



RE: Ruggers Player and Parent Code of Conduct

As a Rugger I understand the purpose of this program and agree to the code of conduct stated below.

- I will be present and executing Perfect Listening. Inputs drive the results!
- I will give 100% effort to the best of my ability during training. Inputs drive the results!
- I will ask coaches for help if I don't understand.
- I will be a great teammate and celebrate the success of other Ruggers.
- I will support other Ruggers when they make a mistake.
- I will focus on being a leader. A leader raises the team when it is down, and celebrates the team when it succeeds.
- I will be respectful of all thing's hockey. I will respect the process of development, I will respect coaches, I will respect my teammates, I will respect the opponents and I will respect the Refs.

As a Parent I understand the purpose of this program and agree to the Parent code of conduct stated below.

- I will be a fan and cheer from the stands. Shouting at your kid or any other is not helpful. Cheering is great, negative comments are not acceptable. We have an experienced coaching staff that is excited to work with your kids.
- I will respect the refs. The coaches will handle any ref interactions.
- I will get my kid to the rink on time. Ice time is valuable and so is the coach's time.
- I will call or communicate with the coaches in person. We are not perfect and will make a mistake, so please approach us with your concerns.

Player Name/Date: _____

Parent Name/Date: _____

Regards,

Andy Dombrovski