

# BEACH CITIES FLAG FOOTBALL

## CONCUSSION PROTOCOL

### **I. Education of coaches and parents**

- A. CDC handout for coaches
- B. Medical safety symposium
- C. CDC handout for parents

### **II. Identify possible event**

- A. Direct blow to the head
- B. Quick rotation

### **III. Assess player**

- A. Reported symptoms
- B. Observed signs

### **IV. Remove from participation if suspected concussion**

- A. Monitored by coach or assistant

### **V. Communicate with parents**

- A. Notify parent of the event
- B. Send email to parent and copy: [president@bcsflagfootball.com](mailto:president@bcsflagfootball.com)

### **VI. Return to play**

- A. If a player has had a suspected concussion and been removed from play, they need to be cleared by a physician prior to their return to play
- B. Clearance note needs to be sent to BCS president who will reinstate the player