

## ERYSA 6U Coaches Guide

More resources available at [Elkriveryouthsoftball.org](http://Elkriveryouthsoftball.org) under About Us, then click For Coaches

### 1. Compliance

- a. To be on the field, all coaches must have background check
- b. Head coach should be ACE and concussion certified as well
  - i. You complete these on USA softball (the link takes you there) then the certificates uploaded onto MN Softball under your profile)
- c. Team must be registered on MN Softball with uploaded birth certificates

### 2. Communications

- a. Create a team on your own using Sports Engine. There is a Sports Engine Guide on our website if you need help. (see above, after "For Coaches" scroll to the bottom under "Essential Coach How-Tos")
- b. Insist that all parents use it. Makes communication so much easier. Once all the team has joined, use this instead of e-mail to communicate. It also allows you to make events including games and practices. For easier editing, enter them individually instead of as a recurring event. Ask parents to RSVP to both practice and games so you can plan accordingly
- c. Your and players profiles continue over year after year by using the same email
- d. Parents can add another guardian to the child's profile

### 3. Coaching

- a. You are allowed 2 designated assistant coaches. These must be communicated to our treasurer so that their volunteer check doesn't get cashed. Anyone else that helps out will not get volunteer credit.
- b. To be on the bench or field helping in any capacity, they **must** have a background check complete through MN Softball. ERYSA will only pay for 3 (head coach plus 2 assistant coaches).

### 4. Registration

- a. 6U and 8U play local recreation/house, does NOT need to be registered with Big West (our division) Exception - 8U plays Big West/travel for fall season

### 5. MN Softball

- a. As above, team must be registered with all players uploaded a birth certificate (the player then gets a green check mark by their profile indicating compliance)
- b. Coach must upload background check, ACE, and Concussion certificates
- c. This is the only time you will use MN Softball
- d. This should be done and in compliance by first game
- e. There is a guide on how to do this on our website (as above)

### 6. Practices

- All practices will be on Tuesday and will last 1 hour. You will be emailed field locations by Tony for each practice.
- Work on the basics; hitting, throwing, fielding, running bases.
- Hitting - games are coach pitched, so at practice work on hitting off a coach and off a tee.

- Split girls into small groups when possible with assistant coaches so girls get as many reps as possible. Also helps with attention span
- Make practice FUN! We have a lot of ideas that can be emailed to you if you need ideas. Contact Matt Greenhoe at [mgreenhoe@yahoo.com](mailto:mgreenhoe@yahoo.com) if you need anything.

## 7. Games

- Games are on Thursdays and last 60-80 minutes. Each player hits every inning, then the teams switch.
- Rotate positions in the field as much as possible.
  - Recommend 2 innings at the same spot, then rotate
  - Keep a spreadsheet of where they played for your planning and in case a parent has an issue
- There is no score kept for the game, girls can try making outs, but all girls run the bases.
- Communicate field and practice locations with families, they can be tricky to find. Use Sports Engine to communicate

## 8. Misc.

- a. Make a treat schedule. 6U girls like it for practice and games, but this is not required. Ask a parent to help circulate a sign up during practice/games. Or make a sign up on google drive
- b.