

# Middle and High School Girls Rules & Regulations

Nevada Lacrosse South (NVLS) is organized to promote, govern, and protect youth lacrosse throughout Southern Nevada and surrounding regions. It shall remain committed to the growth and development of lacrosse by providing affordable opportunities for organized play, maintaining a safe nurturing atmosphere, and fostering a civic character of fairness, and sportsmanship in all who participate.

The following rules and regulations (the "Rules") contain a combination of principles, guidelines, and mandates to allow more effective leadership and administration within NVLS and its respective leagues. It is not possible to write regulations and procedures for every conceivable situation, nor is it necessary if individuals respect the association's guiding principles. It is sincerely hoped that all persons reading these Rules will seek to understand their intent and use them in a manner that honors the game.

Effective November 2025

## 1.0 Name and Purpose

1.1 These are the official rules and regulations of Nevada Lacrosse South Middle and High School Leagues. The guidelines contained in these rules and regulations are subordinate to and subject to the approval and interpretation of the NVLS Board of Directors.

## 2.0 Goals and Guiding Principles of NVLS Leagues

- 2.1 In concert with the NVLS Code of Conduct, the following principles form a model against which all actions, behavior and decisions shall be judged. These principles describe the expectations for all participants in the NVLS League which includes, but is not necessarily limited to, players, coaches, team management, officials, parents, family members and spectators.
- 2.2 We exist to develop the sport of lacrosse in Southern Nevada and surrounding regions.
- 2.3 We understand that youth sports in general and lacrosse in particular, provide a vehicle by which youth are developed into leaders and role models in our communities.
- 2.4 We "Honor the Game" by:
  - 2.4.1 Adhering to the letter and the intent of all rules, regulations, and guidelines governing NVLS.
  - 2.4.2 Refusing to teach or encourage players to bend, break or beat the rules, or to take unfair advantage of an opponent.
  - 2.4.3 Supporting our opponents "on the field" through fair play and "off the field" through cooperation and mutual assistance.
  - 2.4.4 Maintaining respect for officials and leaders/managers in our organizations and communities who have authority over our sporting activities.
  - 2.4.5 Supporting our teammates and associates by fostering organizational goals in a positive, proactive, and cooperative manner.
  - 2.4.6 Maintaining high standards of personal integrity, conduct and interpersonal interaction.
- 2.5 We follow a model that focuses on developing individual and group excellence, which ultimately leads to winning teams; however, we subordinate this goal to sportsmanship, fair play, and the recognition that sports are an integral part of preparing our youth for their future role in our communities and society.
- 2.6 We follow the PCA (Positive Coaching Alliance) "Positive Coach Mental Model" as an expectation for all coaches.
- 2.7 We actively engage parents and spectators in our Guiding Principles and behavioral expectations.
- 2.8 We actively engage our officials in our Guiding Principles and the development of our youth.
- 2.9 We understand that coaches, officials, and leaders in the lacrosse community are role models and should be held to a high standard of personal integrity and ethical behavior on and off the field and in our communities.
- 2.10 We value scholastic achievement, sportsmanship, and individual life skill development for our youth above winning lacrosse games. We recognize that good grades are just as important as athletic ability when it comes to getting into and staying in college.
- 2.11 The physical and emotional safety of our players and members is important above all other considerations; dangerous or demeaning behavior is unacceptable on or off the field.
- 2.12 We win with class and character, and we lose with honor and dignity. Through this higher standard we become winners regardless of the score of a particular contest.

# 3.0 League Governance

#### 3.1 NVLS Board of Directors

3.1.1 Members of the NVLS Board of Directors are elected bi-annually by the Delegate Representative from each Program in the NVLS membership, in accordance with the NVLS Bylaws.

- 3.1.1.1 Related high school and middle school programs shall be treated as independent programs in regards to the application of all Rules and Requirements and will receive 1 Delegate for their High School teams and 1 Delegate for their Middle School team.
- 3.1.2 Per the NVLS Bylaws, all powers and activities of NVLS are exercised and managed by the Board of Directors except as delegated to the League Coaches Council as set forth in these Rules.
- 3.1.3 There shall be no less than two meetings per year open to the membership at large for informational purposes.

#### 3.2 Coaches Council

- 3.2.1 The Coaches Council under the supervision of the Administrator and Board of Directors will govern the operation of the NVLS Leagues.
- 3.2.2 Members of the Coaches Council shall be at least 21 years of age and shall demonstrate behavior as role models in accordance with the Goals and Guiding Principles of the NVLS Leagues.
- 3.2.3 The Council shall consist of representatives of each member program fielding a team in the NVLS Middle and High School Leagues. Each member program shall appoint a representative to participate and represent the program in Council meetings. Through its Representative, each program shall have one vote. It is recommended that a program's representative be a coach, assistant coach, or other person with adequate experience pertaining to the sport of lacrosse.
- 3.2.4 The Council shall also have additional non-voting members consisting of the NVLS League Administrator, and from time to time the NVLS President, Sportsmanship Director, and at-large members as selected by the Council.
- 3.2.5 The Council shall be responsible to review the Rules and Regulations, review and vote on variance(s) and oversight on ejections and game conduct; other issues may arise requiring coaches input and voting.
- 3.2.6 There shall be no less than two meetings of the Council per year (July–June). The League Administrator shall determine the number, time, duration, and location of the meetings with input from the Coaches Council. The Administrator shall conduct meetings.

#### 3.2.7 Decision Making

- 3.2.7.1 All decisions made by the Council shall be in accordance with the Goals and Guiding Principles of NVLS and are subject to review and ratification by the Board of Directors.
- 3.2.7.2 General business decisions of the Council shall require a simple majority. Decisions on sanctions or removal shall require a three-quarters majority.
- 3.2.7.3 For purposes of casting a vote; members may be deemed to vote if the member grants a signed written or emailed proxy to the Administrator. The proxy must direct the Administrator regarding a vote to be cast with respect to a particular proposal that is described with reasonable specificity in the proxy. No other proxies, including general proxies, are allowed. 3.2.7.4 Each voting member shall vote either Yea, Nay or shall abstain with a specified reason for the abstention to the Council. Votes shall be considered final when a proposal is deemed either defeated or carried after the vote. After this point, the only recourse of a voting member regarding their vote is to submit written notice to the NVLS Board before it has ratified the Council's decision or action.

## 4.0 League Participation

### 4.1 Program /Team Requirements

#### 4.1.1 Program Governance

4.1.1.1 Each member program will operate, wherever possible, under direction from a host school.

4.1.1.2 It is recommended that each program have a board of directors or an operating committee who oversees eligibility, coaches, conduct of players, coaches and parents, and general management, as well as the appointment of league delegates and council and committee members/representatives.

