

**Welcome to the 2026**

# **PRESEASON PARENT MEETING**

**We'll get started shortly. While you're waiting...**

- Purchase your tickets for the annual ReLAX Parents Night Out (\$50 requirement for every family)
- Download the Crossbar app
- Browse [farmingtonlacrosse.org](http://farmingtonlacrosse.org)
- Connect with FYLA on Facebook and Instagram



2026 BOYS

# PRESEASON PARENT MEETING

March 19<sup>th</sup>, 2025  
Boeckman Middle School

THE MAIN  
EVENT!





# Welcome to FYLA

- We are excited that your family will participate in America's oldest and fastest growing sport!
- Why lacrosse is taking off?
  - High tempo
  - Lots of action
  - Fun
- If you are new to lacrosse do not worry, you will figure it out rather quickly.

*>>> Check out the Lacrosse 101 page within the Parent Resources section of our website.*



# FYLA Board Members

- Scott Duellman- President
- Jen Watts- Co-Boys Director and Registrar
- Angie Timm- Co-Boys Director
- Jessica Feidt- Girls Director
- Paige Soderberg- Girls Director
- Mika Kieffer- Uniforms
- Sarah Dickerson - Treasurer
- Kelly Gleonde- Webmaster & Social Media
- Joe Gaston- Development & Volunteer Coordinator
- Jim Alpaugh - Facilities/Equip.
- Sarah Donaldson - Member at Large
- Amy Engum - Member at Large



# Connect with us



## Website - [farmingtonlacrosse.org](https://farmingtonlacrosse.org)

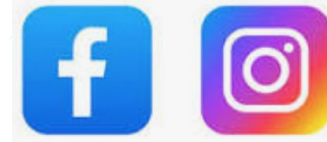
You'll find things like:

- FYLA mission
- Our programs and registrations
- Board contact info
- Board meeting notes
- Association-wide events
- Resources for players, parents and coaches
- Volunteer info

## Social media

Building community on Facebook and Instagram

- Updates
- Event promos
- Photos





# FYLA Mission Statement

- The Farmington Youth Lacrosse Association (FYLA) is a not-for-profit organization whose objectives are to encourage, promote, and foster the growth of lacrosse for the youth of Farmington and surrounding areas.
- FYLA seeks to provide youth with a positive character-building experience by honoring and respecting the sport and traditions of lacrosse.
- FYLA will provide a quality lacrosse program that encourages sportsmanship, skill development, and friendly competition.





# USA Lacrosse Membership

- Memberships are required for all players and coaches
- USA Lacrosse
- Beginning July 1, 2025 all USA Lacrosse player members will be required to complete the one-time age verification process to maintain active membership status
  - December 31, 2025 requirement date was given for players with active memberships





# Boys 2026 Spring/Summer Combined Season

## Changes For This Year

*Families talked — and we listened. Spring is a busy time of year.*

- **One team per age level for the Spring season**, availability can be challenging with overlapping sports and activities
- Summer, **some age levels may expand to multiple teams**, depending on the number of players registered (more on that later)
- Early-season reps are valuable for player growth — so the Spring season remains an important, development-focused opportunity for those who can participate



# Boys 2026 Spring/Summer Combined Season

## Spring League hosted by GNLL (Great Northern Lacrosse League)

- Teams play double-headers on Saturdays or Sundays at the same site

## Summer League hosted by YLM (Youth Lacrosse of Minnesota)

- Weeknight games throughout the metro area & end of year jamboree or state tournament

## Summer Season Tournaments

- *ALL TEAMS* Goat Tournament, Farmington
  - May 30-31
- *ALL TEAMS* River Valley Rumble, Shakopee
  - June 5-7
- *8U & 10U* Jamboree
  - July 18-19
- *12U & 14U* State Tournament
  - July 25-26





# Birthdate vs. Grad Year Explained

## GNLL & YLM

- Team age level is determined by birth date not grad year, requests can be made to allow players to “play down” with their classmates (grad year).
- Making a request DOES NOT automatically mean it will be granted, GNLL and YLM need to approve.

