



# **Farmington Youth Lacrosse Association 2024 Preseason Meeting**

March 18<sup>th</sup>, 2024  
Boeckman Middle School  
Farmington, Minnesota



# Welcome to FYLA

- We are excited that your family will participate in America's oldest and fastest growing sport!
- Why lacrosse is taking off?
  - High tempo
  - Lots of action
  - Fun
- If you are new to lacrosse, do not worry or panic. Your family and child will figure it out rather quickly.



# FYLA Board Members

- Andy Hennes— President
- Scott Duellman— Vice President
- Angie Whirley – Treasurer
- Lindsay Bjorkstrand— Registrar
- Jeff Kohoutek— Boys Director
- Angie Timm—Boys Director
- Jessica Feidt— Girls Director
- Paige Soderberg—Girls Director
- Shawn Owens— Facilities/Equip.
- Jim Blare/Kelly Gleonde – Webmaster
- Shavon Anderson— Secretary
- Mika Kieffer- At Large Director



# FYLA Mission Statement

- The Farmington Youth Lacrosse Association (FYLA) is a not-for-profit organization whose objectives are to encourage, promote, and foster the growth of lacrosse for the youth of Farmington and surrounding areas.
- FYLA seeks to provide youth with a positive character-building experience by honoring and respecting the sport and traditions of lacrosse.
- FYLA will provide a quality lacrosse program that encourages sportsmanship, skill development, and friendly competition.



# 2024 Spring & Summer Seasons - Boys

<b>Spring League</b> <b>April 1st - June 2</b>	<b>Summer League</b> <b>June 3rd - July 28 (Preseason Training starts in April)</b>
<p><b>General Information:</b></p> <ul style="list-style-type: none"> <li>- League hosted by <a href="#">GNLL - Boys</a></li> <li>- 8 to 12 Games</li> <li>- 1 practice a week outside when field conditions allow</li> <li>- Teams primarily play double-headers on Saturdays or Sundays at the same site.</li> <li>- Games start the weekend of April 13 &amp; 14</li> <li>- No games scheduled Memorial Day Weekend</li> </ul>	<p><b>General Information:</b></p> <ul style="list-style-type: none"> <li>• League hosted by <a href="#">Boys - YLM</a></li> </ul> <p><b>Indoor Preseason training April through Mid-May</b></p> <ul style="list-style-type: none"> <li>• Facilitated by Arete Club Team Coaches</li> <li>• Twice a week for an hour.</li> <li>• At Schmitz-Maki Arena</li> </ul> <p><b>Outdoor Practice Mid-May - July 26th.</b></p> <ul style="list-style-type: none"> <li>• 8U practices M-Th evenings twice a week for 1 hour.</li> <li>• 10U, 12U, &amp; 14U practices M-Th 3x per week for 1.5 hours</li> <li>• Most games played weekday evening June - July</li> <li>• 10U, 12U, &amp; 14U teams will participate in 3 tournaments</li> <li>• State Tournament for 12U &amp; 14U teams July 26th - 28th.</li> <li>• Teams coached by current and former high school and college lacrosse players.</li> </ul>
<p><b>Benefits:</b></p> <ul style="list-style-type: none"> <li>- Allows players to build endurance.</li> <li>- Improve on skills before the summer season.</li> <li>- Players get more game touches.</li> <li>- Improve lacrosse I.Q. through more game opportunities.</li> </ul>	<p><b>Benefits:</b></p> <ul style="list-style-type: none"> <li>- This is the main event.</li> <li>- Players are ready to use their skills against other associations.</li> <li>- Practices are more intense and skills are honed.</li> <li>- There is both a girls and boys league.</li> </ul>
<p>We understand that there is some overlap between the spring and summer seasons. Please be understanding as we work out the kinks as this is the first time we are offering a spring season. Our objective and motivation is to give players more opportunities to apply and improve their skills in games.</p>	



\*\*\*Schedules may change due to field availability and weather.