### 4.1.2 Participating Teams

- 4.1.2.1 Varsity will be comprised of players from 9th -12th grade. Any team with rostered 12th grade players must play in the Varsity division.
  - 4.1.2.1 Exceptions made for new programs that are within their two-year probationary period as noted in 4.1.5.
- 4.1.2.2 Junior Varsity will be comprised of players from 9th 11th grade.
  - 4.1.2.3.1 Goalies will be the only exception to the above age rule.
- 4.1.2.3 Middle school teams will be comprised of players in 5th-8th grade. Limited exceptions will be made for younger players with demonstrated ability to compete at the middle school level. No high school players may play for a middle school team.
- 4.1.2.4 Whenever possible, youth divisions will consist of players within 3 years of the age bracket, i.e. 10U is players aged 8-10 at the start of the season, 8U is players 6-8, etc. Age groups may be combined to provide a better experience for all.
- 4.1.2.5 To field a team, NVLS requires a minimum of 12 registered players.
- 4.1.2.6 Once a Program, comprised of players from multiple schools, has a minimum of 12 players from a single school in their zone and 12 players from other schools (24 total players), it will break into two independent Programs and make alignments/connections to another school in that area; to continue the growth in their area.
- 4.1.2.7 Programs may field additional teams based on their registered number of players. A program with 25 or more players may field 2 teams. A program with 37 or more members may field 3 teams.
- 4.1.2.8 When fielding multiple teams, a program may dual-roster or "float" players up to a team size of 16. For example, a program with 25 players may field two teams of 16 players by "floating" 7 players between both teams.
  - 4.1.2.8.1 The number of allowed float players is reduced by 1 for every additional registered player, until a program has 32 registered players and thus is able to field two independent teams of 16.
  - 4.1.2.8.2 "Float" players must still follow the age rules above. No seniors may "float" to a Junior Varsity team.

Number of Rostered Players	Number of Float Players Allowed
25	7
26	6
27	5
28	4
29	3
30	2
31	1
32	0

- 4.1.2.9 If at any point, there are fewer than 3 teams at the Junior Varsity level, the League may choose to operate as one Varsity division. The remaining Junior Varsity teams may compete in that division and are eliqible for postseason competition in the same manner as all other teams.
  - 4.1.2.9.1 If the League is operating as one division, programs fielding more than one team may not float any players. The teams must be two independent rosters.

### 4.1.3 League Mandated Items

- 4.1.3.1 When registering, all players, coaches and parents shall digitally sign the appropriate codes of conduct and medical releases prior to player participation in any NVLS League contest. The league recommends each program have their own medical release forms/emergency contact information, to have on hand at all games and practices.
- 4.1.3.2 All players shall be registered with the NVLS and USA Lacrosse prior to league participation and staying current through the end of May.

#### 4.1.4 Dues

- 4.1.4.1 Every Provisional and Regular Membership team will pay league registration fees to be determined by the NVLS. Specific dates will be determined and communicated each year.
  - 4.1.4.1.1 In the unfortunate event that a team must fold during the season, the league dues will be kept by the league.

#### 4.1.5 Admission of New Teams and Expansion Teams

- 4.1.5.1 Admission of new member teams shall be governed by Article III of the NVLS Bylaws, and any additional requirements as set forth in these Regulations from time to time.
- 4.1.5.2 New teams will complete the application for provisional membership no later than October 1 as well as:
  - 4.1.5.2.1 Agree to abide by NVLS bylaws and NVLS League Rules and Regulations provisions.
  - 4.1.5.2.2 Provide a coach who meets the qualifications established by the NVLS League.
  - 4.1.5.2.3 Show sufficient organizational support to convince the NVLS Board of Directors that the new team will be viable for the ensuing season.

#### 4.1.5.3 Player Assignment

- 4.1.5.3.1 When a new team forms, all players attending schools deemed within that new team's designated boundaries must play for the new team except for seniors who may play their final season for their original team.
- 4.1.5.3 New high school programs will enter a two-year probationary period, where they may choose to play as either Varsity or Junior Varsity, regardless of the grades of their players.
- 4.1.5.4 Expansion teams formed through the development of lacrosse in an area, as laid out in
- 4.1.2.6, will be full League members in their first season, subject to all Team Requirements and age restrictions.

#### 4.1.6 Returning, Renaming, and Merging Programs

- 4.1.6.1 Programs that voluntarily leave the league for any reason will be treated as a non-voting member for a period of two years after their re-entry, regardless of the length of separation. They will not receive the probationary period afforded to new programs and will be immediately subject to all Team Requirements and age restrictions.
  - 4.1.6.1.1 If a program wishes to separate from the league for the upcoming season, the Administrator must receive notice of withdrawal in writing from the coach and any Board of Directors or Athletic Directors who oversee the program. This notice must be received by January 1st before the upcoming season.
  - 4.1.6.1.2 If a Program separates from the league, all of its currently registered players will be informed of the separation. Those individual players may choose to remain members of NVLS. Such players will be re-allocated to their next closest NVLS member program.

- 4.1.6.2 Programs that fold due to lack of membership or other non-voluntary reasons will be treated as new programs if 2 or more spring seasons have passed since they last fielded a team.
  - 4.1.6.2.1 If fewer than 2 spring seasons have passed, the program will be treated as a returning program.
- 4.1.6.3 Whenever possible, programs should aim to merge with other area programs in order to maintain membership numbers and competitiveness within NVLS.
  - 4.1.6.3.1 When two programs merge, they may choose which name they will continue to operate under and inform the Administrator of this choice.
  - 4.1.6.3.2 The merged programs will be counted as 1 program for all Delegate, voting, and Council reasons.
  - 4.1.6.3.3 The merged programs will be treated as an existing member program, subject to all Team Requirements and age restrictions.
- 4.1.6.4 Programs may change their name as necessary to match their current school affiliation.
  - 4.1.6.3.1 The Administrator must be informed of the name change no later than January 1st before the upcoming season.
  - 4.1.6.3.2 Programs will acknowledge that changing their affiliation may change their zoning and thus, their rostered players.
  - 4.1.6.3.3 A program will be counted as an existing program if 51% of their rostered players participated under their former name.
    - 4.1.6.3.3.1 The new team must be a complete replacement, meaning that the old team and new team may not exist at the same time.
    - 4.1.6.3.3.2 If a new team will exist alongside the old team, the new team will be considered an expansion team as noted in 4.1.5.4

#### 4.1.6 Transportation to Games

- 4.1.6.1 Teams are responsible for their own transportation to games and are cautioned to follow all applicable laws and ordinances to ensure the safety of their staff and players.
- 4.1.6.2 Teams are encouraged to ensure that all drivers are adults and that any player riding with a person other than his parent/guardian has specific permission to do so.

