

Parent's Guide 2025 - 2026 V2

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"Your child's success or lack of success in sports does not indicate what kind of parent you are. But having an athlete that is coachable, a great teammate, mentally tough, resilient and tries their best IS a direct reflection of your parenting."

Anonymous

Welcome to the Kenosha Komets Family!

Mission Statement

The mission of the Kenosha Komets is to help youth of all ages and skill levels to develop as athletes, leaders, and members of the community through a COMPETITIVE hockey program. We emphasize excellence in teamwork, discipline, sportsmanship and character building. We distinguish ourselves by offering a hockey program that provides players with individual growth to reach their maximum potential both on and off the ice.

Who We Are

The Kenosha Komets have provided quality youth hockey programs in our community since 1969 and we pride ourselves on our long history! Our #1 priority is the kids we serve and the great game of hockey. We are a non-profit (501c) volunteer-run organization supported by a great group of volunteers who are incredibly committed to the success of the Komets.

Our coaches are certified and registered with USA Hockey. All have been thoroughly background screened and bring years of hockey experience to the ice. You can review our <u>coach profiles page</u> for more information on our youth hockey coaching team for their specific experience and qualifications.

Our travel team players are those looking to move beyond house-league, for more competitive hockey, and progressive skill development. Players are selected during a tryout process held before the start of the hockey season (mid-late August).

The Komets are the only Travel Hockey Organization in Kenosha County. We have taken home 59 WAHA State championship wins, 5 NIHL State championship wins, and earned over 200 appearances at championship throughout the Midwest! Our High School players have often advanced to the Junior and/or Collegiate level ... and even Division 1 hockey. We motivate our players for excellence in the classroom as well as on the ice and 75% of our players are on the honor roll!

The Komets offer year-round competitive youth hockey opportunities and are a great value for our families. Price comparisons will show that the Komets' longer season gives parents a price advantage over our competitors. Dollar per hour, the Komets are your best youth hockey investment.

The Komets are committed to supporting any teammate, coach or fan who brings heart, energy and passion to our rink. We believe our hockey programs should provide a safe, positive and inclusive environment for players and families regardless of race, color, religion, national origin, gender, sexual orientation, socio-economic status, or background to unite as one community.

What differentiates us from the competition is that we really are a family. We work together, play together, and make lifelong friendships with other families. The Komets family truly provides the ultimate hockey experience!

American Development Model

The <u>USA Hockey American Development Model (ADM)</u> provides a structured framework for optimal athlete development. This is the basis for youth hockey in the United States and the Komets organization adheres to the ADM framework of:

- Age-specific, age-appropriate development.
- An opportunity to *efficiently learn* and *refine essential skills* without an overemphasis on winning games at the younger age classifications.
- A sensible practice-to-game ratio that encourages efficient player development.
- High-performance practice and game programming that emphasizes **skill development**, **competition**, **engagement** and **FUN**.
- Structured *training* programs for coaches and qualified adult leadership.
- A philosophy that *reduces burnout* and *disenchantment*.

The Komets follows the ADM framework, implementing best practices in our organization through our network of volunteers, in order to ensure that every child has the opportunity to experience fun in hockey.

Kenosha Ice Arena

Our home rink is the <u>Kenosha Ice Arena</u> located at 7727 - 60th Avenue, Kenosha, WI 53142. As a volunteer organization, our rink is run and maintained by our Komet's family.

• Rink Phone: 262-694-8010

• Email: admin@kenoshakomets.com

Boundaries

One of the unique benefits of the Kenosha Komets due to our location is that we can accept players from both Illinois and Wisconsin. For Illinois we accept ANY resident from ANY community in Illinois. For Wisconsin, we accept ANY resident of Kenosha, Racine or Walworth Counties. Wisconsin residents from other counties may still be eligible but are subject to WAHA and USA Hockey rules that govern out-of-district players.

Affiliations

The Kenosha Komets youth hockey teams play at the Tier 2 level and compete in competitive leagues in Wisconsin, Illinois, and can travel as far as our surrounding states. We also compete in other age and skill appropriate leagues through participation in tournaments.

USA Hockey

- <u>USA Hockey</u> is the national governing body for ice hockey in the United States
- Players will not be able to register for the Kenosha Komets without an active USA Hockey membership number. Each player must have their own, current year, USA Hockey number.
- If you are new to the Kenosha Komets or have only played with the Komets under CUHL, your
 players will need to have their original birth certificate verified. Please bring that to tryouts so
 our staff can validate. It must be an original birth certificate with the raised seal and

watermark; copies cannot be accepted. If you have already had your birth certificate verified with the Komets, you will not need to bring it again. You are good to go!

- If you do not have a USA Hockey number, <u>register here</u>. Print your USA Hockey certificate as you will need the membership number for registration.
- To look up your account to see if you have a membership or to obtain a duplicate registration confirmation, <u>click here</u>
- The membership provides training to coaches and referees, funds to the state governing body (WAHA) and most importantly, insures each participating skater

Wisconsin Amateur Hockey Association (WAHA)

- WAHA is the governing body of amateur ice hockey is Wisconsin
- WAHA is a highly competitive state league for Wisconsin based teams
- The Komets travel in Region 5 which encompasses most of Southeastern WI
- Each team is classified by skill level as A, B & C
- WAHA skates teams at all age brackets

Central States Development Hockey League (CSDHL)

- <u>CSDHL</u> is the number one Tier 2 hockey league in the United States
- Travel is mainly in the Chicago metropolitan area
- Each team is classified by skill level as –Prospect, Major, and Minor
- CSDHL skates teams at all age brackets

Northwest Hockey League (NWHL)

- NWHL is a Tier 3 Travel Hockey League for Chicago and the surrounding suburbs
- Travel is mainly in the Chicago metropolitan area
- Our 18U players compete in the NWHL

Communication

Kenosha Komets Web Page

The Komets web page is a great source of information on all Komets events including events, promotions, and general Komets updates. Go to our Komets web page at www.kenoshakomets.com for more information on our organization including program information on our Komets Youth Hockey and Komets Development programs; Komets Events like our Summer Camps, Open Skate Fridays, and Stick & Puck Saturdays; our Monthly Rink Schedule; and tons of Resources for parents including our Parents Guide, opportunities for our families to earn financial credit towards fall registration fees, and hockey resources like the ADM model, cross-ice



hockey, USA Hockey, safety, Crossbar, and more! Explore the site to get to know the Komets!

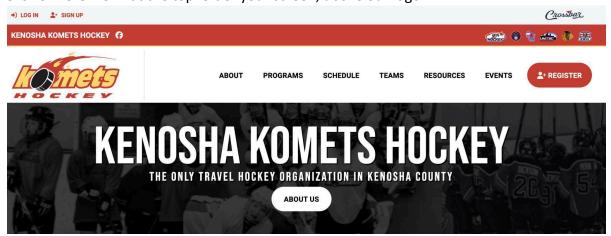
Kenosha Komets on Crossbar

We use the Crossbar platform as a communication and scheduling tool for our club. Each team will have its own page with rostered players, game and practice schedules, a tool to track availability for practices and games, player stats, team contacts, and provides an ability to communicate with the team, coaches, and the team manager.

