

## **Strauss Pond to Prep 4v4 League — On-Ice Rules & Conduct**

### **GAME FORMAT**

- 4v4 Full-Ice, Non-Checking
- Two 25-min running-time halves, no timeouts
- 3 minute warm up. 1 minute break at halftime

### **ROSTERS**

- 16 (jerseys supplied for 15 skaters, 1 goalie. Championship awards for 16 players)
- League jerseys required

### **FACEOFFS & RESTARTS**

- Faceoff to start each half
- After goals: Play it out. Team retreats outside blue line.
- Offside: Turn over/throw in the corner and retreat outside of blue line.
- Icing: No icing/play it live

### **PENALTIES**

- Turnover, throw the puck in the corner/free breakout for the other team
- Scoring chance penalty is a penalty shot.
- No checking, and ref discretion for ejection for excessive and repeated checking

### **GOALIES**

- On a frozen puck the goalie plays to corner and attacking team retreats outside the blue.

### **SCORING/STANDINGS**

- Win = 2 pts | Tie = 1 pt | Loss = 0
- Tiebreakers: 1) Head-to-head, 2) Goal diff, 3) Fewest penalties, 4) Coin toss

### **PLAYOFFS**

- 1 vs 2, 3 vs 4

### **EQUIPMENT**

- Full HECC/CSA-approved gear required, Neck guards required
- Helmets must have full cage/shield Mouthguards required

## **COACH REQUIREMENTS**

- Must be current USA Hockey registered coaches with valid SafeSport certification

## **BENCH CONDUCT**

- Coaches responsible for team conduct. Refs' calls are final and not to be debated.

## **PLAYER CONDUCT**

- Sportsmanship is mandatory. No taunting or unsportsmanlike behavior.

## **SPECTATOR CODE OF CONDUCT**

- No yelling at refs or coaching from stands
- Disruptive behavior may result in removal