#### 4.1.7 Finances

4.1.7.1 Teams are encouraged to ensure detailed oversight of all monetary transactions and accounting for any monetary disbursement. Following all applicable local, state, and federal laws, including IRS regulations, is critical. Going above and beyond the regulations to ensure totally transparent financial dealings will help protect all members of an organization.

### 4.2 Requirements of Head Coach / Coaching Staff

- 4.2.1 The Head Coach of each program in the League will be held responsible for knowing the rules and ensuring that all those coaching and acting under the Head Coach comply with the rules of NVLS . The Varsity Head Coach, along with Program leadership/Board of Directors is responsible for all teams within their particular program (ex. Varsity and Junior Varsity).
- 4.2.2 Rules/Policies training shall be provided for all coaches as directed by the NVLS Board.
- 4.2.3 Head coaches and Team Organization heads/Team Managers shall attend several meetings each year as determined by the Council.
- 4.2.4 Minimum Qualifications
  - 4.2.4.1 The Head Coach of a program shall be at least 21 years old.
  - 4.2.4.2 All Coaches shall be active members of USA Lacrosse
  - 4.2.4.3 All Coaches shall be registered with NVLS by January 31st of the upcoming season.
  - 4.2.4.4 All members of the coaching staff must undergo a NVLS/USA Lacrosse approved background check (National Center for Safety Initiatives) prior to any contact with participants. USA Lacrosse will pay for this service.

- 4.2.4.5 All Coaches must be USA Lacrosse Certified Bronze Level by January 31st of the upcoming season.
- 4.2.4.6 All Head Coaches must be CPR qualified. It is recommended that there be a certified individual at all practices, scrimmages, and games immediately available to respond to an emergency. It is recommended that all members of the coaching staff be First Aid certified and CPR qualified.
- 4.2.4.7 All Coaches shall read and agree to abide by the Code of Conduct for Coaches when registering with NVLS.
- 4.2.4.8 All coaches must be listed as a Head Coach (1 per team) or Assistant Coach (up to 3) on their team's photo roster. Anyone NOT listed as such on the official team photo roster, must leave the field/player sideline for the game. Failure to have coaches properly assigned on the photo roster may result in game forfeiture, prior to starting play.
- 4.2.4.9 Head coach will carry all player medical releases and have a good understanding on where the closest hospital is located to the team's current location. When possible, coaches will have an emergency kit or AED as part of their off-field safety equipment.
- 4.2.5 Coaches, staff and volunteers become role models for others in NVLS and community. These individuals often play major roles in establishing standards of acceptable behavior in the community and establishing and maintaining the reputation of NVLS and the level of community confidence and support afforded NVLS. It is of the utmost importance that those involved in NVLS activities comply with the letter and intent of all applicable laws and rules of behavior and conduct themselves at all times in a manner befitting their positions and responsibilities. This includes a prohibition on the use of foul, abusive, or profane language or behavior while engaged in NVLS-related activities and strict adherence to the Drug, Alcohol and Tobacco policy. Violation of these ideals could result in disciplinary actions.

### 4.3 Player Requirements

- 4.3.1 Age Restrictions No player shall participate in the NVLS program activities who has reached nineteen (19) years of age prior to the last day of August of the school year in which such participation is intended.
- 4.3.2 Four Year Rule.
  - 4.3.2.1 From the time a player first enters the ninth grade, or an equivalent level of education in any other school system, that student shall have four consecutive years of high school eligibility. A student held back for any reason during his or her high school career will not be provided an additional period of eligibility and is prohibited from participating in NVLS High School League activity upon the expiration of the fourth school year after the student enters the ninth grade.
    4.3.2.2 Players must be in at least 9th grade prior to the last day of August to participate in the NVLS High School League.
  - 4.3.2.3 A player must be a member of USA Lacrosse prior to participating in any league or team league structured conditioning, practice, or game. A team may perform introductory sessions with prospective players that do not include any physical contact. Individuals participating in introductory sessions shall wear eye and mouth protection if they are participating in throwing/catching activities.

#### 4.3.3 Student Status

4.3.3.1 No player shall compete in any NVLS High School League activity who is a graduate of a regular four-year high school or who is a graduate of a secondary school which has the same requirements for graduation as a regular four-year high school. However, a student who finishes the required number of credits for graduation in fewer semesters than are normally required and is doing college undergraduate work shall not be barred from competition to which he would otherwise have been eligible until the termination of so many semesters as normally would have been available for such a student's eligibility or participation as long as they are still considered a

student at the high school they are playing for.

- 4.3.3.2 Students who do not attend school (unless home schooled or the equivalent) or who fail to or are deemed ineligible to participate shall forfeit their eligibility during that period and shall not be provided any additional period of eligibility.
- 4.3.3.3 All players must complete and turn in to their coach all NVLS required forms prior to participation in practices or games.
- 4.3.4 Academic Eligibility enforcement by individual Programs
  - 4.3.4.1 A player must have obtained a minimum grade point average (GPA) of 2.0 or its equivalent in the preceding grading period.
  - 4.3.4.2 A student who has failed to meet the minimum requirements set forth shall be ineligible for participation throughout the next grading period.
  - 4.3.4.3 Eligibility under this rule is determined when grades are posted. Teams shall require players to submit their grades to the Head Coach or Team Organization representative to determine eligibility.
  - 4.3.4.4 Teams may institute higher academic eligibility standards at their discretion for their team
  - 4.3.4.5 Decisions by parents/legal guardians to raise academic eligibility standards for their player shall be accepted with full support.
- 4.3.5 Program / Team Participation
  - 4.3.5.1 Zoning ZONING policies are in place to create fair play, maintain league integrity, and promote growth and competition.

NOTE: Falsification of any documents or being dishonest regarding your residency will result in the athlete's ineligibility for one season.

- 4.3.5.1.1 NVLS intends its team membership policy to closely mirror Nevada Interscholastic Athletic Association (NIAA) policies.
- 4.3.5.1.2 Student-athletes may only play for a single NVLS program at one time.
- 4.3.5.1.3 Student-athletes must play for the school they attend if they have a lacrosse program. This is for CCSD, private, and charter schools. (Attendance means the school they are registered with and attend the majority of their classes, aka School of Record)).
- 4.3.5.1.4 Student-athletes attending a CCSD, private, or charter school without a lacrosse program will be assigned by the league to a team located near the region of their home residence. Student-athletes from the same school will be kept together when assigned to a nearby program.
- 4.3.5.1.5 Home-based instruction student-athletes are eligible to participate with their residence-zoned CCSD school if it has a lacrosse program. Otherwise, the league will assign them to a team located near the region of their home residence.
- 4.3.5.1.6 If a player attends a CCSD school different than the CCSD school they are zoned to attend, the player must provide the league with an approved CCSD attendance zone variance, as per the regulations of the CCSD.
- 4.3.5.1.7 If the parents of a player are not living together ("separated"), the player's eligibility remains at their current school of attendance. If the current school does not have a lacrosse program, the league will assign them to a team located near the region of their home residence used for CCSD zoned attendance.
- 4.3.5.1.8 If the parents or guardians are divorced, the player's eligibility/zoning remains at their current school of attendance. If the current school does not have a lacrosse program, the league will assign them to a team located near the region of their home residence used for CCSD zoned attendance.
- 4.3.5.1.9 If a student-athlete changes school of attendance, and this change happens outside of the regulation spring season, they are eligible to play for their new school

lacrosse program. If the new school does not have a lacrosse program, the league will assign them to a team located near the region of their home residence used for CCSD-zoned attendance.

