

## **MORTON HEAT HOME GAME RULES**

### **3rd and 4th grade Girls and Boys**

28.5 Basketball

Four ten-minute quarters

Five-minute halftime

Able to jump over line on a free throw (coaches/refs can discuss and agree on a closer distance if desired)

Clock stops last 2 minutes of 4th quarter

Press only allowed last two minutes of game

**Man to Man Defense Only, NO Zones or Half Court Trapping Defenses**

IESA and IHSA Foul/Free Throw Rules (5th foul = two free throws, reset each quarter)

### **5th and 6th Grade Girls and Boys**

28.5 Basketball - Girls teams

29.5 Basketball - Boys teams

Five-minute halftime

Four ten-minute quarters

Clock stops last 2 minutes of 4th quarter

Press allowed until up 20

IESA and IHSA Foul/Free Throw Rules (5th foul = two free throws, reset each quarter)