ENGAGEMENT	HPBAND/01
Add	Yes	20	SCIENCE FUN 7-9	MTWR	1	K9		07- 09	ENGAGEMENT	HSCFUN/01
Add	Yes	75	GIRLS 9-12 STRENGTH CONDITIONG	MTWR	1	SS		09- 12	PHY ED	DSCGRL/01
Add	Yes	20	UKULELE JAM 7-9	MTWR	1	K9		07- 09	ENGAGEMENT	HUKLJM/01
Add	Yes	25	US GOVERNMENT - SS	MTWR	1	SS		09- 12	SOCIAL STUDIES	DUSGOV/01
Add	Yes	20	WORLD FOOD CULTURES GR 7-9	MTWR	1	K9		07- 09	ENGAGEMENT	HWFCUL/01

Course Search

- Find the course you'd like to add to your child's schedule then click the word ADD in the "OPTION" column (to the left and in the same line with the Course you want to select).

**Arena Scheduling**

Period:  Subject:

[Apply Filter](#) [Reset Filter](#)

**\* (Ind)icators:**  
 A - Alternate Class F - Class is Full  
 P - Class has Pre-Requisite C - Class has Co-Requisite

(Summer School) [View/Print Schedule](#) | [Submit Schedule](#) |

Option	Fit	Seats Avail	Course	Days Meet	Prd	Trm	*Ind	Grades	Subject	Class
Add	Yes	20	9TH GRADE MATH PREVIEW	MTWR	1	K9		09- 09	PREVIEW	H9MTH/01
Add	Yes	30	OUTDOOR GAMES 7-9	MTWR	1	K9		07- 09	ENGAGEMENT	HOUTGA/01

7. Once the course has been ADDED to your child's schedule, the chosen course will be shown as "ENR" (enrolled) and all other courses in the "FIT" column will automatically switch to NO. Your child is now signed up for a Period 1 course, and the system should not allow you to select any other course that conflicts with Period 1.

Period:  Subject:

[Apply Filter](#) [Reset Filter](#)

**\* (Ind)icators:**  
 A - Alternate Class F - Class is Full  
 P - Class has Pre-Requisite C - Class has Co-Requisite

(Summer School) [View/Print Schedule](#) | [Submit Schedule](#) |

(Summer School) [View/Print Schedule](#) | [Submit Schedule](#) | [Messages](#)

Option	Fit	Seats Avail	Course	Days Meet	Prd	Trm	*Ind	Grades	Subject
Add	No	30	PARADE BAND SS 7-9	MTWR	1	K9		07- 09	ENGAGEMENT

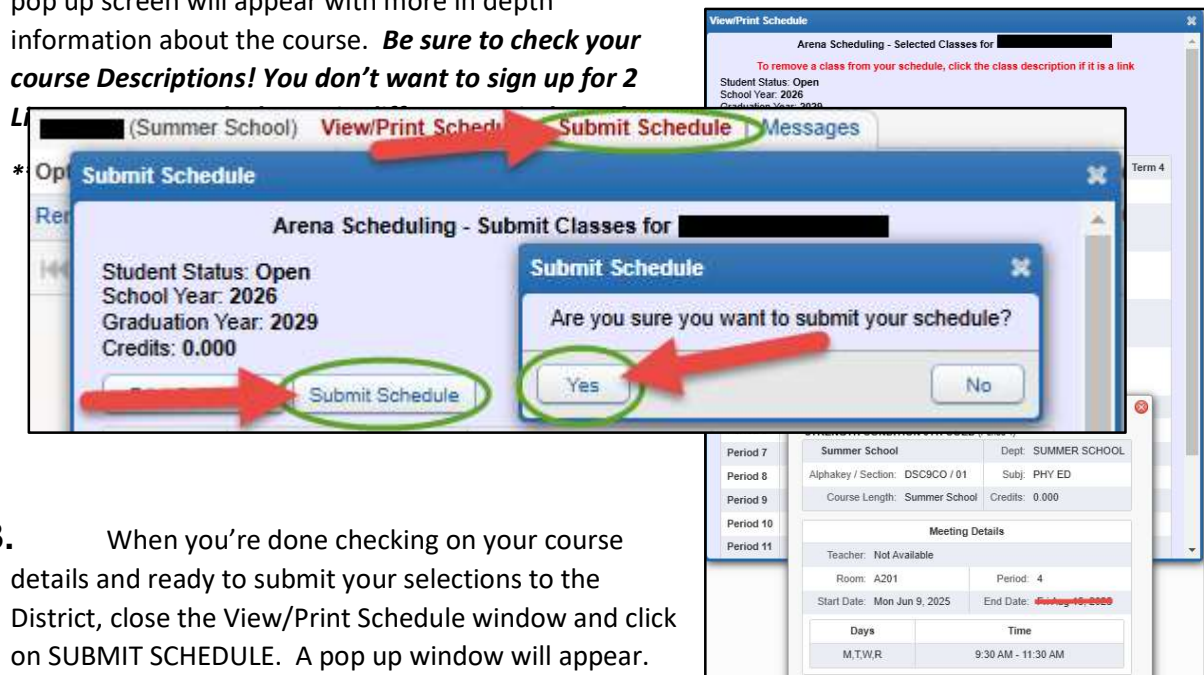
8. **Repeat steps 4 through 6 for each Period you'd like to add to your child's summer school schedule.**
9. To REMOVE a class from your child's schedule, click on the word REMOVE next to the letters ENR (see image above). A pop up window will appear asking if you are sure you'd like to remove this course. Click YES to remove the course. Removing the course from your child's schedule will open up all the correlating Period courses and change the "FIT" column status to YES. You will now have the option of ADDING a different course in that Period.
10. Once all periods have been added to your child's schedule, double check your picks by clicking on: "View/Print Schedule" at the top of the box.

11. A pop up screen will appear: "Arena Scheduling - Selected Classes for YOUR CHILD'S NAME HERE". This pop up screen allows you to remove the course by clicking on the course description, see



which period each course is scheduled for, the terms the course is scheduled for and has an option to print the schedule.

12. For more details about your scheduled courses, click on the course Short Description. Another pop up screen will appear with more in depth information about the course. ***Be sure to check your course Descriptions! You don't want to sign up for 2***



13. When you're done checking on your course details and ready to submit your selections to the District, close the View/Print Schedule window and click on SUBMIT SCHEDULE. A pop up window will appear. Click on SUBMIT SCHEDULE in that window. Another pop up window will appear, now click YES. ***Be sure to check your course Descriptions! You don't want to sign up for the wrong S&C Course!***

14. At this time, there is no confirmation email or alike for submitted schedules. To check that your child's schedule has been submitted, login to Skyward and click on Arena Scheduling. When the page opens you will notice that there is no longer an "OPTION" column on the left hand side and most classes will be labeled with a NO in the FIT column. The classes that were submitted to the District will be labeled with an ENR.

### **Scheduling Reminders:**

1. No Classes on Fridays! Summer School will only be held Monday - Thursday - M,T,W,R.
2. Be sure to check your course Descriptions! You don't want to sign up for the wrong S&C Course
3. Families will NOT receive a confirmation email regarding enrollment into Summer School.

If you have any technical questions regarding Skyward, please contact Lauren Trentadue email:  
LTrentadue@deforestschoools.org.

**Any additional questions about Summer Strength and Conditioning please email:**

**Jay Matthews: [JMatthews@deforestschoools.org](mailto:JMatthews@deforestschoools.org)**

**and**

**Joseph Schneider: [jschneider@deforestschoools.org](mailto:jschneider@deforestschoools.org)**