- 4.3.5.1.10 Players lose eligibility to play with a different team if they transfer schools after the start of the regulation spring season. No mid-season team transfers are allowed for any reason.
- 4.3.5.1.11 Notarized guardianships and parent appointed guardianships are not accepted for athletic eligibility. A legal guardian must be court appointed by a judge. 4.3.5.1.12 If a player is living with someone on a CCSD residential affidavit, the student must provide the approved affidavit to the league and file an appeal/review with the NVLS Board before being eligible to play for any program.
- 4.3.5.1.13 NVLS reserves the right to realign zoning with other programs, based on program needs, availability of coaches, fields, and other resources. This realignment will be ratified by the coaches council.
- 4.3.5.1.14 There can only be one member program for each CCSD school.

#### WARNING

Willful violations, or failure to take due care to adhere to player zoning rules, will result in forfeit of all games played by the ineligible player. The Player and coach will be subject to additional sanctions.

#### 4.3.6 Zone Variances

- 4.3.6.1 The NVLS Board can make specific exceptions to the player eligibility regulations contained in this document and amended as necessary; provided, such exceptions are based upon hardship conditions. These exceptions are referred to as Variances.
- 4.3.6.2 One (1) Head Coach of a program may submit a Zone Variance Request to have their daughter(s) play for the program being coached, if the player is not already zoned for that program.
  - 4.3.6.2.1 Variance Requests to bring a player into private or charter school programs (Faith Lutheran, Bishop Gorman, Pinecrest, etc) must be accompanied by a letter or email from the Athletic Director of that school, noting that they are aware of the request and approve the player's participation, regardless of their non-student status. This letter must be on official school letterhead or emailed directly to the Administrator from the AD.
  - 4.3.6.2.2 No other coaches may use this rule to request a variance.
  - 4.3.6.2.3 Only the Head Coach's daughter(s) may use this rule to request a variance. Any other family members (cousins, nieces, grandchildren, etc) must meet the Hardship conditions of 4.3.6.3 before a Variance Request can be considered.
- 4.3.6.3 Any other Zone Variance Request shall be based upon extenuating circumstances, beyond the student's, or where applicable, the parents' or legal guardian's control, that are deemed to have significantly influenced or contributed to the cause of the student's non-compliance with the eligibility regulation(s) involved. The following criteria shall be used to determine if a hardship exists:
  - 4.3.6.3.1 A hardship exists only when some <u>unique</u> circumstances concerning the student's physical or emotional status exist and only when such circumstances are not the result of acts or actions by the student or family unit.
  - 4.3.6.3.2 The circumstances must be totally different from those that exist for the majority or even a small minority of students.
  - 4.3.6.3.3 There must be no reason to believe that the decision and/or the execution of the decision concerning the student's academic status were for athletic purposes.
  - 4.3.6.3.4 The burden of providing evidence that a hardship exists shall be borne by the

student.

- 4.3.6.3.5 There shall be a direct, causal relationship between the alleged hardship and the student's inability to meet the specific eligibility rule(s).
- 4.3.6.4 The Zone Variance request form found on the website must be emailed to the Administrator before October 1st, prior to the Spring Season the request affects. This request must be completed and submitted by the player or parent along with the supporting documentation.
  - 4.3.6.4.1 Requests received after October 1st may be reviewed at the discretion of the NVLS Board and Administrator.
  - 4.3.6.4.2 Variances are for a single season only. A new Variance must be requested each year if the hardship continues to exist.
- 4.3.6.5 The Administrator and NVLS Board will review all requests and only those meeting the Zone Variance Hardship Conditions will be brought to the Coaches Council for review and a vote. The Council will approve, deny, or request more information from the player before making the decision.
- 4.3.6.6 The decision of the Council shall be in writing and shall be delivered to the player in a reasonable period of time. Any Board Member or Coaches Council member who is involved with the circumstances surrounding the variance will not participate in any vote concerning that issue. 4.3.6.7 The submittal of a Variance Request does not guarantee acceptance. If the petition for variance is denied by the Council, the player shall not be allowed to play for that program at any level.
- 4.3.6.8 Until a final written approval for variance is received by the player; player will not participate in any event, fundraising, training, practice, scrimmage or game for a team they are not zoned to play.
- 4.3.6.9 Violation of this policy could result in action being taken against the player, coaches and team.

### 4.3.7 League and USA Lacrosse Registration

- 4.3.7.1 All players must be active members of USA Lacrosse, with membership valid through the end of the season.
- 4.3.7.2 All players must be registered with NVLS prior to the date of the first sanctioned game in which they wish to compete.
- 4.3.7.3 Any players not registered must leave the team sidelines immediately and may not return until the end of the game.
- 4.3.7.4 Once League gameplay has begun for the season, players not registered with NVLS may not practice on League-supplied fields or play in any conference or non-conference games that have been arranged by the league (i.e. scrimmage, JV vs Varsity, or forfeited). This is to protect the League and teams from liability.

# 5.0 League Rules and Regulations

### 5.1 Divisional Philosophy / League Alignment

- 5.1.1 Divisional structure is critical to the development and advancement of lacrosse in Southern Nevada and surrounding areas.
- 5.1.2 League alignment will be determined by the Council with input from all coaches and programs.
- 5.1.3 The Council will re-evaluate the alignment of the League and team assignments within each Division every year. See Section 4.1.2
- 5.1.4 Criteria considered in the realignment of teams between divisions: Competitiveness, Management Structure, Coaching Continuity, Size of Program, Feeder Program and strength of JV teams.

