

## Track shorts size chart 4" – Women & Girls

**\*\*These are garment measurements IN INCHES (not body measurements)**

| PANTS                  | GS        | GM    | GL     | WXS   | WS    | WM    | WL        | WXL         | W2XL        |
|------------------------|-----------|-------|--------|-------|-------|-------|-----------|-------------|-------------|
| FULL LOW WAIST RELAXED | 20.5      | 23    | 24.5   | 25    | 26    | 27    | 28.5      | 30.25       | 32.25       |
| FITS WAIST             | 20.5-22.5 | 23-25 | 25-29  | 25-27 | 26-28 | 27-30 | 28.5-31.5 | 30.25-34.25 | 32.25-37.25 |
| INSEAM                 | 3.375     | 3.625 | 3.625  | 4     | 4     | 4     | 4         | 4           | 4           |
| HIP-6" Down (On Half)  | 11.625    | 13    | 14.375 | 14.5  | 15    | 16.5  | 17.75     | 19          | 20.25       |

### TWO WAYS TO MEASURE:

**1. MEASURE GEAR THAT FITS YOUR PLAYER WELL & CONVERT TO OUR CHART:**

– Take a pair of Shorts that fit well and measure the length (down the side, measure from top of waistband to bottom of shorts).

To measure the waist, you will measure across the waistband and multiply by 2.

Compare your measurements to our size chart and you'll have the size shorts you need.

**2. MEASURE THE PLAYERS:**

– The size chart reflects the GARMENT size. Keeping that in mind, when measuring for the shorts, simply measure around your player's waist and slot the measurement into the middle range of a shorts size on the chart. For length, measure from top of hip to where you want the shorts to fall. Go with the bigger size if both measurements point to different sizes on the chart.

Again, if both measurements point to 2 different sizes on the chart...go with the bigger size!