



2025-2026 Rock Ridge Girls Hockey Coaching Application

Join Our Coaching Team and Help Shape the Future of Rock Ridge Girls Hockey!

Applicant Information

Name: _____

Phone Number: _____

Email: _____

Coaching Experience

Please provide a summary of your **coaching and hockey experience**:

Coaching Philosophy

Describe your **coaching philosophy** and approach to **player development and teamwork**:

Levels of Interest

Indicate which levels you are interested in coaching and your preference for **Head Coach or Assistant Coach**.
(Check all that apply.)

Level Head Coach Assistant Coach

8U ☐ ☐

10U ☐ ☐

12U ☐ ☐

Level Head Coach Assistant Coach

14U

☐☐

Coaching Prioritization

If you are interested in coaching **multiple levels**, please explain how you would prioritize if practices or games overlap:

Work Schedule & Availability

Coaching requires a **strong time commitment**. Please indicate your typical **work schedule** to help us balance assignments and ensure coverage:

☐ **Day Shift**

☐ **Afternoons**

☐ **Nights**

☐ **Shift Work** (Please explain): _____

Availability for Practices & Games

How many **practices and games** do you plan to attend? (*Check one*)

☐ **All/most practices and games**

☐ **Some practices and games**

☐ **Limited practices and games**

If "Other," please explain:

Submission

Please submit the completed form to **Girls Hockey Director Tim Christensen** at:

Email: TimC.Tint@gmail.com

Thank you for your interest in coaching and your dedication to Rock Ridge Youth Hockey!