

# Compression Shorts Sizing Chart – Men & Youth

**\*\*These are garment measurements IN INCHES (not body measurements)**

SHORTS	YXS	YS	YM	YL	YXL		AS	AM	AL	AXL	A2XL
FULL WAIST	16.5	18	19.5	21	23		22.5	24.5	27	31	34
FITS WAIST	16.5-22.5	18-24	19.5-25.5	21-27	23-28		22.5-28.5	24.5-30.5	27-33	31-37	34-40
INSEAM	6.5	7.0	9	9	10		8.5	8.5	8.5	9	9
LENGTH	13	14	15	16	17		15.25	15.5	15.75	16.5	17

## TWO WAYS TO MEASURE:

### 1. MEASURE GEAR THAT FITS YOUR PLAYER WELL & CONVERT TO OUR CHART:

To measure the waist, you will measure across the waistband and multiply by 2.

Compare your measurements to our size chart and you'll have the size pants you need.

### 2. MEASURE THE PLAYERS:

– The size chart reflects the GARMENT size. Keeping that in mind, when measuring for the shorts, simply measure around your player's waist and slot the measurement into the middle range of a shorts size on the chart.

Again, if both measurements point to 2 different sizes on the chart...go with the bigger size!