### 5.2 Practice Regulations

- 5.2.1 Lacrosse Pre-Season
  - 5.2.1.1 NVLS will acquire fields for teams to hold pre-season practices starting on or around October 1<sup>st</sup>. Use of these fields will be at the expense of each program and billed accordingly. 5.2.1.2 Pre-Season or Out-of-Season participation shall be voluntary and will not be prerequisite
  - to membership or participation on any team.
- 5.2.2 Lacrosse Season
  - 5.2.2.1 The lacrosse season shall extend from February 1st to the end of the final championship game. Coaches will not have any mandatory events during the week of semester finals.
  - 5.2.2.2 NVLS may pay for fields for teams to practice starting February 1st through the last game scheduled in May.
  - 5.2.2.3 The competition season games shall commence the third Friday in February.
  - 5.2.2.4 Teams may scrimmage. Any players participating in a scrimmage must satisfy the practice regulations. Referees for scrimmages are coordinated, scheduled, and paid for by the teams.
  - 5.2.2.5 Each player may only be listed and play for one program for the entire regular season.
  - NO FLOATING PLAYERS except as referenced in Section 4.1.2.
  - 5.2.2.6 If a player is moved up, for any reason, from JV to Varsity, during the regular season, they cannot be moved back down to the JV level.

### 5.3 Game Regulations

- 5.3.1 All NVLS High School League-sponsored play shall be governed by the current NFHS and USA Lacrosse rules/situations & rulings, MDOC Training Manual and interpretations, with the following exceptions:
  - 5.3.1.1 Field Specifications: There shall be flexibility on field size; however, all field lines and markers (cones) must be present; furthermore, goals must be positioned a minimum of 10 yards from each end line and dimensions of the restraining boxes must be legal (35 yds X 40 yds).
  - 5..3.1.2 Junior Varsity and Middle School games will operate using a running clock.
- 5.3.2 Based on amateur status rules, high school players will forfeit their season eligibility if they play with any higher level (e.g., women's club) team during NVLS Spring Season.

### 5.4 Team Ties/Seeding

- 5.4.1 NVLS will utilize a tournament-style scoring system to determine season standings.
  - 5.4.1.1 Wins count as 3 points in the standings
  - 5.4.1.2 Losses count as 0 points in the standings
  - 5.4.1.3 Ties count as 1 point in the standings
- 5.4.2 If two teams have the same record in NVLS League games at the end of the regular season, the seeding for postseason play will be determined by:
  - 5.4.1.1 Head-to-Head Scores
  - 5.4.1.2 Goals scored against, Season Total

### 5.5 Spring Season

- 5.5.1 Regular Spring Season Contest Limit
  - 5.5.1.1 (12) Games plus post season play during the lacrosse season.
  - 5.5.1.2 Games may be played during any day of the week, Monday through Friday.
  - 5.5.1.3 A game is defined in Game Regulations with at least one paid official present.
  - 5.5.1.4 All Spring Season games, jamborees and tournaments played during the season shall be listed on the team schedule on the NVLS website.
- 5.5.2 Scheduling

- 5.5.2.1 Teams must be declared to the Council by January 24th of each year.
- 5.5.2.2 Can't play/Blackout dates due to other school/team commitments must be declared by Janaury 31st of each year.
  - 5.5.2.2.1 Teams may not blackout any dates during the Playoff and Championship weeks, other than the date of a school's graduation ceremony.
  - 5.5.2.2.1 Teams are limited to a total of 4 blackout dates for the regular season to allow for ease of scheduling with field and officials availability.
- 5.5.2.3 All spring season games are scheduled by the Administrator and approved by the Council no later than 2 weeks before the first scheduled game of the season.
- 5.5.2.4 Games scheduled individually by coaches outside of NVLS spring season are considered non-Conference games. Such games do not count toward season standings. Budget permitting, the league will coordinate, schedule, and pay Referees for non-conference games held in Las Vegas.
- 5.5.2.5 The NVLS Refusal to Play Policy applies to the NVLS League. The Council shall adjudicate issues related to this policy and shall ensure that consideration is given to the willingness of teams to cooperate in reacting to situations where a team could not reasonably be expected to play a particular game due to circumstances beyond their immediate control and/or ability to predict.
- 5.5.2.6 Once all Spring Season games have been scheduled (due date determined by the Council), the league shall forward those schedules to the NILOA Assignor (no later than 2 weeks before the first scheduled game of each season) for inclusion in the Officials Scheduling process. 5.5.2.7 Head Coaches will provide a roster for each team (to include name, grade, and jersey number) to the NVLS Registrar no later than the Monday 2 weeks prior to the first spring season scheduled game.
- 5.5.2.8 Varsity players are not eligible to play in JV or lower division games.
- 5.5.2.9 Failure to follow declaration of teams, roster submission and other scheduling deadlines may result in actions against the coach, team or program.

#### 5.5.3 Changes

- 5.5.3.1 If a game change is required; the Coach needing to reschedule will contact Administrator and opposing coach at least 7 days before the scheduled game with proposed details of requested reschedule. Requesting coach must provide a proposed date, time, and location for opposing coach approval.
- 5.5.3.2 Approval must be given to the Administrator at least 3 days before the original scheduled game for update on the website and notice to officials.
- 5.5.3.3 If approval is not received by the opposing coach and no agreement is made for the rescheduled date, the requesting team would be charged with the forfeit (and both teams would lose playing time). It is highly suggested coaches find a solution before the deadline. For more details see Refusal to Play Policy Section 6.4

### 5.6 Statistics

- 5.6.1 At every game there shall be a certified person from each team at the scorer's table, supervising table activities. Violation of this requirement shall result in the offending team forfeiting that game. Certification consists of successfully completing league-sponsored annual training/testing. All other individuals working at the table shall have read the standard league-provided training package and Handbook for their assigned duties, but do not have to be certified. Certification training will cover all aspects of table duties and is highly recommended for all table personnel. The certified person shall sign each score sheet.
- 5.6.2 Signed score sheets from each game shall be maintained until 30 days after the end of the season.

In accordance with NFHS/USA Lacrosse rules, the home team scorer maintains the official record of the game, but both teams shall keep scoring, assist, penalty, and goalie save statistics for both teams.

- 5.6.3 Table duties and guidelines are contained in the League Scoring Handbook and shall be followed for all NVLS League sponsored games.
- 5.6.4 Statistics will be kept by each team for each full-length regulation game and reported to the League by entering details on nvls.org within 48 hours after the end of each contest.

### 5.7 Reciprocal Policy

5.7.1 Disciplinary actions taken by another entity within NVLS, USA Lacrosse or local schools against players, coaches, parents, or fans shall be upheld during NVLS Spring Season League Play.

### 5.8 Lightning Policy

5.9.1 When thunder is heard, or a cloud-to-ground lightning bolt is seen, the thunderstorm is close enough to strike your locations with lightning. Suspend play and instruct the teams to seek shelter off the field. Warn the spectators as well. Wait a minimum of thirty (30) minutes from the time of the last thunder/lightning. After consulting with the officials and coaches, you can resume the contest. 5.9.2 This policy applies to practices as well as games.

### 5.10 Hazing

- 5.10.1 Hazing of any type will not be tolerated. Hazing by any member or members of a team will be reviewed by the coach's council and may result in forfeiture of all games that season.
- 5.10.2 Any incident of hazing that is known by the coach, assistant coach, parent rep, etc. and is not reported to the NVLS may result in a fine for the team, or that person being excluded from any NVLS activity for a period of one year in addition to other sanctions of the program.

