

Welcome to the 2025

PRESEASON PARENT MEETING

We'll get started shortly. While you're waiting...

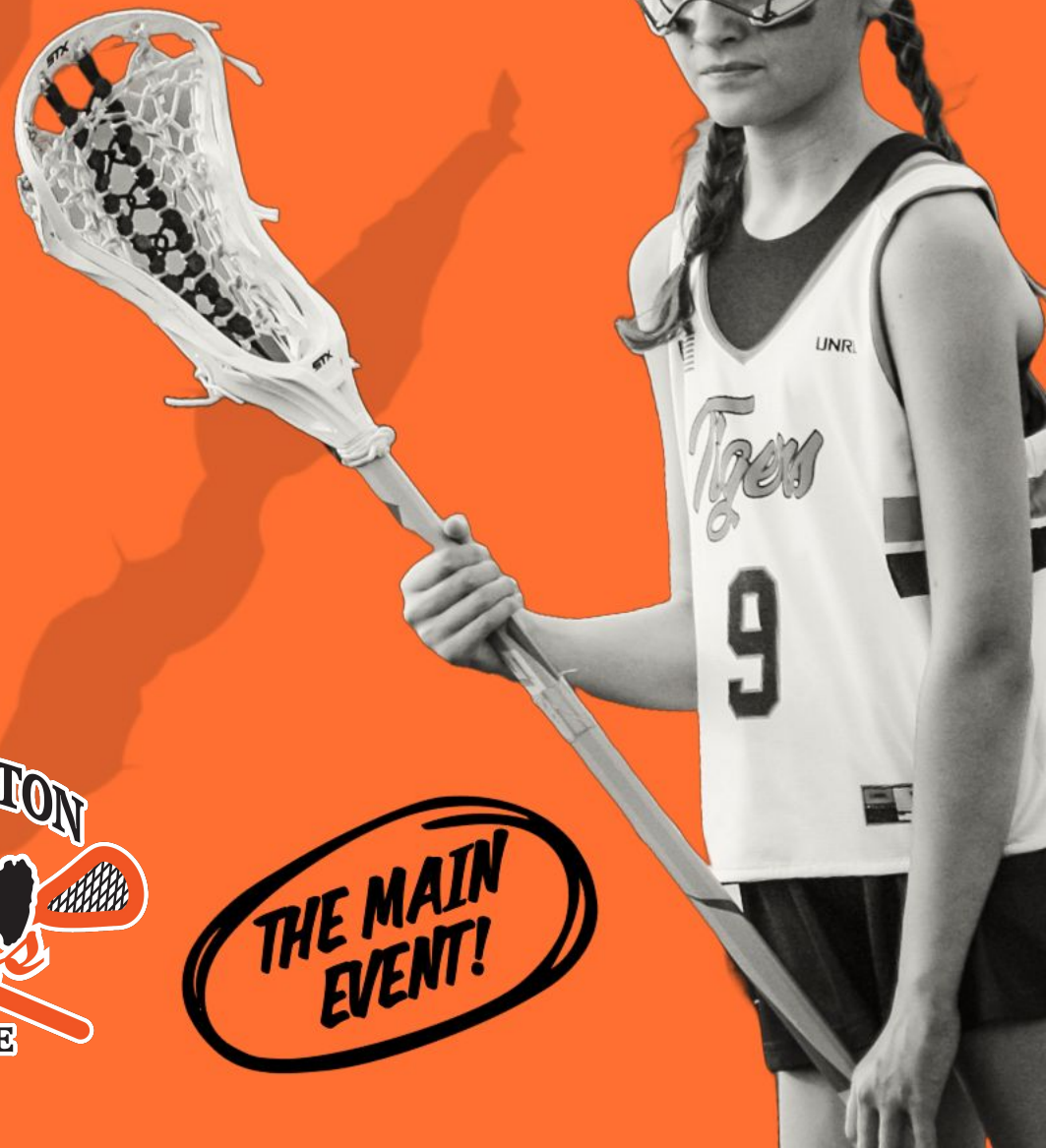
- Register your player, if you haven't already
- Order your uniform - tomorrow is the last day! Samples available!
- Purchase your tickets for the annual ReLAX Parents Night Out (\$50 requirement for every family)
- Download the Crossbar app
- Browse farmingtonlacrosse.org
- Connect with FYLA on Facebook and Instagram



2025

PRESEASON PARENT MEETING

March 13th, 2025
Boeckman Middle School





Welcome to FYLA

- We are excited that your family will participate in America's oldest and fastest growing sport!
- Why lacrosse is taking off?
 - High tempo
 - Lots of action
 - Fun
- If you are new to lacrosse, do not worry. Your family and child will figure it out rather quickly.

