

FHC SPARTAN ICE HOCKEY CODE OF CONDUCT ACKNOWLEDGMENT

Francis Howell Central Spartan Ice Hockey Club is a not-for-profit 501(c)(3) organization. This organization is a private club governed by Directors (the Board). Participation is subject to adhering to the Code of Conduct rules which the Board has set for all Student-Athletes, parents, and coaches. Failure to adhere to these rules, at the discretion of the Board, will result in the scheduling of a mandatory disciplinary hearing in front of the Board. Rulings made at this hearing, failure to appear at a hearing and/or a repeat offense may result in you and/or your child being removed from participating in this Club. ZERO TOLERANCE: Any Student-Athlete, parent or coach who conducts themselves in a manner found to be detrimental to the welfare of this Club may be removed, temporarily or permanently, from participating in the Club.

I, (Student-Athlete), acknowledge and accept the following policies, rules and regulations relating to the FHC Spartan Ice Hockey Club:

- Varsity and Junior Varsity programs are intended to be competitive. This is not a "Pay to Play" program. This is a competitive high school sport and should be treated as such.
- Playing time and positions are dictated by the coach and his staff not the Board. The Board leaves all Student-Athlete decisions to the coaching staff.
- The Board's responsibility is to implement policy and administer the business of the Club.
- Student-Athlete and parents acknowledge that once a Student-Athlete is placed on a roster and participates in any on ice activity (practice or a game) after October 1 indicates acceptance of 100% of the Student-Athlete fee assessment.

STUDENT-ATHLETES:

Respect of the coaching staff is required at all times by both Student-Athletes and parents.

Lack of discipline, such as fighting, vulgarity and teammate abuse will NOT BE TOLERATED on the bench, in the locker room, during practice or at games. Disciplinary action will be administered by the Coach and his staff; however, the Board reserves the right to get involved if the actions are warranted.

Regular attendance at practice is expected for all Student-Athletes. Each Student-Athlete is expected to be on time for practices and games. This means dressed and ready to play at the time the coach designates. Any exceptions will need to be approved by the Coach. General attendance policies and penalties are set by the Coach.

If a Student-Athlete skates for another ice hockey club (AAA, Central States, Club, etc...) he should discuss this with the Coach at the beginning of the season to set expectations. Communication and mutual respect is essential.

Student-Athletes will refrain from the use of any illegal drug, consuming alcohol, or tobacco products.

If the Student-Athlete is suspended from school, they are not eligible to play until after midnight of the last day of the suspension period.

Student-Athletes are responsible for their own actions as well as any and all consequences of those

actions. Student-Athletes must be enrolled in and pass at least 3.0 credit units per semester.

PARENTS:

Refrain from criticizing the performance of the officials and set an example of good sportsmanship for the Student-Athletes and student spectators.

Refrain from entering into verbal or physical conflicts with opposing team members or fans. Avoid behavior which will hurt or degrade the FHC Spartan Ice Hockey Club.

We are aware that emotions can run high during the season. Therefore, the Club will use a 24-hour "cooling off" period. Parents will agree to wait 24 hours after an issue surfaces prior to contacting a Coach in person, by phone or by e-mail.

If a Student-Athlete or a family member has an issue with a coach, his staff or another Student-Athlete and it cannot be resolved by discussion with the coaching staff, then the Student-Athlete/parent may send the complaint, in writing, to the Board. The Board will then mediate the issue and work to resolve it to everyone's satisfaction, when possible.

DRUG/ALCOHOL POLICY:

Student-athletes shall not illegally possess, use, attempt to obtain or distribute any narcotic drug, hallucinogenic drug, amphetamine, barbiturate, marijuana, steroids, or other illegal performance enhancing substance or illegal drug or substance of any kind.

Student-athletes shall not illegally possess, use, attempt to obtain or distribute any type of alcoholic beverage including but not limited to beer, wine, and hard liquor.

Student-athletes shall not provide and/or encourage such substance abuse to other students/athletes.

There is no minimum amount of substance to warrant an offense. This policy pertains to substance abuse both on and off FHC event premises during hockey season, as well as FHC event premises during the off-season. The hockey season is considered to include the date of the pre-season general membership meeting through the year-end banquet.

A student-athlete finding themselves in close proximity to someone violating this policy should remove themselves immediately from the area or else the association with the offensive conduct may be deemed a violation.

Student-athletes suspected of violating this policy may be required to produce a satisfactory drug test at the Student-Athlete's expense.

Student-athletes violating this policy may be subject to discipline up to and including suspension for all FHC games, practices, and activities for 365 days.

Disciplinary action related to violation of this policy will be at the sole discretion of the FHC Board of Directors and the coaching staff.

SOCIAL MEDIA/BULLYING/HARASSMENT/DISCRIMINATION POLICY:

As members of USA Hockey, all FHC members agree to abide by all USAH rules and guidelines. FHC will enforce all USAH rules and guidelines including, but not limited to, social media usage, bullying, harassment, and discrimination. FHC has Zero-Tolerance for this behavior.

Members who act in a way that is vulgar, inflammatory, racist, discriminatory, harassing, and/or make posts on social media outlets that are vulgar, inflammatory, racist, discriminatory, harassing, or in any way considered to be a violation of FHC or USAH rules and guidelines will be subject to discipline up to and including removal from the club. The FHC Board of Directors and Coaching staff will determine discipline for such behavior.

Social media accounts representing the FHC Spartan Ice Hockey Club are administered by the Board of Directors.

FHC Spartan Ice Hockey Club prohibits all types of physical abuse, sexual abuse, emotional abuse, bullying, threats, harassment and hazing, all as described in the USA Hockey SafeSport Handbook.

Any FHC member who engages in any misconduct or abuse or violates the USA Hockey SafeSport will be subject to disciplinary action. To report actual or suspected violations, email USA Hockey at SafeSport@usahockey.org or call 1- 800-888-4656. More information on their website www.usahockey.com/safesport

STUDENT-ATHLETE FEES:

A payment schedule is included in the Club by-laws and must be adhered to. Prior to the season starting, each family will receive an explanation outlining the fees and payment expectations. The Club has operating commitments that are due during the season, and it is imperative that prompt payments be made. Failure to make timely payments may result in a Student-Athlete being temporarily restricted from on-ice activities.

Any Student-Athlete who has been deemed ineligible by Mid-States or another club due to non- payment of fees will not be allowed to participate in any Club activity until these fees are paid and the Board has formal written notice that the Student-Athlete is in good standing.

All payments are NON-REFUNDABLE. If you quit, are released by the Club for disciplinary reasons or are deemed academically ineligible, you are not entitled to a refund. It is the Club's policy not to issue partial refunds for injuries that result in loss of ice time, unless otherwise authorized by the Board.

After reviewing this document, the Student-Athlete and the parent/guardian must sign, agree, and abide by these stated policies, rules, and requests.

I have read and agree to the FHC Spartan Hockey Club Code of

Conduct. Student-Athlete Signature:*

Name:_____ **Date:**_____

Parent Signature:*

Name:_____ **Date:**_____