- Schedule: Please go into each scheduled event and mark your availability so the coach can plan accordingly for practices and games
- Roster: Parents are asked to ensure their player's name, jersey number, and contact information is correct
- Parent contact information: If a parent wishes to add additional parent to the contact list, you can add them through the dashboard
- Volunteer Hours tracking: Sign up for and manage your volunteer commitment
- Chat: The chat tool enables parents and coaches to communicate
- Messages: The messages feature lets team managers email all players and staff with important information and game schedules changes
- Photos: The photos feature allows the team to share photos with the team

You must have a Crossbar account to access your player's team with Kenosha Komets. If you don't have an account, please follow these instructions to set one up.

- Go to the Kenosha Komets website at www.kenoshakomets.com
- Click on "SIGN UP" at the top left of your screen, above our logo



- Enter the email address and password you'd like to set up for your account
- A verification email will be sent to the email you enter to activate the Crossbar account
- Once you have verified the account, you'll be able to enter your name and phone number to complete your account set up
- After you complete your account setup, you'll be prompted to add Participants/Players to your account
- If you have multiple players at the club, you can also see all their schedules in the family calendar feature

- For more information on setting up your crossbar account, adding players to your account, using the family calendar, and more, check out our Parent Resources page at: https://www.kenoshakometshockey.com.app.crossbar.org/parent-resources/crossbar/95244
- All registered Crossbar users will have access to the Crossbar mobile application on both iOS and Android. After you've downloaded the Crossbar app from the <u>App Store</u> or <u>Google Play</u>, you can log in with the same user account you use with the Kenosha Komets website. Once logged in, you'll be able to see your player's Team(s) and schedule. If you do not see your teams showing, you may need to be granted access to your player's profile by the primary account who registered your player. For more information and the steps for that user to follow, <u>please</u> see more here.

Kenosha Komets Facebook Page

- The Komets Facebook page is a great source of information on all Komet events and blast reminders
- Follow the Komets at https://www.facebook.com/kometshockey

LiveBarn

You can watch your players play at the Kenosha Ice Area, and other rinks they play at, through the <u>LiveBarn</u> online streaming service. Hockey games at many rinks across the US & Canada are broadcast both live and via on-demand replay. Friends & family can watch online when they cannot attend a game. It's a great way for athletes and coaches to review games and share video highlights online or download full games for review and archive!

To sign up, go to https://www.livebarn.com/en/register and use Kenosha Ice Arena PROMO CODE: 0193-0995 for a 10% discount.

Seasons

The USA Hockey Playing Season runs from September through August. Komets split each year into a Fall-Winter Season and a Spring Season.

Fall-Winter Season

- The fall-winter season runs September through March
- Players are selected during a tryout process held in August
- Teams are then formed in September with the player selected during tryouts
- Teams generally practice 2 3 times per week, depending upon team level
- Teams average 1 2 games per week with some teams scheduling additional games
- Level specific Information is on the <u>Fall registration website</u>

Fall Tune-Ups

- Tune-Ups provide an opportunity for players to get some ice time to get ready for Tryouts
- There are two Tune-Ups for each level, from Wednesday, August 13 Sunday, August 17
- Information on the level specific Tune-up Schedule is on the <u>Fall registration website</u> as well as in the confirmation email you will receive once you register
- 14U level will also have a mandatory checking clinic

• Please arrive 30 minutes prior to your scheduled time make sure you have time to check-in and be dressed and ready to hit the ice at your scheduled Tune-Up time

Fall Tryouts

- There are three times scheduled for each level from Wednesday, August 20 to Sunday, August 24
- Information on the level specific Tryout Schedule is on the <u>Fall registration website</u> as well as in the confirmation email you will receive once you register
- While it is not mandatory that your player attend each tryout slot, attending all three is STRONGLY recommended
- Please arrive 30 minutes prior to your scheduled time to make sure you have time to check-in and be dressed and ready to hit the ice at your scheduled Try-Out times

Spring Season

- The spring season is a little less intense with tournament focus in lieu of individual games and a shorter season
- Players are selected during tryouts
- Teams are formed after tryouts

Team Age Ranges

Team levels are dependent upon the <u>USA Hockey 2025 - 2026 age classifications</u> for each level:

- 6U: January 1, 2019 through December 31, 2020
- 8U: January 1, 2017 through December 31, 2018
- 10U: January 1, 2015 through December 31, 2016
- 12U: January 1, 2013 through December 31, 2014
- 14U: January 1, 2011 through December 31, 2012
- 18U: January 1, 2007 through December 31, 2010

Expectations

Once your player has been placed on a team, it is expected they will be committed to their team, their teammates, their coaching staff, and to the Komets family. This includes but is not limited to:

Good Sportsmanship

Our Komet family will exhibit good sportsmanship at all times. All parents, coaches, players, family members, friends, volunteers, and support staff are expected to watch their words and actions before, during and after games, practices, off-ice sessions, and Kenosha Komets events. Everyone is a representative of the Kenosha Komets family and there is no excuse for poor behavior. Parents/guardians as well as players are asked to agree to our Code of Conduct during registration and are expected to follow it.

Player Code of Conduct

The Komets adhere to the USA Hockey Zero Tolerance Policy towards unsportsmanlike conduct

- Suspensions as determined by the KBLHC's Discipline Committee will be assessed for abusive offenses as specified in the Code of Conduct. KBLHC reserves the right to determine the length of suspensions depending upon the severity of the incident(s). Team coaches/managers are responsible to notify the Disciplinary Committee immediately of any player offenses.
- Each Komet player is expected to follow the Komets Player Code of Conduct
- Ice hockey is a game. Play for fun and enjoy yourself
- Each player shall strive to develop and improve his or her individual playing skills and will
 encourage improvement by teammates. Komet players cooperate with and support one
 another.
- Players will be on time for practices and games and should be ready, mentally and physically, at least 15 minutes before the start of each practice, at least 30 minutes before each game, and be ready to skate 15 minutes before each game. Exact times may vary by team depending on what time the coaches would like the players to arrive and be ready to play.
- Players will show respect to their coaches. When coaches offer advice, players should listen and try to follow the advice. Never sulk or complain about the amount of your ice time.
- Avoid retaliation, unsportsmanlike conduct, and misconduct penalties. This type of behavior only reveals selfish lack of self-discipline and hurts the team. Respect the USA Hockey Zero Tolerance Policy.
- Unsportsmanlike conduct in the form of gestures, slapping boards with sticks, or other displays
 of individual anger are prohibited
- Fighting before, during, or after a game, on or off the ice, will be subject to disciplinary action by the Disciplinary Committee, regardless of any penalties imposed by the game officials. Penalties imposed by the Disciplinary Committee are final.
- Coaches have the authority to bench any player for any part of a game or future game, for open personal criticism of teammates, coaches, or referees, abusive or obscene language, or unsportsmanlike conduct, anger, or fighting, regardless of any action by game officials
- Each player will respect the property of others at all times. Any player who damages a rink or other personal or public property while participating in any Komet related activity will be automatically suspended until restitution is made and will remain on probation for the remainder of the season.
- The use of alcohol or drugs is absolutely forbidden and will result in automatic dismissal from the team
- Never argue with the decision of an official or coach
- At no time, on or off the ice, will any player use disrespectful, abusive, obscene, sexist, racial, or ethnic language to coaches, managers, parents, officials, teammates or players on the opposing team

Parents/Guardians Code of Conduct

In the interest of the players as well as the Kenosha Komets, parents must demonstrate good conduct at all times. All parents/guardians will sign a Parent's Code of Conduct Agreement. This agreement is designed to help families understand their role with their son/daughter's participation in hockey. The Komets will not register players of parents/guardians refusing to sign the Parent's Code of Conduct. Verbal, physical, or mental harassment or abuse of players, officials, coaches, parents, and volunteers will not be tolerated.

