



2026 Detroit Lakes Baseball

“GLOVE CLUB”



Who: 1st - 8th Grade Boys (2025-2026 School Year).

What: DLYBA - Glove Club

Where: Anywhere you have access to a hard wall or rebounder net!

When: Anytime between January 1st - March 31st!

Why: As an organization, we want to limit errors and improve our overall fielding percentage. Less errors = more outs = winning more games = MORE FUN!!!

How: Read the following instructions and rules...

DLYBA Glove Club Instructions & Rules:

1. Keep track of how many ground balls you take each day on the attached calendars.
2. Have a coach or parent/guardian sign off (initial) on how many ground balls you take each day.
3. Total up your ground balls at the end of every month and write those totals in the provided space underneath each monthly calendar.
4. After March 31st, please total up all shots made throughout the spring, write that number below, and turn this packet into Tom Truedson.

★ This is on the honor system - DO NOT CHEAT YOURSELF!!

~ If you have any questions please contact Tom Truedson via email (TruedsonATC@gmail.com) or (612-227-0587)! ~

Prizes (total shots taken):

- 15,000 Ground Balls = Grand Prize: Hoodie
- 10,000 Ground Balls = Prize: DLYBA T-shirt
- 7,500 Ground Balls = Prize: DLYBA baseball
- 5,000 Ground Balls = Prize: DLYBA printed poster
- 2,500 Ground Balls = Prize: DLYBA Sticker

*All Prize winners will be recognized prior to a Legion Baseball game during the 2026 season.

First & Last Name: _____ **Grade (25-26'):** _____

Total Ground Balls: _____

Parent Approval: _____



DETROIT LAKES BASEBALL GLOVE CLUB



Suggested Routine for 180 ground balls per day: (20 - 30 minutes)

- On knees, facing wall, STRAIGHT UP with bare hands (10 reps).
- On knees, angled to side, FOREHAND with bare hands (10 reps).
- On knees, angled to side, BACKHAND with bare hands (10 reps).
- On knees, facing wall, STRAIGHT UP with Glove (10 reps).
- On knees, angled to side, FOREHAND with Glove (10 reps).
- On knees, angled to side, BACKHAND with Glove (10 reps).

- Standing, feet stationary, facing wall, STRAIGHT UP with bare hands (10 reps).
- Standing, feet stationary, angled to side, FOREHAND with bare hands (10 reps).
- Standing feet stationary, angled to side, BACKHAND with bare hands (10 reps).
- Standing feet stationary, facing wall, STRAIGHT UP with Glove (10 reps).
- Standing, feet stationary, angled to side, FOREHAND with Glove (10 reps).
- Standing, feet stationary, angled to side, BACKHAND with Glove (10 reps).

Now, BACK UP from the wall. We want to incorporate our footwork as we approach the ball. Glove stays open, facing the hitter!

- Footwork approaching the ball, STRAIGHT UP with bare hands (10 reps).
- Footwork approaching the ball, FOREHAND with bare hands (10 reps).
- Footwork approaching the ball, BACKHAND with bare hands (10 reps).
- Footwork approaching the ball, STRAIGHT UP with Glove (10 reps).
- Footwork approaching the ball, FOREHAND with Glove (10 reps).
- Footwork approaching the ball, BACKHAND with Glove (10 reps).

JANUARY 2026

SUN	MON	TUES	WED	THURS	FRI	SAT
28	29	30	31	1	2	3 Full Moon
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18 New Moon	19 Martin Luther King, Jr. Day	20	21	22	23	24
25	26	27	28	29	30	31

Total Ground Balls in January: _____

FEBRUARY 2026

SUN	MON	TUES	WED	THURS	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
1	2	3	4	5	6	7

Total Ground Balls in February: _____

MARCH 2026

SUN	MON	TUES	WED	THURS	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

Total Ground Balls in March: _____