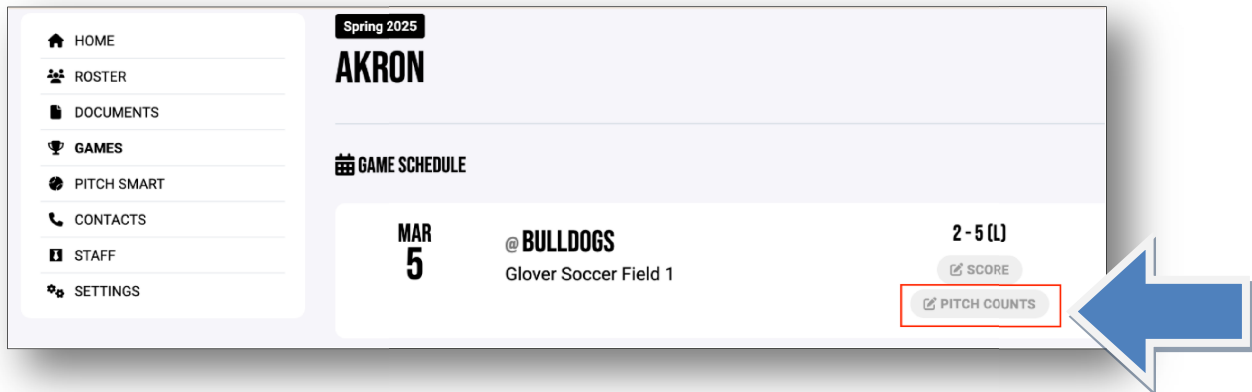


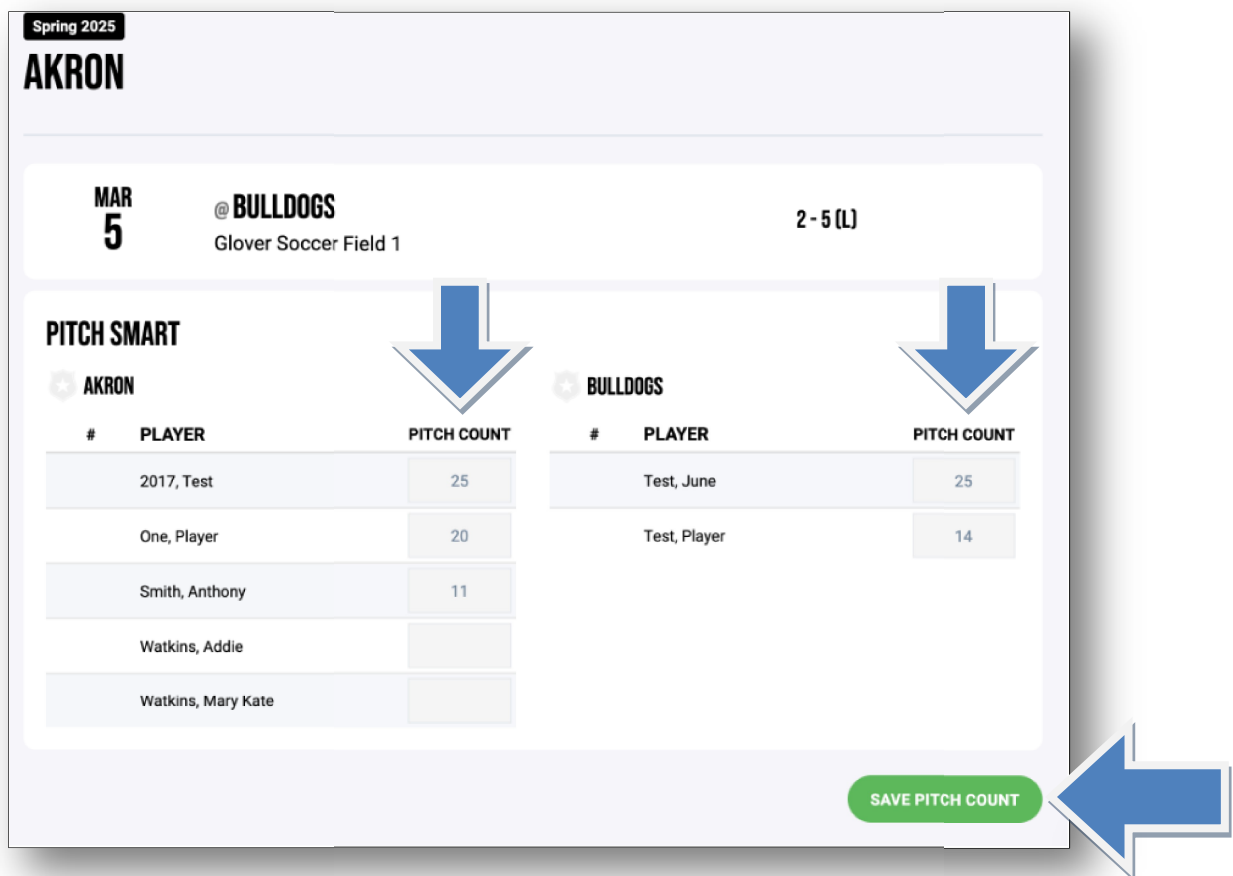
How To Enter Pitch Counts in Crossbar

When a coach goes onto Crossbar (at hudsonkiwanis.com) to score a game on a team page, they'll be shown the pitch count screen after entering the game score:



Once in the Pitch Count screen, they'll see the roster for both teams to enter pitch counts for any players who pitched that game:

- Enter pitch count for each player (under PITCH COUNT)
- Click SAVE PITCH COUNT



How To Enter Pitch Counts in Crossbar

Once saved, these counts will be reflected on the Pitch Smart menu item for that team page, where the counts and eligibility (as well as eligibility requirements) are shown:

[HOME](#)
[ROSTER](#)
[DOCUMENTS](#)
[GAMES](#)
[PITCH SMART](#)
[CONTACTS](#)
[STAFF](#)
[SETTINGS](#)

Spring 2025

AKRON

PITCHER ELIGIBILITY AS OF 3/20/2025

Player	Age	Last Pitched (PC)	Current Status	Next Eligible Game
Test 2017	8		Eligible	4/12/2025 vs Pirates
Player One	7		Eligible	4/12/2025 vs Pirates
Anthony Smith	8		Eligible	4/12/2025 vs Pirates
Addie Watkins	6		Eligible	4/12/2025 vs Pirates
Mary Kate Watkins	7		Eligible	4/12/2025 vs Pirates

PITCH SMART GUIDELINES

Age	Daily Max	0 Days Rest	1 Days Rest	2 Days Rest	3 Days Rest	4 Days Rest	5 Days Rest
7-8	50 pitches	1-20	21-35	36-50	N/A	N/A	N/A

Note that the PITCH SMART GUIDELINES are derived from the MLB Guidelines for Youth Pitchers

For a league, a Pitch Smart tab will also show on the Division page where all players within that division who have thrown pitches will show with their game eligibility:

[HOME](#)
[SCOREBOARD](#)
[SCHEDULE](#)
[STANDINGS](#)
[PITCH SMART](#)

PITCH SMART

Spring 2025

ALL

#	Player	Team	Sat 3/15	Sun 3/16	Mon 3/17	Tue 3/18	Wed 3/19	Thu 3/20	Fri 3/21	Sat 3/22	Sun 3/23	Mon 3/24	Tue 3/25	Wed 3/26
2017, Test		Akron	-	-	-	-	51.0	×	×	✓	✓	✓	✓	✓
Test, June		Bulldogs	15.0	-	43.0	-	-	✓	✓	✓	✓	✓	✓	✓
Test, Player		Bulldogs	17.0	-	21.0	-	-	✓	✓	✓	✓	✓	✓	✓
One, Player		Akron	-											

PITCH SMART

Spring 2025

ALL

FILTER

Eligibility

Select eligibility

Team

Select a Team

CLEAR

APPLY FILTERS

This report on the Division page can be filtered to show players by eligibility or by team.

Page 2 of 3

This information can be found in the online Crossbar help documentation

MLB Guidelines for Youth and Adolescent Pitchers

Pitch Count Limits and Required Rest Recommendations

It is important for each league to set workload limits for their pitchers to limit the likelihood of pitching with fatigue. Research has shown that pitch counts are the most accurate and effective means of doing so. See required rest recommendations below.

Age	Daily Max (Pitches in Game)	0 Days Rest	1 Days Rest	2 Days Rest	3 Days Rest	4 Days Rest	5 Days Rest
7-8	50	1-20	21-35	36-50	N/A	N/A	N/A
9-10	75	1-20	21-35	36-50	51-65	66+	N/A
11-12	85	1-20	21-35	36-50	51-65	66+	N/A
13-14	95	1-20	21-35	36-50	51-65	66+	N/A
15-16	95	1-30	31-45	46-60	61-75	76+	N/A
17-18	105	1-30	31-45	46-60	61-80	81+	N/A
19-22	120	1-30	31-45	46-60	61-80	81-105	106+

This chart can be found at: <https://www.mlb.com/pitch-smart/pitching-guidelines>