## 5.11 Drug, Alcohol and Tobacco Policy

- 5.11.1 Every practical effort shall be made at all levels of the NVLS League to eradicate the promotion, use or abuse of alcohol, drugs, and tobacco, to include performance-enhancing substances.
- 5.11.2 Limitation for participation of players regarding the use of alcohol, tobacco products and other drugs during a sports season:
  - 5.11.2.1 First offense: Suspension from two consecutive games. Practice may be continued following a personal assessment of the student by a licensed substance abuse intervention or treatment program and/or participation in an intervention program.
  - 5.11.2.2 Second offense: A six-week suspension from participation and mandatory completion of an intervention program prior to reinstatement.
  - 5.11.2.3 Third offense: An eighteen-week suspension from participation and mandatory completion of an intervention program prior to reinstatement. A fourth offense shall end future participation.
- 5.11.3 Teams may institute more stringent requirements.
- 5.11.4 Program staff and coaches shall fully support the elements of this policy in their behavior when interacting with players in all situations and shall report any known violations to the NVLS immediately.

### 5.12 Incident Reporting

- 5.12.1 All incidents associated with the League that may affect the effective management of the League, cause harm to the reputation of the League or present the possibility of legal liability to the League shall be reported.
  - 5.12.1.1 Injuries, to include all suspected concussions and any injury requiring professional interaction/evaluation and any injury that may result in professional interaction/evaluation in the

future shall be reported to the NVLS President via email with the Incident Form found on nvls.orgDocuments & Forms, Rules.

5.12.1.2 Fights, conflicts with officials, spectator incidents, conflicts with field owners or community infrastructure, forfeits, significant arguments, or any incident reflecting poorly on our goals and principles shall be reported to the NVLS President via email with the Incident Form found on nvls.org Documents & Forms; Safety, Incident Forms, Med forms, etc..

## 6.0 Rule Violations and Penalties

#### 6.1 Conduct of Teams

6.1.1 The strength of the NVLS League lies in the willingness and ability of the membership to support the goals, guidelines, rules, and regulations adopted and, if necessary, to support the penalties placed upon members - if it is determined that those same guidelines, rules and regulations have been violated. Violation of NVLS League By-Laws, policies, rules, and regulations can result in, but is not limited to, sanctions placed upon individual players, coaches, program leadership, spectators, officials and/or programs as a whole. Sanctions can include but are not limited to game suspension, season suspension, forfeiture of games, forfeiture of post-season play (playoffs), fines, probation, and expulsion from the League. Each situation is unique and will be handled at the discretion of the Council. Multiple, repeated infractions, those deemed to intentionally defy league policy, those that represent lapses in integrity/ethics, those that place individuals at physical or emotional risk, and those that potentially do significant harm to the Honor of the Game will result in stiffer sanctions.

### 6.2 Use of an Ineligible Player

- 6.2.1 The use of an ineligible player shall result in forfeiture of all games in which that player took part. 6.2.2 An ineligible player "takes part" in a game when a player steps onto the playing field in uniform during competition of a contest in which he/she is ineligible. Coaches are strongly encouraged to keep ineligible players distinctly away from the sideline area of a contest for which they are ineligible. An ineligible player may not be on the sidelines in uniform.
- 6.2.3 Intentional or knowing violations of this policy shall be treated as an integrity violation, which affronts the Honor of the Game and shall result in severe penalties (see section 6.3) for the individuals and/or the coaches/team/program.

### 6.3 Misconduct by Coaches, Players, and Spectators

- 6.3.1 Ejection from a game for Unsportsmanlike Conduct carries an automatic one-game suspension as a minimum additional penalty. The league has established a policy for any red card ejection due to unsportsmanlike conduct, flagrant fouls or repeated violation of the rules, dissent, misconduct, or abusive language. The decision of the game official to eject a person from the game is final and may NOT be appealed.
- 6.3.2 Ejection for Flagrant Misconduct or a second ejection of any kind shall carry an automatic two-game suspension with additional review by the Council for further action as deemed necessary to maintain the Honor of the game.
- 6.3.3 A third ejection, or second ejection for Flagrant Misconduct in the same season shall result in suspension for the remainder of the season and review by the Council for additional action deemed necessary.
- 6.3.4 Violations of policy or actions that dishonor the game or the NVLS League by Coaches or other Team Leadership shall be reviewed by the Council for appropriate sanctions to the individual and/or the Team and is, in general, considered more serious than a violation by a player.

- 6.3.5 Teams or individuals in gross or continual violation of policies or rules, including multiple ejections, may be suspended from the NVLS League with the requirement to formally request reinstatement from the Coaches Council at the end of the suspension.
- 6.3.6 Coaches are responsible for controlling their parents, players, and fans. Coaches will work with game officials to control the players and crowd as necessary to ensure a safe event and to honor the game.
  - 6.3.6.1 Spectators are not allowed behind the bench areas or behind the penalty box and table area. If permanent bleachers are present, all spectators and parents are to be in those bleachers. 6.3.6.2 Where permanent bleachers are not present, teams shall be located on the opposite sidelines from the spectators and parents.

### 6.4 Refusal to Play Policy

- 6.4.1 Refusing to play a scheduled opponent is not considered an option for any team participating in any NVLS league. Refusal to play is defined as the refusal of a team to participate in a game against a scheduled opponent. Games that are requested to be rescheduled for weather, safety or team / coach availability are NOT considered a refusal to play. The NVLS considers a situation as a refusal to play when a game will not occur because a team will not take the field against a scheduled opponent. The NVLS may consider changing the date or location of a game based on the request of a coach or team representative if player safety is considered a valid concern. The NVLS strongly encourages communication with opposing coaches or respective league council to solve any concerns or problems that would result from refusing to play a scheduled opponent. See Changes Section 5.5.3 6.4.2 If a team refuses to play a scheduled opponent, that game will immediately result in a forfeit for the team that refused to play AND their next scheduled league game will be forfeited also (loss of two league games). The NVLS will make every attempt to find another game for the opponent, although that game may well be considered a scrimmage and the forfeit by their scheduled opponent will be considered a win in their final standings. The makeup game may or may not take place on the original date or location of the scheduled game, but will depend on alternative opponent availability. The focus of the makeup game will be to ensure the players receive an adequate number of games and playing time.
- 6.4.3 The team that refused to play a scheduled opponent will consider that game a forfeit and may assume a loss in their final standings. The NVLS will make no attempts to provide an alternative game opportunity for the team that refused a scheduled game.
- 6.4.4 Any team that refuses to play an opponent on two separate occasions will forfeit any playoff opportunity. The second refusal to play, regardless of regular season or postseason play, will result in immediate loss of playoff opportunity. The NVLS will consider the refusal to play one opponent on two separate occasions based on schedule, as two separate accessions.
- 6.4.5 Any team that refuses to play an opponent in the postseason may be replaced by a team in next standing to ensure that a game occurs.