Suspensions as determined by the Discipline Committee will be assessed for abusive offenses as specified on the Parent's Code of Conduct. The Komets reserve the right to determine the length of suspensions depending upon the severity of the incident(s). Team coaches/managers are responsible to notify the Disciplinary Committee immediately of any parent offenses. The Komets reserves the right to suspend the players of parents refusing to abide by suspensions assessed.

Other spectators exhibiting abusive conduct will be required to leave the rink and will be subject to the same suspensions as indicated in the Parent's Code of Conduct.

- All parents and guardians shall adhere to the Parent's Code of Conduct and the "Code of Conduct" established by the Kenosha Ice Arena and while attending events at any visiting arenas
- There is a Zero Tolerance Ruling in USA Hockey, and the officials strictly enforce it. The officials can, and will, penalize your team for unbecoming conduct by any team member, coach, or parent.
- Parents and guardians have an obligation to remain positive and show respect towards all Komets Officials, Team Officials, Team Managers, Coaches, players, families, and spectators at all times
- Failure to do so may result in your son/daughter's removal from the team and/or the Kenosha Komets organization. Threatening or abusive behavior to coaches, team representatives, referees, players, other parents, or spectators will not be tolerated.
- Parents are not allowed on the bench or ice during practices and games
- Any disagreement will be dealt with as per the Kenosha Komets "Rules of Operations". Respect
 the officials and their authority during games. Yelling at an official during a game will never
 change his/her decision and could result in negative ramifications for the parent or the team.
 Any parent, in the opinion of the Kenosha Komets, who is found to have acted in such a manner
 that shed a negative light on the team and/or organization, may have his/her son or daughter
 suspended from his/her team for a length of time to be determined by the Disciplinary
 Committee.
- Cheer plays of all participants; avoid booing opponents or cheering for an opponent's penalty. Cheer in a positive manner and encourage fair play.
- Help provide a safe and fun environment; throwing any items on the ice surface can cause injury
 to players and officials. Be responsible for your own safety be alert to prevent accidents from
 flying pucks and other avoidable situations.
- Do not lean over or pound on the glass. The glass surrounding the ice surface is part of the playing area.
- Respect locker rooms as private areas for players, coaches, and officials. All parents of squirt
 age players or above are asked to stay out of the locker rooms. If your child needs help tying
 their skates, please have them come out of the locker room.
- Any behavior that results in ice rink property being damaged will not be tolerated. Teach your children to respect all ice rink property and employees.
- Be supportive after the game win or lose. Recognize good effort, teamwork, and sportsmanship.
- Abusive, obscene or profane language or gestures will not be tolerated
- Treat everyone fairly, regardless of gender, place of origin, color, sexual orientation, religion, political belief, or economic status. Teach your children to do the same.

 The recruitment of Kenosha Komets players to play for other competing organizations is strictly prohibited

USA Hockey Zero Tolerance Policy

Kenosha Komets follow the <u>USA Hockey Zero Tolerance</u> policy. The Zero Tolerance Policy requires all players, coaches, on-ice and off-ice officials, team officials and administrators and parents/spectators to maintain a sportsmanlike and educational atmosphere before, during and after all USA Hockey / WAHA / CSDHL sanctioned games.

Safety

USA Hockey Safe Sport Policy

Kenosha Komets follow <u>SafeSport</u> policy. The safety our Komets family is of paramount importance and USA Hockey Safe Sport is the organization's program related to off-ice safety and has systems in place to protect its participants from physical abuse, sexual abuse and other types of abuse and misconduct that can be harmful to youth hockey players and other participants. These include without limitation physical abuse, sexual abuse, screening, locker room supervision and hazing policies, in addition to Codes of Conduct applicable to administrators, coaches, officials, parents, players and spectators. The <u>USA Hockey Safe Sport Handbook</u> is intended to update and collect USA Hockey's various policies to protect its participants from all types of misconduct and abuse. There are also free resources available at <u>Safe Sport Training</u>.

Checking

There are three parts to checking: physical ability, technical skills and ethical judgment. Poor checking techniques and an unethical code of conduct can be hazardous to the safety of the players. Kenosha Komets will not tolerate hits to intentionally injure or intimidate opponents and will enforce rules to ensure there are: no late hits, no hits to the head, and no hits from behind. For more information on checking, please review the <u>USA Hockey Checking the Right Way for Youth Hockey</u> guide.

Locker Room Policy

In addition to the development of our hockey players and enjoyment of the sport of hockey, the safety and protection of our participants is central to our mission and goals. The Kenosha Komets adheres to USA Hockey's SafeSport Program as a means to help protect its participants from physical abuse, sexual abuse and other types of misconduct, including emotional abuse, bullying, threats, harassment and hazing. To help prevent abuse or misconduct from occurring in our locker rooms, the Kenosha Komets have adopted the following locker room policy.

At the rink there are a number of locker rooms available for our program's use. Some teams in our program may also occasionally or regularly travel to play games at other arenas, and those locker rooms, rest rooms and shower facilities will vary from location to location.

Locker Room Monitoring

The Kenosha Komets have predictable and limited use of locker rooms and changing areas. This allows for direct and regular monitoring of locker room areas. Male locker room monitors will be assigned to the male locker room and female locker room monitors will be assigned to the girls locker room.

Participants are not allowed to enter the locker rooms unless two adults (coach, assistant coach, approved locker room monitor) are present in the locker room.

Violation of this rule can result in the player losing their privileges and will result in the player having to dress before arriving at the rink. A coach and approved locker room monitors will be posted directly inside of the locker rooms and changing areas during periods of use, and leave the doors open only when adequate privacy is still possible, so that only participants (coaches and players), approved team personnel and family members are permitted in the locker room. Team personnel will also secure the locker room appropriately during times when the team is on the ice.

Parents in Locker Rooms

Except for players at the younger age groups, parents will not be permitted to enter the locker rooms unless it is truly necessary. If a player needs assistance with their uniform or gear, if the player is or may be injured, or a player's disability warrants assistance, then we ask that parents let the coach know beforehand that they will be helping the player.

Mixed Gender Teams

Some of our teams consist of both male and female players. It is important that the privacy rights of all of our players are given consideration and appropriate arrangements made. Where possible, the Kenosha Komets will have the male and female players dress/undress in separate locker rooms and then convene in a single locker room before the game or team meeting. Once the game or practice is finished, the players may come to one locker room for a team meeting and then the male and female players will proceed to their separate locker rooms to change. If separate locker rooms are not available, then the players will take turns using the locker room to change. We understand that these arrangements may require that players arrive earlier or leave later to dress but believe that this is the most reasonable way to accommodate and respect all of our players.