## ADDITIONAL CONSIDERATIONS MAY BE MADE BY FYLA:

- Team sizes
- Skills/Evaluation assessment
- Other considerations  
i.e. financial impacts

Team	Age Range	Grad. Year
8U	9/1/2017 to 8/31/2019	2036 & 2037
10U	9/1/2015 to 8/31/2017	2034 & 2035
12U	9/1/2013 to 8/31/2015	2032 & 2033
14U	9/1/2011 to 8/31/2013	2030 & 2031



# Boys 2026 Spring/Summer Combined Season

- April 6th: First Practice Indoors @ Schmitz-Maki
- Outdoor practices once a week when field conditions allow
- For age levels that may have multiple teams, they will practice as one group until after evaluations
- Coaches
  - Paid Coaches
    - 14U & 12U College Players or older
    - 10U & 8U High School Players
  - Volunteer Parent Coaches





# Boys 2026 Coaching Clinic

**Tuesday, March 24**  
**7:00-9:00pm • Akin Elementary Gym**

- Led by FYLA Development Coordinator Joe Gaston
  - Reviewing drills, strategies, and core lacrosse concepts
- **Bring your lacrosse stick** as some portions will be hands-on.

Interested in coaching but not sure you know enough about the game? Come check it out! There's no pressure—this clinic is a great chance to learn more about lacrosse and you might discover you'd love coaching.

Email [registrar@farmingtonlacrosse.org](mailto:registrar@farmingtonlacrosse.org) with questions.





# Boys 2026 Spring/Summer Combined Season

## PRE-SEASON SKILLS – SCHMITZ-MAKI ARENA

	BOYS
8U	5 - 6pm M, Tu
10U	6 – 7pm M, Tu
12U	7 – 8pm M, Tu
14U	8 – 9pm M, Tu

\*\*\*Tennis shoes only- no cleats





# 2026 GNLL Spring League



## Host sites and Dates

- 2 Games at each host site
- Final schedules with times and opponents will be posted by the end of March
- League information can be found on LeagueApps
- Schedules will be on Tourney Machine
  - Search “2026 GNLL Boys Spring League”

8U		10U	
5/2	@ Eden Prairie	4/18	@ New Prague
5/9	@ Rochester	5/2	@ Rosemount
5/16	@ Farmington	5/9	@ Rochester
		5/16	@ Farmington
12U		14U	
4/19	@ New Prague	4/26	@ Owatonna
5/2	@ Rosemount	5/2	@ Rosemount
5/9	@ Rochester	5/9	@ Rochester
5/16	@ Farmington	5/16	@ Farmington



# Player Evaluations/Team Placement for Summer

- Evaluations will be closed to all parents
- Outside 3rd party evaluators will be utilized
- 8U & 10U: Teams split evenly by board members without players in those age groups

## Evaluation Dates

- 8U & 10U: Likely May 18

Level	Number Registered	Number of Players on the Field	Projected Number of Teams
8U	25	6	2
10U	26	7	2
12U	19	10	1
14U	22	10	1



# Weather & Last-Minute Cancellations

Despite our best planning, last-minute cancellations **will happen** during the season, especially in the Spring. We appreciate your flexibility and understanding.

- We monitor weather closely and make cancellation decisions as **early as possible**
- Practices may be cancelled due to:
  - Extreme heat or humidity
  - Lightning or storms in the area
  - Fields being too wet or closed by FHS
- Often, we **wait it out** hoping conditions improve because we truly want to practice
- Please **check your email** for updates before heading to the field
- Be prepared for **late changes** or short-notice cancellations



**Thank you for your patience —  
safety always comes first.**



# Expectations

## Parent & Player Handbook

HS program/Booster and Association are separate. Players participating in HS program cannot participate in association activities until the conclusion of HS season (MSHSL rules BYLAW 208.00)

**>>> Code of Conduct is within the Player Resources section of our website.**





# Coaching

## 8U & 10U

- Current Farmington High School Players
- Paid Assistant/Co-Coach

## 12U & 14U

- Farmington Alumni/Current and former college players
- Paid Head Coach

## PARENT VOLUNTEER COACHES

- You have the support of a paid High School/College/Alumni coach
- Reach out to the boys director if interested in learning more

## COACHING CERTIFICATES REQUIRED

- Reimbursed by FYLA
- Bronze & Silver Certifications
  - GNLL & YLM require at least one coach on the sideline to have Silver Level Certified Coaching certification through USLAX





# Important 2026 Season Dates

- **March 25** Remaning Mouthguard clinic
- **April 6th** - Practices begin at Schmitz-Maki
  - Boys: Monday/Tuesday
  - Girls: Wednesday/Thursday
- **April 18** - ReLAX Parents Night Out Community Fundraiser (Beer Bash) at Celts Pub (Farmington)
- **April 29** - Order your coffee by this date to get it time for Mother's Day!
- **May 30-31** - Viking Goat Tournament and volunteer weekend
- **June 5-7** - River Valley Rumble Tournament
- **Early June** - YLM league play begins
- **TBD** - FYLA Fiesta at El Charro, Farmington (Fundraiser)
- **July 18-19** - Boys YLM 8U & 10U End of Season Jamboree Weekend
- **July 25-26** - Boys State Tournament and Girls State Tournament
- **August 3** - FYLA Community Night at Omni