### 6.5 Video Policy

- 6.5.1 When a question arises from an action during a NVLS League sanctioned game where video of the action is available, the head coaches of both teams, where possible, shall make the video available to the league for review. If the action in question involves an official's call, the video will be used for educational purposes only. No official's call will be overturned. If the situation involves actions by a player, coach, parent or fan, the league shall review the video and determine appropriate disciplinary action.
- 6.5.2 Filming of other team's practices is prohibited.

### 6.6 Contesting Sanctions

6.6.1 Any decision of the Administrator can be appealed to the Council. Any decision of the Council may be appealed in writing to the Board of Directors.

### 6.7 Entry Fee/Gate Fee

6.7.1 With NVLS Board approval ONLY, teams may charge an entrance fee for regular season games that are played in a stadium. If approved, the opposing team needs to be notified of the fee at least 1 week in advance of the scheduled game.

### 6.8 Sanctions/Ejections Carry-Over

6.8.1 Sanctions/Ejections imposed in one season, which have not been fully served by the end of the season, shall be carried over into the next season.

#### 6.9 Social Media

6.9.1 All Nevada Lacrosse South "NVLS" players that communicate through social media, and post content that references or refers to the culture of lacrosse in Nevada or write anything related to NVLS lacrosse players, coaches, and referees on a blog or some other online space, that contains abusive, vulgar, offensive, racist, threatening or harassing comments, personal attacks of any kind, or offensive terms that target specific individuals or groups shall be subject to suspension or removal from the NVLS. 6.9.2 The NVLS logo is not for public use unless given permission by the NVLS President in writing. Players or coaches may not use this logo without permission. All violations of the NVLS Logo shall be subject to the takedown procedure for complaints of copyright violation under the Digital Millennium Copyright Act.

#### 6.10 Grievance

6.10.1 Grievances are issues that cannot be resolved between individuals or programs. All attempts should be made by individuals and programs to resolve issues as part of the lacrosse community through open and honest dialogue. Filing a Grievance should be a last resort to resolve a dispute. Grievances will be handled in accordance with the NVLS bylaws.

## 7.0 Girls Postseason Awards

### 7.1 All-Conference Teams

- 7.1.1 First and Second teams will be comprised of the following: Three (3) attack, five (5) midfield, three (3) defense, and one (1) goalie total 12. Slight modifications to the distribution of these numbers can be made by assent of the coaches without exceeding the total of 12. For the purposes of All-Conference voting, only the originally defined numbers of players at each position on the first team shall be considered.
- 7.1.2 Honorable Mention selections will be left to the discretion of the coaches each year.
- 7.1.3 Nominations shall be made by head coaches in accordance with the annual guidance of the Coaches Council. Each conference shall elect a total of no more than 30 players.
- 7.1.4 Voting shall be complete prior to the League Championship game.
- 7.1.5 1st Team All-Conference players are eligible for All-State & All-America voting in the final coaches meeting.

#### 7.2 All-State Teams

7.2.1 USA Lacrosse-Nevada All-State (South)

Made up of the following players: Goalie- 2; Defense – 6; Midfield- 7; Attack - 6 = Total: 21 The goal is to assemble the best 21 players from each region (North & South) to compete in a game at some point in future years.

- 7.2.1.1 Players must be members of their Varsity lacrosse team.
- 7.2.1.2 Players must have played in the majority of their teams' games for the current season.
- 7.2.1.3 Players must be of outstanding character, leadership skills and display a great attitude.
- 7.2.1.4 Strong consideration is given for players who have received All-Conference or All-League in current or previous seasons.
- 7.2.1.5 Any grade is eligible from Freshman to Senior.
- 7.2.1.6 Statistics from the league's website
- 7.2.1.7 There is no minimum or maximum number of players from a team the best players are to be chosen regardless of what team they compete for during the season.
- 7.2.1.8 Sportsmanship and safe play are attributes that must be considered.
- 7.2.1.9 Procedure for Nomination: All Varsity Head Coaches will submit the nominations for All-State for their team. Specific instructions will be provided in May.
- 7.2.1.10 Procedure for Awarding: The Chapter Representative will receive from all the Head Coaches the nominations by position. There will be an on-line survey where each Head Coach will rank the players per position. After all submissions have been finalized the Chapter Representative will tabulate the results and report to the Nevada Chapter. The team will be announced by June 1st. Importantly, this process will be transparent to all to ensure the integrity of the process and the awards. All submissions and final voting results will be kept with the Chapter President.

#### 7.3 USA Lacrosse

- 7.3.1 In accordance with the USA Lacrosse guidelines the Administrator is responsible for supporting the selection and presentation of the following awards with the Council:
- 7.3.2 All Americans
  - 7.3.2.1 The number of players nominated for All-American is based on the number of Varsity High School teams in the Spring Season. Voting is accomplished at the final coaches meeting by the head coaches coordinated by the Council with support from the Commissioner. Only the Varsity coaches may vote, one vote per program member.
  - 7.3.2.2 Voting is by written ballot.
  - 7.3.2.3 Nominees must be members of their Varsity lacrosse team or approved scholastic club program.
  - 7.3.2.4 Nominees must have played in the majority of their teams' games for the current season.
  - 7.3.2.5 Nominees must be a significant contributor to their team.
  - 7.3.2.6 Nominees must be of outstanding character, be in good standing in their school and community, and demonstrate outstanding sportsmanship on and off the field.
  - 7.3.2.7 While not required, strong consideration is given for nominees who have received All-State in current or previous seasons.
  - 7.3.2.8 Sportsmanship and safe play are attributes that must be considered. In this regard, an account of the number of unsportsmanlike fouls and ejections attained by a nominee in the current season should be considered during nomination and voting. If a nominee has a substantial number of cards or unsportsmanlike fouls, it is recommended that the Area Chair request testimony from the nominating coach as to how the player's fouls are not lessening of their sportsmanship.
  - 7.3.2.9 Procedure for nominations the Head Coach must fully complete and submit the USA Lacrosse All-American Application/Nomination Form through the online system at <a href="http://awards.uslacrosse.org/american/">http://awards.uslacrosse.org/american/</a> by May 1. Late submissions will not be accepted.

7.3.2.10 Procedure of Awarding – The US Lacrosse Area Chair will receive from the US Lacrosse office in Baltimore the submissions for all the All-American candidates from each region. There will be an on-line survey where each Head Coach will rank the candidates. After all submissions have been finalized the US Lacrosse Area Chair will tabulate the results and report to the Baltimore office the results. The award winners will be announced by June 1<sup>st</sup>. Importantly, this process will be transparent to all parties involved, to ensure the integrity of the process and the awards. All submissions and final voting results will be kept with the US Lacrosse Nevada Chapter President.