Cell Phones and Other Mobile Recording Devices

Cell phones and other mobile devices with recording capabilities, including voice recording, still cameras and video cameras, are not permitted in the locker rooms. If phones or other mobile devices must be used, they should be outside of the locker room.

Prohibited Conduct and Reporting

The Kenosha Komets prohibits all types of physical abuse, sexual abuse, emotional abuse, bullying, threats, harassment and hazing, all as described in the <u>USA Hockey SafeSport Handbook</u>.

Violations

Participants, employees or volunteers may be subject to disciplinary action for violation of these locker room policies or for engaging in any misconduct or abuse or that violates the USA Hockey SafeSport Policies. Reports of any actual or suspected violation will result in the Association being fined \$500 and disciplinary action taken against the coach.

Neck Laceration

The USA Hockey Congress approved legislation at its Winter Meeting on Jan. 28, 2024, that requires the use of neck laceration protection/neck guards for players in all age classifications, other than adults, in games and practices. Kenosha Komets follows this policy which became effective August 1, 2024. This includes on-ice officials under the age of 18. This includes youth, girls and junior age classifications. Players and officials without neck guards will be asked to leave the ice until they put their neck guard on. For more information, go to https://www.usahockey.com/playersafety.

Concussion

Kenosha Komets follows USA Hockey Concussion Management Protocol and most state statutes require that an athlete be removed from any training, practice, or game if they exhibit any signs, symptoms, or behaviors consistent with a concussion or are suspected of sustaining a concussion. The player should not return to physical activity until they have been evaluated by a qualified medical provider who has provided written clearance to return to sports. The <u>USA Hockey Concussion Management Form</u> will be used after an athlete has been removed from athletic activity due to a suspected concussion and must be signed by their medical provider to return without restriction to training, practice and competition. For more information on concussion management, go to https://www.usahockey.com/safety-concussions.

Substance Abuse

USA Hockey prohibits use by any participant of alcohol, tobacco, smoking products or drugs. Consumption/use/abuse of mood altering substances is detrimental to a healthy state of mind, body, and spirit in an athletic participant. This is especially true for those participants aspiring to develop their talents in the furtherance of their playing, or coaching, or officiating careers in the sport of ice hockey. For more information on substance abuse prevention, please go to https://www.usahockey.com/playersafety and check out additional resources for vaping and opioid abuse.

Game Expectations

- It is expected players will participate in all their team games
- The number of games to be played is dependent upon level and season but a good expectation for fall is approximately 30 games will be scheduled
- Games are usually played on the weekend and some Friday evenings
- Pre-game warmups will take place before every game. Please ensure your player is at the rink 45 minutes to an hour before game time (based on the coach's direction). They should be dressed in weather appropriate warm-up apparel and will change into game gear prior to the game.
- If your player is unable to make a game, please let your team manager know as soon as possible so they can inform the coach
- Game jerseys are ONLY to be worn on game day. Red and white game jerseys and socks will be
 given to each player during the first season. Red is usually worn at away games and white is
 usually worn at home games. However, there may be instances where the colors are swapped
 depending on what the opponent is wearing.
- Practice jerseys will be given to each player during their first fall season and are to be worn at practices. Game jerseys should not be worn at practices.

Practices and Skill Expectations

- There are 2-3 practices/skills sessions scheduled per week, depending upon the team
- Practices are approximately an hour long
- The practice schedule will be announced when the season begins
- There are different types of practices held each week, practice and skills development

- Players should wear full gear for practice just like they will for games (including mouth guard, neck guard, cup, and all protective gear)
- Players will wear their practice jerseys and should not wear game jerseys to practice events

Off-Ice Training Expectations

- There are twice a week off-ice training sessions each week for Peewee to Midget levels
- It is expected players will fully participate in off-ice training
- All behavior expectations are the same for off-ice activities as on-ice activities
- Players should bring water, sweat towels, and wear proper attire and footwear (e.g. no crocs!)
 for off-ice training

Tournament Expectations

- Komets participate in WAHA, CSDHL, and NWHL tournaments
- The number of tournaments each team will play in will depend on the coach but generally three tournaments per season is a good expectation
- Tournaments can be held at any location within the league with WAHA tournaments played in Wisconsin as well as CSDHL and NWHL tournaments played in Illinois
- One home tournament is included in registration fees for 10U-18U teams and one jamboree is included in registration fees for 6U-8U teams
- Additional tournament play is at the discretion of each team. Tournaments fees for those
 additional tournaments are not included in the registration fee. Parents pay for tournament
 participation by paying into a tournament fund managed by the team manager or tournament
 manager. The team manager or tournament manager will collect all monies from the parents
 and then register the team and pay all registration costs and associated fees from the
 tournament fund.

Travel Expectations

- The amount of travel is dependent on the team and how many tournaments played; many tournaments occur Friday through Sunday so a weekend away is common for each tournament
 - Travel for WAHA games can be anywhere in Wisconsin but are generally within an hour or two from Kenosha
 - Travel for CSDHL games and tournaments are mainly within the Chicago metropolitan area but travel may include St. Louis
 - Travel for NWHL games and tournaments are mainly within the Chicago metropolitan area
- All practices are held at Kenosha Ice Arena, so no travel beyond getting to the rink is involved

Fees and Financial Commitment

Fall Registration Fees

Registration fees include all costs related to ice time for our teams including coaching fees, league fees, referee fees, socks, hockey director, skills session, etc.

The costs to run the building have increased and we need to be sure that we have enough funds coming in to cover all bills along with putting some aside for major repairs that will be needed in the near future (parking lot complete tear out and replacement, roof repair, removal of heater on the roof, repairs to compressors etc.). Even with that, when compared to other local hockey organizations, our registration fees are still lower.

Registration Fees vary by team level, skater versus goalie, and season. Current skater and goalie registration fees for the 2025-2026 season can be found on the <u>Fall Registration Site</u>.

Financial Commitment

By registering your player for travel hockey you are making a commitment to the organization and your player's fellow teammates. During registration you will be asked to make a statement that you understand that:

- A non-refundable tryout fee is required to register all youth hockey skaters. That fee is \$150 for 6U-8U and \$350 for 10U-18U.
- Once tryouts for travel teams have concluded and your player has been placed on a team roster, your player is committed to playing for the Kenosha Komets, regardless of team designation (ex. 10U A, 10U B, etc.). Should you withdraw your player from the Komets after rosters are announced but before practices have begun, you will be liable for the non-refundable tryout fee. If your player is not placed on a team, a full refund (including the tryout fee) will be issued to you within two weeks of tryouts.
- The tryout fee is due at the time of registration and deducted from the total registration fees, it is not an additional fee on top of registration fees.
- If you have selected the installment plan for registration, you are committing to making payments on that schedule. If your payment is declined and does not process on the day that it was scheduled and becomes past due, you will have 30 days to update your form of payment, or set up a special payment plan with the club.
- If you are delinquent on your installment plan, your child will not be able to participate in any on-ice or or off-ice activities until that is updated and current.
- There is a 30 day grace period on installment payments. Late fees will be incurred if the payment is charged after the grace period. For example, if your installment payment amount is \$275 and your late fee is \$25 after 30 days, the card will be charged \$300 on the 31st day after the installment payment was originally scheduled.
- If for any reason there are any technical difficulties that result in your fees not being charged properly, it is your responsibility to notify both the treasurer and registrar as soon as possible to have the issue resolved.