>>> Scan QR code or visit [farmingtonlacrosse.org/events](https://farmingtonlacrosse.org/events) for a list of events





# Volunteer Requirements: VIKING GOAT

**>>> *The Viking Goat is the only opportunity to fulfill your volunteer requirements, so please make sure you're there.***

- Viking Goat Tournament (May 30-31)
  - Farmington High School and Dodge MS
- Parent Coach and Team Manager fulfill the volunteer requirements
- Volunteer checks are \$500 per family
  - **WE NEED THE VOLUNTEERS NOT THE MONEY**
  - The Viking Goat is FYLA's largest fundraiser





# Volunteer Requirements: VIKING GOAT

- Each family is required to volunteer 4 hours per player, 6 hours for 2 players and the volunteer check is destroyed.
- **NEW THIS YEAR:** Scorekeepers will no longer be a volunteer opportunity. Each team will be required to supply one scorekeeper for each game. Positions will be parking/traffic control, concessions, utility field maintenance, etc.
- Volunteer opportunities will be posted on the website the week of the Viking Goat. Watch email and social media for updates.





# Mouthguard clinics

All players need mouthguards!  
One remaining clinic coming up:

## March 25

**Cosmopolitan Orthodontics**

16023 Elmhurst Ln #101

Lakeville, MN 55044

(952) 469-3333

Sign-ups via Sign up Genius are required. Call to make an appt if March 25 doesn't work for you.





# Fundraising = Keeping Lacrosse Accessible

Youth sports continue to get more expensive, and FYLA relies on fundraising to keep our program strong, affordable, and accessible for all families.

Over the past year, we've needed to **increase our fundraising efforts**, and every family's participation truly makes a difference.

**Renting Schmitz Maki for early-season practice:**

**\$8,280**

**Coaches fees:**

**\$21,000**

**Lining fields:**

**\$3,000**

**Game/Tourney registrations:**

**\$25,000**

**Storage:**

**\$4,000**

**Team equipment bags:**

**\$2,000**



# Fundraising = Keeping Lacrosse Accessible

We ask that all families participate in each fundraiser as you're able — when we all contribute a little, it adds up to a big impact for our players.

**Your support helps fund: Equipment, field rentals and maintenance, storage facilities and overall program growth.**

## **Required:**

- **FYLA ReLAX Parents Night Out**  
Every player is required to sell 5 tickets at \$10 each

## **Not required, but highly encouraged:**

- **Holiday Fundraiser with Kwik Trip Car Wash Gift Cards** (Dec 2025)
- **Sip & Support at Farm Town Nutrition** (Feb 2026)
- **Blanket Fundraiser** (Open now)
- **Coffee Fundraiser with Fable Roasters** (April–May 2026) *Perfect for Mother's Day gifts!*
- **Omni Night & End-of-Year Team Parties** (Aug)



# Fundraising

Order your custom  
Farmington lacrosse  
blanket for those chilly  
spring games!

Store now open!

**FARMINGTON LACROSSE** **FARMINGTON Tigers LACROSSE** **FUNDRAISER**

SUPPORT YOUR FAVORITE TEAM WITH FARMINGTON LACROSSE FUNDRAISER MERCH!  
**EACH SALE HELPS FUND THE TEAM!** **ORDER NOW AND MAKE A DIFFERENCE!**