- April 4th – First Practice
- Games will be played in doubleheader format at a host site.
- Coached by parent volunteers



# 2024 GNLL Spring Lacrosse League

FYLA Boys Spring League Game Schedule							
8U		10U		12U		14U	
Date	Host Site	Date	Host Site	Date	Host Site	Date	Host Site
April 13 & 14	No Games	April 13	Owatonna HS	April 13	New Prague	April 13	New Prague
		April 14	New Prague	April 14	Owatonna HS	April 14	Owatonna HS
April 20	Minnetonka	April 20 & 21	No Games	April 21	No Games	April 21	Eden Prairie
April 27	Farmington	April 27	New Prague	April 28	Eden Prairie	April 28	Blaine
May 4	Wayzata	May 4	Rosemount	May 5	Rosemount	May 5	Rosemount
May 11	Rochester	May 11	Rochester	May 11	Rochester	May 11	Rochester

- Host sites
- 2 Games at each host site
- Final schedules with times and opponents will be posted by the end of March



# 2024 Summer Lacrosse Season

## Schmitz-Maki Arena

- Training will utilize professional club lacrosse coaches, Frog Lacrosse, UNRL Lacrosse for both boys and girls.
- Spring season begins April 15<sup>th</sup>.
- Boys practice Mondays and Tuesdays, Girls practice Wednesdays and Thursdays.
  - 8U/10U – 6-7pm
  - 12U – 7-8pm
  - 14U – 8-9pm
- Tryouts/Placements:
  - 10U evaluations TBD
  - 12U tryouts TBD
  - 14U Tryouts-TBD
  - 14U tryouts TBD





# Expectations

- Parent & Player Handbook
- HS program/Booster and Association are separate. Players participating in HS program cannot participate in association activities until the conclusion of HS season (MSHL rules)
- Coaching Expectations: Bronze Level Certification | USLAX
  - YLM requires all coaches to be Bronze Level Certified.
  - Coaching certification is reimbursed by FYLA.



## Player Evaluations/Team Placement

- Farmington High School Coaching Staff doing the Evaluations for the Boys teams.
- There will be an A level team at both 12U and 14U (if enough for 2 teams)
- All 8U/10U teams will be split evenly if multiple teams.



# Important Season Dates 2024

- April 4<sup>th</sup>, Spring league practices begin
- April 15<sup>th</sup>, 2024 Practices begin at Schmitz-Maki.
- Boys: Monday/Tuesday
- Girls: Wednesday/Thursday
- April 20<sup>th</sup> 2024 RELAX Community Fundraiser Beer Bash. Celts Pub Farmington.
- Mid May-outdoor practices, Farmington HS. Mon-Thurs
- June 1-2 2024 Viking Goat Tournament
- Early June YLM league play begins
- June 28-30<sup>th</sup>, 2024 Prior Lake Tournament
- July 20 or 21, 2024 Boys YLM 6U/8U/10U End of Season Jamboree Weekend
- July 27-28<sup>th</sup>, 2024 Boys State Tournament



# Coaches

- Each team will have an experienced Lacrosse player as a HC and or Asst
- Parent coaches will continue to support the player coaches.
- Reach out to the boys or girls director if are interest in coaching.



# Volunteer Hours / Dibs

- Viking Goat Tournament (June 1-2nd)
  - Farmington High School and Dodge Middle School
- Team Manager
- Parent Coach
- Chill Manager
- Volunteer checks are set at \$500 per family.
  - WE NEED THE VOLUNTEERS NOT THE MONEY!!!
  - The Viking Goat tournament is very important financially for the FYLA mission.
- Each family is required to volunteer 4 hours per player 6 hours for 2 players and the volunteer check is destroyed.
- 8U families will complete 4 hours of dibs this year.
  - Practice Helper and Game Sideline Helper



## ReLAX Parents Night Out Celts Pub in Farmington, April 20th

- Fun community night to kick off our 2024 season
- Tickets are \$15 at the door, \$10 advanced sales
- Families pre-buy 5 tickets (\$50), sell to friends and/or use yourself
- Free keg beer, silent auction, 50/50 raffle and prizes
- We are inviting families to donate to our silent auction.  
Do you have a business you would like to promote?
- Drop off by 3/31
- Contact: Jessica, Mika, Angie T. Or Paige





# Jersey Fitting and Apparel

- All athletes are required to wear the FYLA uniform.
- Uniforms required for 10U, 12U, and 14U
- Trial sizes of jerseys are located hear at the cafeteria today  
Orders will need to be placed by March 30th
- Order link is on FYLA website
  - For new players you can request top 3 numbers by emailing Mika Kieffer: mikakieffer@charter.net
- Optional apparel is available on the website as well
  - <https://jpwilder.myshopify.com/collections/farmington-lax>



# UNRL Jerseys - Boys



**Shooter  
Shirt  
Optional!**

<https://farmington-yla-spring-uniform-2022.itemorder.com/>





# Optional Apparel



<https://jpwildier.myshopify.com/collections/farmington-lax>



# Questions