Treasurer: <u>treasurer@kenoshakomets.com</u> Registrar: <u>vpoff-ice@kenoshakomets.com</u>

Discounts

Early Bird Discounts

It pays to register early! We are offering two Early Bird Discounts this fall! Registering by June 30th will save you the largest amount of money. All registrations submitted after July 31, 2025 will be full price.

- Register June 1 30: Save \$300 on each skater's fees and \$150 on each goalie's fees!
- Register July 1 31: Save \$150 on each skater's fees and \$75 on each goalie's fees!
- Register after July 31: Pay full registration fees

Goalie Discount

Goalies at levels 10U through 18U, will receive HALF OFF their fees. This is available for up to two goalies per team. Equipment is not included. Based on availability, we may provide goalie gear for 10U and "C" level travel teams. Club supplied equipment includes leg pads, chest protector, blocker, glove and stick. Please note, there is no goalie discount when gear is provided by the Komets.

Multiple Player Discount

We are so grateful to have families with multiple players as part of our Komets family. As an organization, we offer a credit to registration fees for any families registering two or more players from in the same family.

For 6U-8U players: Due to the reduced registration fees at this level, a maximum credit of \$200 will be credited towards each 6U-8U player.

For 10U-18U players:

- Player #1: Full Price
- Player #2: earns a \$200 credit on their fees for the fall season
- Player #3: earns a \$500 credit off their fees for the fall season (a total credit of \$700 off your total fall registration fees!)
- Player #4: earns a \$500 credit off their fees for the fall season (a total savings of \$1,200 off your total fall registration fees!)
- Player #5: earns a \$500 discount off their fees for the fall season (a total savings of \$1,700 off your total fall registration fees!)
- Player #6 and beyond: earns \$500 off each player's registration fees!

Please be sure to register all of your players and then reach out to Sue Dickson at vpoff-ice@kenoshakomets.com to have the multi-player discount applied.

Considerations

6U - 8U Registration Includes	10U - 18U Registration Includes
 Two practices a week Bi-weekly skills training Games (approximately 24 games/ number of games will vary by level) One home jamboree (subject to team registration) Referee fees for each game Coaching fees One reversible game jersey that will be used throughout the season and turned in at the 	 Two practices a week Bi-weekly skills training Weekly Off-ice training for 12U - 18U levels Games (approximately 24-32 games/number of games will vary by level) One home tournament (subject to team registration) *18U WAHA State Tournament Referee fees for each game Coaching fees One red and one white game jersey will be

6U - 8U Registration Includes	10U - 18U Registration Includes
 end of the season. Two pairs of game socks (one white and one red) will be provided in the fall season. Practice jerseys will be provided the first season with the organization; after that, parents have the option to purchase additional practice jerseys Car decals (2) Helmet decals (1) 	 provided the first season with the organization; after that, parents have the option to purchase additional game jerseys Two pairs of game socks (one white and one red) will be provided in the fall season Practice jerseys will be provided the first season with the organization; after that, parents have the option to purchase additional practice jerseys Car decals (2) Helmet decals (1)

6U - 8U Registration Does Not Include	10U - 18U Registration Does Not Include
 Your skater's equipment Practice jerseys after the first season (these can be purchased during registration in red and white) Travel costs to games Costs for any jamborees in addition to those included in registration Jamboree swag bags are at team discretion and will be paid for by each team's slush fund 	 Your skater's equipment Game jerseys after the first season (these can be purchased during registration) Practice jerseys after the first season (these can be purchased during registration in red, white, and black) 18U black game jerseys and socks must be ordered during registration Additional tournament fees (if a team decides to participate in an additional tournament, registration fees will be collected by team managers in a slush fund format.) Travel costs to games and tournaments Tournament gift bags (if a team decides to give out gift bags to be passed out at tournaments, any funds to support this will be collected by your team manager)

Tournament Fees

- Parents will be asked to contribute into a separate tournament fund to cover costs for any additional tournaments the team decides to play in
- The tournament fund should be enough to cover all tournament registration fees, coach accommodations for the head coach (only if they do not have a child on the team), and swag bags for the players

- Previous tournament funds have run around \$300 per player but will be dependent upon the actual tournament fees
- The Team Manager will develop a budget to cover all anticipated expenses, collect the contributions from parents/guardians of the players, and pay out expenses from the fund

Volunteer Commitment

As a volunteer run organization, it is hoped that families will support their child's team by volunteering 10 hours of their time to support their player's team. Volunteers can be parents, guardians, siblings, other family members, and friends. Please note, each family is responsible for meeting their volunteer hours commitment, one family cannot transfer hours to meet another family's commitment.

- As a deposit against your volunteer commitment, we ask that each family provide a check written out to the Kenosha Komets for \$400 and post dated to March 1, 2026. Please bring the check with you when you come to tryouts. The check will be held and, once you have completed your full 10 hours of volunteer support, the check will be shredded. However, if by March 1st you have chosen to not complete your minimum 10 hours, your check will be deposited after that date.
- For any families that do not use checks, you will be asked to sign an agreement that you understand that you will be billed \$20 per hour for any volunteer hours that have not been completed by the end of the season. If the volunteer commitment is not met by March 1 for the season, you will be charged at \$20 for each remaining volunteer hour.
- There is an option to buy out volunteer hours for \$400 during registration

Volunteer Opportunities

There are a variety of recurring volunteer opportunities available throughout the year. An important volunteer opportunity this year will be to support our home rink at our three tournaments, jamborees, and host the 18U WAHA State Tournament! Each team will be responsible for ensuring they have representative volunteers at each tournament.

Opportunities to Volunteer and Earn Volunteer Hours

Volunteer hours can be earned by supporting the organization wide events throughout the year. This includes but is not limited to:

- Welcome Back to Hockey
- Development Program
- Learn to Skate Events
- Little Blackhawks Events
- Open Skate Events
- Home Tournaments for our 10U, 12U, and 14U Teams
- Jamborees for our 6U and 8U Teams
- WAHA State Tournament for 18U hosted by the Komets
- 4th of July Parades in Kenosha, WI and Antioch, IL
- Halloween Trick or Trunk
- Christmas Open Skate
- New Year's Open Skate
- Annual Banquet

Alumni Game

Other Opportunities to Support Your Team (no volunteer hours)

Snack Shop

- Duties include opening and running the snack shop when games are scheduled at the Kenosha Ice Rink
- When Generally, each team is scheduled to support the time prior to their child's team game time so parents/guardians can change shifts and watch their child's game; to allow this, we ask that volunteers plan on arriving 1 hour and 15 minutes prior to game time
- Minimum age to volunteer in the snack shop is 12

Keeping Score at Games

- Kenosha Komets has switched to the GameSheet Scoring App to replace the traditional paper scoresheet
- Currently, GameSheet is used by WAHA and CSDHL
- GameSheet follows a very similar workflow paper scoresheet
 - The iPad will move from dressing room to dressing room as each team's coach reviews their lineup and signs
 - Then it will be taken into the scorekeepers booth where it will be used to score the game
 - At the end of the game the iPad will be given to the referees for their post game report and sign off
 - o Finally the game will be uploaded to the league
- GameSheet Resources:
 - On-Demand TrainingTraining Videos: https://help.gamesheet.app/article/29-training-videos
 - Quick Start Guide for Scoring: https://help.gamesheet.app/article/64-quick-start-scoring
 - Video on Scoring: https://www.youtube.com/watch?v=3OPTWXUIkn0
 - Quick Start Guide for Teams/Managers:
 https://help.gamesheet.app/article/72-quick-start-guide-for-team-managers