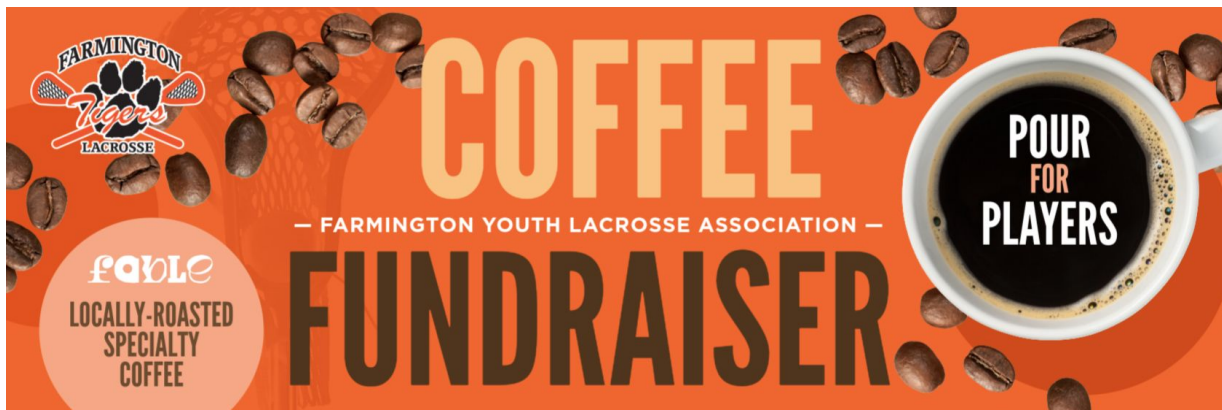
Orders Open 3/19 -4/19 Only

**PERSONALIZED LACROSSE BLANKET**

**www.mamallamallc.com**  
Under the fundraiser tab



# Fundraising



***Kicking off tonight!*** The coffee fundraiser is the perfect way to celebrate the moms (and grandmas and teachers!). Every bag of locally roasted specialty coffee supports FYLA and goes directly back to our players.





# ReLAX Parents Night Out Celts Pub in Farmington, April 18

Fun community night to kick-off our 2025 season

- Tickets are \$15 at the door, \$10 advanced sales
- Families pre-buy 5 tickets (\$50), sell to friends and/or use yourself
- Free keg beer, silent auction, 50/50 raffle and prizes
- In order to have a successful night and engaged attendees, we are inviting families to donate to our silent auction. Do you have a business you would like to promote?
- Drop off donations by 4/15

**>>> Purchasing tickets is a requirement for each family**





# Become a sponsor!

## Boost your business visibility!

Sponsoring our program provides a unique opportunity to connect with a loyal and engaged audience while showcasing your commitment to youth sports and the local community. Join us in fostering the success of our athletes while growing your business!

Interested in becoming a sponsor? *Scan QR code or visit [farmingtonlacrosse.org/about/support-fyla/75867](https://farmingtonlacrosse.org/about/support-fyla/75867)*





# Uniforms and Apparel

- All players are required to wear the FYLA uniform
  - 8U players will be provided a pinnie
- **Orders will need to be placed IMMEDIATELY**
  - After the meeting, find Mika Kieffer to get your order placed



**KI** Performance/LAX  
Shorts w Pockets  
\*Please note artwork is not to scale  
Colors can vary from print media to clothing material



Farmington Lacrosse Shooter Shirt -  
OPTIONAL  
\$ 35.00

>>> Use Discount Code **TEAMDROP** for no charge shipping. [pwilder.myshopify.com/collections/farmington-lax](https://www.pwilder.myshopify.com/collections/farmington-lax)



# Apparel



<https://jpwilder.myshopify.com/collections/lax1>

>>> No shipping charges with team drop available



# Laxgear Bags



**Farmington Orange Laxpack**

Farmington bags with logo and player name.



**Farmington Orange Mini**

Farmington bags with logo and player name.

**FYLA has teamed up with Laxgear to provide our players with the ultimate lacrosse bag**

Designed for durability and functionality, Laxgear creates top-quality bags built to last and keep your gear organized. Show your Tiger pride with one of the two custom Farmington player bags!

Visit their [website](#) and use code "LAX".






# Download the Crossbar app

## FYLA Families — Get Connected with Crossbar!

You already have an account from registration — just download the app and log in using the **same email address**.

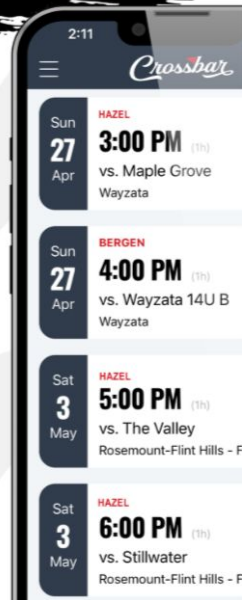
Stay on top of schedules, updates, and team info all season 

### Need setup help?

Visit: [farmingtonlacrosse.org](http://farmingtonlacrosse.org) →  
Parent Resources → Crossbar Help

## Tigers on the go!

Stay informed and organized throughout the lacrosse season with the Crossbar Family Calendar



# QUESTIONS?

## THE FLOOR IS YOURS

March 19<sup>th</sup>, 2026  
Boeckman Middle School

