



Rookie League Rules

Introduction

This document contains the rules for Mosinee Youth Baseball (MYB) City League's Rookie league. Standard Cal Ripken rules will apply with the following clarifications and exceptions. Any rules/situations not presented in this document or MYB's Code of Conduct are to be reviewed by a MYB Board Member at the fields to determine appropriate action. MYB reserves the right to make changes to this document and rules at any time.

Behavior

1. MYB has a separate Code of Conduct document that each player and parent/guardian must agree to and sign before becoming a part of MYB for the season. The MYB Code of Conduct precedes any behavior rules below and has more details regarding acceptable behavior.
2. ZERO TOLERANCE POLICY - No players, coaches, or spectators are to make unsportsmanlike comments or actions toward another team, umpire, or spectator.
3. Malicious contact – any purposeful, malicious contact will result in ejection from the game.
4. Field – Players are not to pick grass, kick dirt, dig holes, or any other action that will cause damage to the field.
5. If a parent knows their child may need special attention while playing, they may reach out to their coach to offer help during the games. This can include being on the field next to their child to make sure they are staying safe and paying attention as batters are hitting the ball.

Attire

1. All players shall wear their MYB provided uniform to match their team.
2. A baseball cap is recommended be worn when playing defense. The MYB provided hat is preferred so all players match.
3. A batters' helmet is required when a player is batting or on base. MYB will provide helmets at this league level if a player does not have one of their own.
4. It is recommended cleated shoes be worn during play. Shoes with metal spikes are not allowed.
5. No jewelry, except medical, may be worn during games. This included watches, bracelets, necklaces, and earrings. Corrective glasses and sunglasses are allowed.

Game Rules

1. Game length will be three (3) innings or one (1) hour and (15) minutes, whichever comes first.
2. Runs, outs, strikes, and balls will not be counted.



Offense

1. All players will be in the batting order, complete an at-bat, and run the bases once per inning. The last player to bat will get a "home run." It is encouraged to index which player bats first per inning so each player has an opportunity to hit the "home run."
2. Station-to-station base running should be encouraged, where a runner only advances one base per hit. Excluding the final batter of the inning.
3. An at-bat will be a mix of coach pitch and hitting off a "T." It will be up to the coach to determine which method to use per player and help the players improve to get to the coach pitch level. Often at this age, a coach should encourage proper form and technique when batting.
4. For coach pitch, a maximum of five (5) pitches per player is allowed. If the player cannot put a ball in play by the fifth pitch, the player must hit the ball off the "T."
5. A player may want to run on a foul ball. Depending on how "foul" the ball is, the coach can allow play to continue as if it was fair or send the batter back to bat.
6. Bunting is not allowed in this league.
7. Batters should be taught to not throw their bat after hitting the ball.
8. Base stealing is not allowed in this league.

Defense

1. All players will play defense each inning. This may result in more than the normal number of fielders when playing. It is encouraged to rotate players' positions each inning and keep them spread out as best as possible.
2. Defensive team will not supply a catcher at this league level. The offensive team will provide an adult to act as the catcher to collect missed balls and setup the "T" if necessary.
3. Coaches are to encourage proper ready stance and paying attention to the batter. This is not only to practice proper baseball form, but to teach ball awareness and safety. If not paying attention, a defensive player could get hit by a ball and cause injury.
4. Coaches are to encourage proper throwing, catching, and fielding form. The focus is on accurate throws and safe catching technique.
5. Defensive players should be encouraged to make a play at first base. If the coach deems the team is ready, they can introduce the concept of getting the lead runner.
6. When fielding the ball, defensive players should be encouraged to stay in their position if the ball is not hit to them. This is to avoid piling up on the ball or fighting over the ball. This will also encourage cutoff throws on big hits.
7. Defensive players should remain on the field until the conclusion of the last at-bat. They should not rush off the field while the final batter is completing their "home run."