Scoreboard

- The system is pretty straight forward, and you can ask for an operating demo by reaching out to team managers or other volunteers who have manned the scoreboard before
- Scoreboard responsibilities include:
 - Starting and stopping the timer as appropriate
 - Keeping track of the score for both teams
 - Penalty time
 - Playing music between periods and when the clock is stopped
- No cheering or photography is allowed when manning the scoreboard

Penalty Box

- Each team may be required to supply a volunteer to man the penalty box at each game and at some tournaments, dependent upon the tournament
- This may include covering the opposing team's penalty box in addition to our team's penalty box at home games

• You must remain absolutely neutral when volunteering in the penalty box. You cannot coach your kids, cheer for our team, or take photos while manning the penalty box

Raffle Commitment

Annual Raffle Tickets

- Our rink is member owned and maintained and to help keep our registration fees low and offset the cost to maintain our facility and the equipment in our rink, we hold an annual cash raffle
- Each family will be responsible for selling 30 raffle tickets at \$10 each
- Of course, families can sell more tickets if they choose every year we hold a contest across the club to reward the winner who sells the most raffle tickets with a cash prize

Team Raffle Baskets

- Each family will be asked to donate \$20 for each of their child's teams towards club raffle baskets
- Raffle baskets are used as club fundraisers at tournaments, the alumni game, and other events

Opportunities to Earn Credit Toward Hockey Fees

The Kenosha Komets offer several opportunities for families to earn funding towards their family's registration fees and team tournament funds. These include a mix of grants, fundraising, and awards. We are working hard to help our families with fees by setting up multiple fundraising opportunities to give back to our players. If you know of any additional opportunities for our families to earn, please reach out to Sue Dickson at vpoff-ice@kenoshakomets.com so we can add them to our program. And be sure to check out the Kenosha Komets Events calendar to see when these are scheduled.

Sponsorship Credit

Sponsorship partnerships are available with the Kenosha Komets! We have a variety of opportunities from banners at the Kenosha Ice Arena to full team sponsorship! For Komets families, YOU can benefit as well. For every sponsor you bring into the Komets family you can earn a credit towards your player's hockey fees! Please check out our <u>Sponsorship page</u> for more information.

Raise Right (formerly Scrip)

The Kenosha Komets partnered with Raise Right Fundraising a few years back to give our families another opportunity to earn money towards their fees! Raise Right (formerly known as Script) is a gift card program where you purchase gift cards or ecards directly from their website or app and earn a certain percentage of each purchase. There are hundreds of brand name companies and offers with different incentives. Familiar ones are Kohls, Panera, Kwik Trip, Amazon, Target, Chipotle, etc. Raise Right is FREE to join but has a small processing fee to purchase your cards electronically. Each gift card has a different percentage that you will earn and there are often bonus gift card days where certain gift cards are offered at a higher percentage. All families will receive credit of 90% of the total amount they earned (the remaining 10% is used for shipping fees and other fees that the club incurs from running the program). Raise Right runs from July 1st - June 30th each year. During the first week of July we receive the records from Raise Right letting us know how much you have earned for the past year. You will then be credited that dollar amount directly to your fall hockey fees!

For more information, go to our <u>Fundraising</u> page on our website or reach out to our Raise Right Coordinator, Mike McGuire at <u>mpmcguire65@hotmail.com</u>.

Milwaukee Brewers

The Kenosha Komets have partnered with the Milwaukee Brewers for an outstanding opportunity for our families to earn money that would be credited directly to your families fall fees. Any family member 16+ is eligible to participate in this program by volunteering to work in the concession stands during Milwaukee Brewers Games and additional venue events. The Milwaukee Brewers will donate a certain percentage of total sales plus tips from the concession stand to all volunteers who worked each day. The Komets organization will keep 10% of the funds earned for a scholarship program for Komets families in need. This is a great way to help pay down those fall fees!

For more information on the Brewers Concession program, go to our <u>Fundraising</u> page on our website or reach out to Jamie McGuire at <u>jamie.mcGuire10@yahoo.com</u>.

Birdie Leitza Hockey Grant

We hold an Alumni Game each year as a fundraiser and this year we are excited to be able to make our vision of giving back to our kids a reality. We will be splitting proceeds from the Alumni Game into five grants to be awarded to one player at each of our five hockey levels.

Applications for the grants will be accepted until FALL Tryouts.

For more information go to our <u>Fundraising</u> page on our website or contact Shelly Rudy at <u>promotions@kenoshakomets.com</u>.

Restaurant Nights

We will be scheduling several Komets fundraising nights at local restaurants where a percentage of the proceeds will be split amongst teams to help fund for their tournaments. It's a great way to enjoy a meal out while supporting our kid's teams. We will be posting these to our Events calendar as they are scheduled.

Tournaments

Home Tournaments

We are excited to be hosting the WAHA 18U State Tournament as well as four home tournaments this season. We are awaiting approval of the dates but our targets are:

- 14U K2 Invitational Tournament: November 14-16, 2025
- 12U K2 Invitational Tournament: December 5-7, 2025
- 10U K2 Invitational Tournament: January 9-11, 2026
- 6U/8U Jamboree: February 14-15, 2026
- 18U WAHA State Tournament: March 13-15, 2026

For more information, check out our Tournaments page.

Team Tournament Schedule

Tournaments beyond the one home tournament provided with registration will be self- funded by each team, as they have been in the past.

 The number of additional tournaments will be determined by each coach but there are generally three tournaments the team will play in each season

- The coach will determine which tournaments the team will enter and will advise the tournament manager to schedule the additional tournaments
- The tournaments will generally take place over a weekend, from Friday through Sunday
- While the target weekend dates will be known for each tournament, the specific game times and opponents will be announced just prior to the tournament
- Once the tournament has been selected, the team manager will register the team

Tournament Swag Bags

- It is a custom, but is NOT mandatory, that each team's parent volunteer pulls together swag bags for our players for each tournament
- The swag bags can be as basic or extravagant as each team decides
- While the cost of the swag bags is included in the tournament fund estimate, parents can donate additional items to the swag bags

Tournament Travel

- Families are responsible for getting their players to tournaments in a timely manner
- There will be warmups approximately one hour before game time so please plan travel accordingly
- While a tournament room block is generally reserved by the team manager ahead of time, each family is responsible for paying their hotel accommodations at any tournaments
- Hotel room and tax for any non-parent coaches (those coaches who do not have a player on the team) will be paid for out of the tournament slush fund
- Families are responsible for paying for their family's meals at any out-of-town tournaments
- There may be optional potluck gatherings, a team dinner, group outings, or social activities planned for each tournament

Roles and Responsibilities

Players

- Every game is an opportunity for you to learn; from your coach; from your opponent, from your teammates
- Play hard
- Exhibit good sportsmanship
- Have fun