### 7.3.3 Academic All American Players

- 7.3.3.1 The number of players chosen as All-American is based on the number of Varsity High School teams in the Spring Season. Voting is accomplished at the final coaches meeting by the head coaches coordinated by the Council with support from the Commissioner. Only the Varsity coaches may vote, one vote per program member.
- 7.3.3.2 Voting is by written ballot.
- 7.3.3.3 This player must be a high school junior or senior.
- 7.3.3.4 Nominees must have played in the majority of their teams' games for the current season.
- 7.3.3.5 Nominees must be a starter or significant contributor to their team.
- 7.3.3.6 Nominees should have left their mark beyond the lacrosse field and classroom by making significant contributions of service to the school and/or community.
- 7.3.3.7 Nominee has minimum unweighted cumulative (freshman year through application deadline) grade point average 3.7 GPA out of a 4.0 academic scale. If in doubt, please ask the school guidance counselor for assistance determining acceptable GPAs for a 5.0 scale or weighted GPA.
- 7.3.3.8 Applications must include a signature from their schools Guidance Counselor and include information on any significant community service that was completed.
- 7.3.3.9 A nominee who violates their school or program's written contract or code of conduct may be excluded from consideration. All violations must be noted on the player's final nomination form.
- 7.3.3.10 Procedure for nominations the Head Coach must fully complete and submit the US lacrosse Academic All-American Application/Nomination Form through the online system at <a href="http://awards.uslacrosse.org/academic/">http://awards.uslacrosse.org/academic/</a> by May 1. Late submissions will not be accepted.
- 7.3.3.11 Procedure of Awarding The US Lacrosse Area Chair will receive from the US Lacrosse office in Baltimore the submissions for all the All-American candidates from each region. There will be an on-line survey where each Head Coach will rank the candidates. After all submissions have been finalized the US Lacrosse Area Chair will tabulate the results and report to the Baltimore office the final results. The award winners will be announced by June 1st. Importantly, this process will be transparent to all parties involved, to ensure the integrity of the process and the awards. All submissions and final voting results will be kept with the US Lacrosse Nevada Chapter President.

#### 7.3.4 Coach of the Year

- 7.3.4.1 This award honors those Head Coaches in each area from both the men's and women's game who exemplify the ideals of the game of lacrosse. The award is intended to recognize the individual's overall coaching performance and contribution, not just coaching wins although they may be considered. The Selection process is to be administered by the Area Chair in conjunction with the player awards.
- 7.3.4.2 This award is only available to Head Coaches.
- 7.3.4.3 Nominees must be members in good standing within their area and a member of US Lacrosse.
- 7.3.4.4 Nominees must always demonstrate outstanding sportsmanship on and off the field.

- 7.3.4.5 Nominees must demonstrate excellent rapport with their players, officials, and other coaches always.
- 7.3.4.6 Nominees did the most with what they had.
- 7.3.4.7 Procedure for Nomination: Any active Head Coach, Asst. Coach or Team Manager must fully complete and submit the Coach of the Year Nomination Form to nevadachapterusl@gmail.com by May 1, 2016. Late submissions will not be accepted. The Form can be found at:

http://www.uslacrosse.org/participants/players/high-school/boys-high-school-awards.aspx 7.3.4.8 Procedure for Awarding: The Area Chair will receive forms from all the submissions for the Coach of the Year candidates. There will be an on-line survey where each Head Coach will rank the candidates. After all submissions have been finalized the Area Chair will tabulate the results and report to the Baltimore office the results. The award winner will be announced by June 1st. Importantly, this process will be transparent to all ensure the integrity of the process and the awards. All submissions and final voting results will be kept with the Chapter President.

#### 7.3.5 USA Lacrosse Jackie Pitts Award

- 7.3.5.1 This award recognizes a Senior player in each area who truly honors the game of lacrosse, is invested in the development of the game in her community, is an exceptional player who continually strives to improve her game and is an exemplary member of her team. She exemplifies the spirit of the game, on and off the field. Academically, she is an outstanding student and a valued role model in her school.
- 7.3.5.2 Nominee must be a High School Senior.
- 7.3.5.3 Resume and/or Letter of Recommendation referencing athlete's contribution to lacrosse within her community.
- 7.3.5.4 Resume and/or Letter of Recommendation referencing athlete's commitment to personal development within the game.
- 7.3.5.5 Nominee is a starter or significant contributor (plays over half a game on average).
- 7.3.5.6 Nominee has a cumulative (freshman year through application deadline) grade point average of 3.0 GPA out of a 4.0 academic scale. Please ask the school guidance counselor for assistance determining acceptable GPAs for a 5.0 scale or weighted GPA. (A minimum number of Honors, College Prep, or AP classes are not required).
- 7.3.5.7 Nominee can be, but is not required to be an All-American or All-Academic candidate. 7.3.5.8 Procedure for Nomination: The Head Coach must submit the nominee's resume and or letter of recommendation from the nominee's Principal, Coach or Current teacher by May 1. Late submissions will not be accepted. The form can be found at:
- http://www.uslacrosse.org/participants/players/high-school/boys-high-school-awards.aspx 7.3.5.9 Procedure for Awarding: The Area Chair will receive from all Head Coaches the submissions for the Jackie Pitts candidates. There will be an on-line survey where each Head Coach will rank the candidates. After all submissions have been finalized the Area Chair will tabulate the results and report to the Baltimore office the results. The award winner will be announced by June 1st. Importantly, this process will be transparent to all ensure the integrity of the process and the awards. All submissions and final voting results will be kept with the Chapter President.

### 7.3.6 VOTING PROCEDURE FOR NATIONAL AWARDS:

- 7.3.6.1. The Area Chair shall inform all Head Coaches regarding the date, time, and location of the meeting and shall give at least two weeks' notice prior to that meeting.
- 7.3.6.2. The Area Chair will send a list of the awards to be discussed, as well as a list of individuals who have been nominated and deemed eligible for those awards prior to the meeting. After that meeting is conducted an electronic ballot shall be open for at least one week or until all Head Coaches have returned their votes.

- 7.3.6.3. Head Coaches will rank the nominees on the final ballot from 1 (highest) to X (lowest) based on the number of candidates on the ballot.
- 7.3.6.4. The Area Chair will tally the points per nominee and the award slots will be filled based on the points received.
- 7.3.6.5. TIE votes will be resolved as follows: a vote by the Area Chair or the USA Lacrosse-Nevada Board should the Area Chair have a conflict that would preclude them from voting.
- 7.4.7 The reporting of US Lacrosse Area award winners must be made after the season and by June 15th.