



2026 Annual Update



2026 SALA By the Numbers

- SALA had a total of 319 registrations (172 boys & 147 girls)
- 85 total registrants for our Try Lacrosse Events
- 11 Boys Teams and 10 Girls Teams
- 48 coaches between paid and volunteer

2026 SALA State Tournaments





2026 Key Achievements & Accomplishments

- Updated bylaws to provide more manageable terms for board volunteers
- Implemented a formal tryout policy & age level exception policy
- Improved cash position by ~\$23K year over year
- Moved team management platform to Crossbar for an improved experience
- Updated branding to enter 2027 season
- Created a system to ensure all coaches are USA Lacrosse certified across SALA (including coaches training, abuse prevention, and background checks)
- Improved oversight and streamlined payments to coaches across the organization



2027 Challenges / Opportunities

- Recruiting and filling the Girls Director role is an important initiative as this person drives the success of our girls development.
- League Dynamics: We have seen a deterioration in the communication from some of our league partners which has impacted our communication to families.
- Increasing cost models: We are not immune to price increases from our partners while we look to hold registration costs flat.



2027 Focus

- Player & Coach Development: We are exploring opportunities to create skills training, small group lessons, and association wide contests to drive development.
- Community Involvement / Recruitment: We have ways we can “level up” the connectivity we have with the Stillwater community to drive interest in our program.



Mission Statement

SALA exists to grow the game of lacrosse in the Stillwater area by developing skilled, coachable athletes, building character through teamwork and sportsmanship, and creating a welcoming path for every player to progress.

- Development — every athlete improves, every season.
- Character — sportsmanship, coachability, and effort matter as much as wins.
- Pathway — clear, honest feedback supporting every athlete's progression.
- Community — families, coaches, and volunteers who show up for each other.



Thank You for Your Time and Commitment!

Thank you to the following people for your efforts to advance SALA:

- Alison Jones (President)
- Josh Plisch (Secretary)
- Elliot Walther (Equipment & Field Coordinator)
- Mark Sargent (Girls Director)