Parents

- Support your player by ensuring they fully participate in practices, skills, and games
- Support the season for your player's team by volunteering at least 20 hours per season
- Model good sportsmanship both at our home rink and when you are at other rinks
- Check out the USA Hockey <u>Information for New Hockey Parents</u> website for some great guidance and advice

Coaches

- Focus on player development and on-ice instruction through USA Hockey Certification and the American Development Model (ADM). For more information on this, go to the USA Hockey Coaching Certification and ADM Kids pages.
- Instill a love of the game in our players
- Model good sportsmanship
- Serve as a role model on, and off, the ice

Team Manager

- Acts as operational and administrative manager for the team to allow the coach to focus on player development and on-ice instruction
- Model good sportsmanship as they represent the team
- Ensure that parents are added to their team in the Crossbar app and if not, will invite missing parents to the team Crossbar app
- Facilitates communications between coaches and parents by leveraging the Crossbar chat and team emails
 - Ensure coach is informed on any team issues
 - Share coach guidance with the team as needed
 - Receive weekly updates from the Vice President Off-Ice Affairs and shared them with all parents every week
- As soon as the season begins, team managers will work with other clubs to schedule games; these are usually paired with one game at our rink and the other at their rink
- Advise the coaches and parents of games scheduled and ensure all are kept informed of any schedule changes
- Provide the home game schedule information to our ice scheduler at <u>icescheduler@kenoshakomets.com</u> (home games are added to the Komets master schedule by our ice scheduler, team managers will not enter those into the Crossbar app)
- Leverage the Crossbar app to add away games into the team schedule (must be entered as game, not events)
- Report any SafeSport violations in accordance with the SafeSport Handbook and report any major penalties to the <u>Vice President of On Ice Affairs</u> within 48 hours
- Manage team tournament finances including team budget, tournament fees, and swag bag slush funds
- If needed, ensure game roster stickers are correctly printed and available for every game; these can be requested by emailing the Vice President of Off-Ice Affairs at vpoff-ice@kenoshakomets.com a week before the game
- Manage team volunteer assignments
- Work with the team home tournament coordinator to support the K2 Invitational Tournament and the WAHA State Tournament (volunteers, decorating, planning etc.)
- Confirm all players have correct color game jerseys and socks for games
- Ensuring backup jerseys are available for each game
- Registering the team and coaches for each additional tournaments
- Secure a tournament hotel room block for all player's families and coaching staff
- Pay for each tournament out of the team's tournament fund

- Provide a current USA Hockey team roster to tournament organizers before cutoff date
- Organize volunteers to help create, assemble, and deliver tournament swag bags
- Arrange for team dinner during the tournament (families pay their own meal share)

K2 Invitational Tournament Coordinator

- There will be one coordinator for each K2 Invitational Tournament
- Support the Tournament Director in the planning and execution of the K2 Invitational Tournaments
- Act as liaison with external clubs to secure level appropriate teams to compete in the K2 Invitational Tournament
- Coordinate with the team managers for the teams participating in each tournament to ensure appropriate support for the home tournaments (volunteers, decorating, planning etc.)
- Communicate back to the Tournament Director and the Board on planning progress

Komets Board of Directors

The board is staffed by volunteers who have been elected or appointed to their positions. The board is elected for a term of three years with the exception of the CSDHL Commissioner, WAHA Commissioner, and the Hockey Development Commissioner, who are elected for a term of one year. Additionally, an Executive Director is appointed for a term of one year.

Elections

Elections are held annually and voting is open to all registered Komets families.

Board Members Roles and Responsibilities

Current roles and responsibilities include elected officials, appointed officials, and advisory roles. More information on the specific roles and responsibilities of all board members can be found in the Kenosha Blue Line Hockey Association By Laws found in the <u>Documents</u> section of the Komets web page.

Board of Directors

Open board meetings are generally held the 3rd Monday of every month at 7:00pm at the Kenosha Ice Arena. We may change due to holidays during the year. We encourage our membership to attend these meetings. Team representatives should plan on attending each of these meetings.

You can contact any members of the Board of Directors from the Board page of the Komets website.

Equipment and Sizing Guidance

Before you buy equipment, check with other hockey parents who may be passing down or selling equipment they have outgrown. Play It Again Sports often has used hockey equipment. While we have included some sizing guidance below, you may also want to check out resources like the hockey equipment fitting guide videos, and hockey fitting and sizing guides.

For the Devos and Ignition development programs, registrants can borrow gear with a nominal deposit and fee per season. You will be given that option at the time of registration from those programs.

Uniforms

- Game jerseys: Red and white game jerseys are provided as part of registration of the first season and and are ONLY to be worn on game day
- Game socks: Red and white game socks are provided as part of registration and will be given out to each player during the first season and as needed after the first year
- Red is usually worn at away games and white is usually worn at home games (however, there
 may be instances where the colors are swapped depending on what the opponent is wearing so
 always bring both colors to all games and tournaments
- Practice jerseys will be given to each player for their first season and are to be worn at practices

Protective Gear

Proper protective equipment is required for ALL Kenosha Komets regardless of what level. The PureHockey Equipment Guide below will show you what some of the equipment looks like. It can be daunting to gear up your player, but the equipment is meant to provide protection.



Helmet

- There are standard sizes for helmets but every child is different. Trying on the helmet is the best way to ensure a good fit.
 - Large (Senior)/14 years and up, head circumference: 22"- 23%"

- Medium/8 to 14 years, head circumference: 21%"- 22%"
- Small (Junior)/up to 8 years, head circumference: 201/8"-22"
- USA Hockey requires cages on all helmets.
- Helmets must have a Hockey Equipment Certification Council (HECC) sticker that tells you it is certified and safe to wear. If buying used, look for an HECC expiration date as some helmets degrade over time and use. For more information on HECC guidelines, go to http://hecc.org/about.fag.html.
- The areas to consider when choosing a helmet are protection, comfort and fit. Although most helmets are lined with a protective foam, some do feel better than others. The helmet should be adjusted to fit snug to prevent any shifting and maximize protection.
- Open your helmet to the largest setting and check that the rim is one finger width above the eyebrow. Gradually begin to downsize the helmet until a comfortably snug fit is achieved.
- Adjust the chinstrap to gently make contact under the chin when fastened. It should not be tight
 on the chin.
- Komets are required to have black helmets.
- Only approved stickers are allowed on helmets including the HECC sticker, Komet's logos stickers, and player number stickers. Please see below for proper placement:







Neck Guard

- This protective guard greatly reduces the chances of your player's throat being slashed by a skate blade or the stick blade.
- <u>Neck guards are mandatory and players will be benched if they are not wearing one.</u> This is a
 USA Hockey Mandate effective August 2024. Please see <u>USA Hockey Congress Approves</u>
 Requirement For Neck Laceration Protection Starting August 1 and <u>Player Safety & Health</u> for
 more information.

Mouth Guard

- This prevents dental or mandibular damage from a hit to the head or the jaw from upper and lower teeth impacting each other. It lessens concussive impact stress on a head or jaw hit.
- It can also provide some protection from direct trauma to the teeth
- Mouth quards are mandatory and players will be benched if they are not wearing one

Supporter/Cup

• This can be a jock (for male players) or jill (for female players). These are available in garter style, compression shorts or pants, with some even having built in protection.