>>> Check out the Lacrosse 101 page within the Parent Resources section of our website.



FYLA Board Members

- Scott Duellman- President
- Sarah Dickerson- Treasurer
- Jen Watts- Registrar
- Jeff Kohoutek- Boys Director
- Jessica Feidt- Girls Director
- Shawn Owens- Facilities/Equip.
- Mika Kieffer- Uniforms
- Director a large, 2 open positions **
- Julie Krocak- Secretary
- Kelly Gleonde- Webmaster & Social Media
- Angie Timm- Asst. Boys Director
- Paige Soderberg- Asst. Girls Director
- Lindsay Stemig- Asst. Facilities/Equip.
- Joe Gaston- Volunteer & Event Coordinator



Connect with us!



Crossbar

New website - farmingtonlacrosse.org

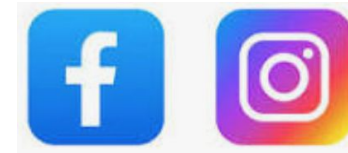
You'll find things like:

- FYLA mission
- Our programs and registrations
- Board meeting notes
- Association-wide events
- Resources for players, parents and coaches
- Sponsorship info

Social media

Building community on Facebook and Instagram

- Updates
- Event promos
- Photos





FYLA Mission Statement

- The Farmington Youth Lacrosse Association (FYLA) is a not-for-profit organization whose objectives are to encourage, promote, and foster the growth of lacrosse for the youth of Farmington and surrounding areas.
- FYLA seeks to provide youth with a positive character building experience by honoring and respecting the sport and traditions of lacrosse.
- FYLA will provide a quality lacrosse program that encourages sportsmanship, skill development, and friendly competition.





2025 Spring/Summer Season

- Spring season begins April 7th
- Girls practice Wednesdays and Thursdays at Schmitz-Maki.
 - 8U & 10U – 6-7pm
 - 12U – 7-8pm
 - 14U – 8-9pm
- Outdoor practice Mondays at FHS begin 4/14, 6:15-7:15 (no 8U)
- Spring games will be on Saturdays/Sundays
- 2 games per 3 play days.
- Summer games will begin early June





2025 GNLL Spring Lacrosse League

Host sites and Dates

- 2 Games at each host site
- Final schedules with times and opponents will be posted by the end of March
- 8U games will be scheduled soon if numbers allow
- League information can be found on LeagueApps
- More info to come



8U		10U	
1		4/26	Owatonna
2		5/4	Farmington
3		5/18	Blaine
12U		14U	
4/26	Owatonna	4/19	Hudson
5/4	Farmington	5/4	Farmington
5/18	Rosemount	5/17	Breck (Golden Valley)



Important Season Dates 2025

- **March 19 & 26** Mouthguard clinics
- **April 9th 2025** Practices begin at Schmitz-Maki.
- **Girls:** Wed/Thurs & outside on Monday starting April 14th (no 8U on Mon.)
- **April 26th, 2024** RELAX Community Fundraiser Beer Bash. Celts Pub Farmington.
- **Mid May**, full outdoor practices begin, Farmington HS
 - Monday, Tuesday & Thursday 6-7:30pm ~ 8U Tuesday & Thursday 6-7pm
- **May 6th**, Youth Night @ FHS stadium
- **May 31-June 1, 2025** Viking Goat Tournament
- **June 27-29th, 2025** Prior Lake Tournament
- **July 16** FYLA Fundraiser at El Charro, Farmington
- **July 25-27th**, 2025 Girls MSLAX State Tournament

**>>> Scan QR code or visit
farmingtonlacrosse.org/events
for a list of events.**





Expectations

- [Parent & Player Handbook](#)
- Team meeting with coaches, parents and players will be held to discuss goals and expectations
- HS program/Booster and Association are separate. Players participating in HS program cannot participate in association activities until the conclusion of HS season ([MSHSL rules](#) BYLAW 208.00)





Coaching

Each team will have an experienced lacrosse player as a Head coach and/or Assistant

- Farmington Alumni
- Current and former college players

Parent coaches will support the paid coaches

- You have the support of a paid College/Farmington Alum Coach
- Parent coaches needed at the 8U & 10U level
- Reach out to the girls director if are interest in coaching