Shoulder/Chest Pad

- Good shoulder/chest pads will provide protection for the collarbone, chest, ribs, back and upper arms from impacts from sticks, pucks, falling, the boards, and other players. Some extend to cover the stomach and lower back for even more protection.
- The center of the player's shoulder should line up directly with the center of the shoulder caps. Shoulder pads that are too big will slip off of the shoulder and will not provide proper protection. Shoulder pads that are too small can restrict movement.
- Measure the circumference of a player's chest by wrapping a tape measure around the chest
 just under their armpits. Sizing varies from manufacturer to manufacturer, but the following
 size ranges can give you a standard to follow:

Child XXS: 22"-26" 25"-29" Child XS: Child Small: 28"-32" Child Medium: 30"-34" Adult XS: 32"-36" 35"-39" Adult Small: Adult Medium: 37"-41" 40"-43" Adult Large: Adult XL: 42"-46" Adult XXL: 44"-48"

Breezers

- Breezers (pants) protect the groin, thigh, and hip areas.
- Most players will be able to use their waist size as a guide for choosing the correct size.
- The fit should be loose and comfortable but should have a belt or strap to secure them around the waist. The bottom of the breezers should overlap the top of the shin pad kneecaps by 1 or 2 inches. The area above the shin pad should not be unprotected.
- Breezers should be black to match the Komet's team uniforms.

Gloves

- Gloves protect from stick slashes and stray pucks. They should fit well and not be too loose or tight. Gloves that are too small will tear and wear out faster than a proper fitting glove. The tip of the fingers should not go completely to the end of the glove.
- There should be little gap between the glove and the elbow pad. Put on your elbow pads. Hold
 your arm and hand outstretched. Measure the distance between the tips of your fingers and the
 bottom of your elbow pad.
- The sizing varies from manufacturer to manufacturer but the following standards can help you select the right size: Junior: 9"-11" · Intermediate: 12"-13" · Senior: 14"-15"
- Komet's gloves should be black. They can have some red trim, but the main color should be black.

Shin Guards

Shin guards fit from above the top of your player's skate to above the knee.

- A player's kneecap should fit directly into the center of the kneecap cup of the shin pad. The shin pad should then extend down the full length of the lower leg. Make sure the shin pad isn't too long otherwise the skate would push it up and out of position.
- Shin guards can be made to fit the right or left leg.
- To select a size, bend your leg at a 90 degree angle and measure the length of your shin from the center of your kneecap to the top of your skate boot.
- Standard sizes:

o Child: 7½"

Youth: 8 ½" to 10 ½"
Junior: 12" to 13"
Senior: 14" to 17

Elbow Pads

- Elbow pads protect the lower tricep to the upper forearm which extends down to the cuff of the player's hockey glove. They are specifically designed to guard against impacts from hooks, slashes, falls, and the boards. Skateboarding pads are not the same as hockey pads.
- The player's elbow should fit comfortably in the center of the elbow pad cup. Elbow pads that are loose will move around and not provide adequate protection.
- Standard Sizes by Player Height:

C L:

Youth: Up to 4' 0"
XXS: 4' 0" - 4' 10"
XS: 4' 10" - 5' 6"
S: 5' 4" - 6' 0"
M: 5' 8" - 6' 4"

6' 0" +

Skates

- It is critical that skates fit correctly. Sizing for hockey skates is normally 1 to 1½ sizes smaller than shoe sizes. When sizing skates for younger players, you can go up ½ size to accommodate growth but you must be careful not get skates that are too big. Skates that are too big won't be supported by your player's foot and they can wind up with blisters.
- When skate fitting, your player should wear the same socks as they would wear on the ice.
- Unlace the skate just enough to allow your foot to slide in easily. Push your foot toward the
 front of the skate until your big toe just touches the end of the toe cap. You should be able to fit
 one finger between the back of your foot and the heel of the skate. Kick the heel of the skate
 on the floor to force your foot to the heel of the skate. Lace up the skate tightly. Your big toe
 should be able to just barely touch the toe cap.
- Hockey skates are designed to be stiff. They should not be loose.
- The padding on new skates will mold to your player's foot and ankle contours for a comfortable fit and feel. For a custom fit, skates can be baked to your players foot.
- Goalie skates are not the same as player skates.
- Skaters should be able to tie their own skates from the Squirt level upwards.

- After skating, wipe all water off of your skate blades to prevent them from rusting. Keep them
 covered with cloth skate guards when not in use to protect the blades as well as not cut through
 hockey bag, or fingers.
- If your skate has a removable footbed, remove it after skating to allow the boot to dry.
- It is recommended that skates are sharpened once or twice a month but it depends on how often your player skates. If skating outdoors on lakes or ponds, it is recommended you sharpen them after that. Skate sharpening is available at the Kenosha Ice Arena. You can buy punch cards at the snack shop for multiple sharpenings.

Socks

- Socks should cover the shin guards.
- They can be attached to the jock or jill via garters, to the compression shorts with Velcro, or even wrapping them with hockey tape.

Stick

- Make sure the stick is the right length for your player
- To measure your stick, stand on a flat surface in your stocking feet. Place the toe of your stick on the ground between your feet. Lean the stick straight up-and-down so the handle of the stick touches the tip of your nose. Mark and cut the handle of your stick where it touches the tip of your nose.
- When standing on your skates, most players like their sticks to reach somewhere between the chin and nose.
- The stick may need to be cut shorter once the player has had the opportunity to shoot and stick handle with it.

Hockey Bag

- Your player's hockey bag should be large enough to carry all their gear except for their stick
- Players are to carry their own bags so please make sure it is one they can manage, whether with wheels, or an over the shoulder bag
- It is expected that players and coaches will not use hockey bags from other competitor organizations; we do ask that when it is time for you to buy a new bag, that you purchase a Komets logo bag (these are available during fall registration)

Hockey Equipment Hygiene

- Wipe down skates after use to remove moisture and avoid rusting blades
- If skates have removable insoles, take them out and hang them up to dry
- Wipe down inside of skates with a mix of white vinegar and water or use a neutralizing spray
- Remove equipment as soon as you can from your hockey bag, wipe it down with disinfecting spray or wipes, and air it out
- Fasten any Velcro so it doesn't snag on anything else while washing or drying
- Everything but skates, helmet, and some goaltending gear can be put into the washing machine
 on gentle wash, warm water, with detergent that does not contain bleach or bleaching agents.
 If necessary, pre-soak with one cup of plain white vinegar.

- Everything but skates, helmet, neck guards, and gloves can go in the dryer on low heat or air dry
- Helmets can be put in the dishwasher without dishwasher detergent that may damage the gear

Award Patches

USA Hockey Award Patches are available for 10U through 18U players in the fall season who achieve the stats in the same USA Hockey sanctioned game. Patches are given out at our annual banquet. For 6U and 8U players, and for those players who earn stats in any unsanctioned game or tournament, award certificates will be given out.

- Hat Trick (3 goals in a game)
- Play Maker (3 assists in a game)
- Zero Club (Goalkeeper Only no goals against in a game)

In order to provide proper documentation for USA Hockey, team managers will track these stats and provide scoresheets to documents each. An award cannot be given without a substantiating scoresheet. A player may only receive ONE of each type of patch per fall season.