Coaching Expectations:

- GNLL & MSLAX requires all coaches to be Bronze Level Certified
 - [Bronze Level Certification](#) | [USA Lacrosse](#)
- Coaching certification is [reimbursed by FYLA](#)
- [Coaching Requirements](#)





Volunteer Requirements

- Viking Goat Tournament (May 31-June 1)
 - Farmington High School and Dodge Middle School
- Parent Coach and Team Manager fulfill DIB requirements
- Volunteer checks are set at \$500 per family.
 - WE NEED THE VOLUNTEERS NOT THE MONEY!!!
 - The Viking Goat tournament is very important financially for the FYLA mission.
- Each family is required to volunteer 4 hours per player, 6 hours for 2 players and the volunteer check is destroyed.
- With the switch to Crossbar, we're no longer referring to volunteer hours as "DIBS"



>>> The Viking Goat is the ONLY opportunity to fulfill your DIBS, so please make sure you're there.



ReLAX Parents Night Out Celts Pub in Farmington, April 26th

- Fun community night to kick off our 2025 season
- Tickets are \$15 at the door, \$10 advanced sales
- Families pre-buy 5 tickets (\$50), sell to friends and/or use yourself
- Free keg beer, silent auction, 50/50 raffle and prizes
- We are inviting families to donate to our silent auction. Do you have a business you would like to promote?
- Drop off by 4/20
- Contact: Joe Gaston

>>> Purchasing tickets is a requirement for each family





Become a sponsor!

Boost your business visibility!

Sponsoring our program provides a unique opportunity to connect with a loyal and engaged audience while showcasing your commitment to youth sports and the local community. Join us in fostering the success of our athletes while growing your business!

Interested in becoming a sponsor? Scan QR code or visit farmingtonlacrosse.org/about/support-fyla/75867





Mouthguard clinics

All players need mouthguards! Upcoming clinics:

March 19th

Cosmopolitan Ortho

16023 Elmhurst Ln #101
Lakeville, MN 55044
(952) 469-3333

March 26th

Cosmopolitan Ortho

16023 Elmhurst Ln #101
Lakeville, MN 55044
(952) 469-3333

TBD April

Minnesota Ortho

16106 Pilot Knob Rd Suite 120
Lakeville, MN 55044
(651) 450-7273

Sign-ups required. Watch social media.



Uniforms and Apparel

- All athletes are required to wear the FYLA uniform.
- Uniforms are required for 10U, 12U, and 14U
- Girls can order shorts OR skort, only one needed
- Trial sizes of jerseys are located here today. Orders will need to be placed by tomorrow, March 14.
- Order link is within registration, and on the Tiger Lax Gear page of the website
 - Questions? Email Mika Kieffer: mikakieffer@charter.net
- Optional apparel also available
 - <https://jpwildier.myshopify.com/collections/farmington-lax>



>>> Use Discount Code TEAMDROP for no charge shipping. Orders will be delivered to the team for handout.



Uniforms



Girls



LAX BOTTOM STYLE

- ☒ NONE
- ☐ BOYS SHORTS
- ☒ GIRLS SHORTS
- ☐ GIRLS SKORT



Apparel

AVAILABLE THROUGH
MARCH 23



>>> Use Teamdrop at discount for
free shipping as this will be a
team drop order (no shipping)



Laxgear Bags



Farmington Orange Laxpack

Farmington bags with logo and player name.



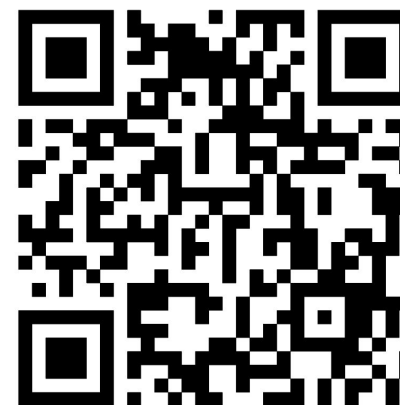
Farmington Orange Mini

Farmington bags with logo and player name.

FYLA has teamed up with Laxgear to provide our players with the ultimate lacrosse bag

Designed for durability and functionality, Laxgear creates top-quality bags built to last and keep your gear organized. Show your Tiger pride with one of the two custom Farmington player bags!

Visit their [website](#) and use code "LAX".





QUESTIONS?

THE FLOOR IS YOURS

March 13th, 2025
Boeckman Middle School



THE MAIN
EVENT!

