

Welcome to the 2026

PRESEASON PARENT MEETING

We'll get started shortly. While you're waiting...

- Purchase your tickets for the annual ReLAX Parents Night Out (\$50 requirement for every family)
- Download the Crossbar app
- Browse farmingtonlacrosse.org
- Connect with FYLA on Facebook and Instagram



2026 GIRLS PRESEASON PARENT MEETING

March 19th, 2026
Boeckman Middle School



THE MAIN
EVENT!





Welcome to FYLA

- We are excited that your family will participate in America's oldest and fastest growing sport!
- Why lacrosse is taking off?
 - High tempo
 - Lots of action
 - Fun
- If you are new to lacrosse do not worry, you will figure it out rather quickly.

>>> Check out the Lacrosse 101 page within the Parent Resources section of our website.



FYLA Board Members

- Scott Duellman- President
- Jen Watts- Co-Boys Director and Registrar
- Angie Timm- Co-Boys Director
- Jessica Feidt- Girls Director
- Paige Soderberg- Girls Director
- Mika Kieffer- Uniforms
- Sarah Dickerson - Treasurer
- Kelly Gleonde- Webmaster & Social Media
- Joe Gaston- Player Development
- Jim Alpaugh - Facilities/Equip.
- Sarah Donaldson - Member at Large
- Amy Engum - Member at Large



Connect with us



New website - farmingtonlacrosse.org

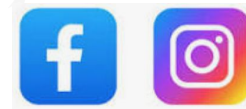
You'll find things like:

- FYLA mission
- Our programs and registrations
- Board contact info
- Board meeting notes
- Association-wide events
- Resources for players, parents and coaches
- Volunteer info

Social media

Building community on Facebook and Instagram

- Updates
- Event promos
- Photos





FYLA Mission Statement

- The Farmington Youth Lacrosse Association (FYLA) is a not-for-profit organization whose objectives are to encourage, promote, and foster the growth of lacrosse for the youth of Farmington and surrounding areas.
- FYLA seeks to provide youth with a positive character-building experience by honoring and respecting the sport and traditions of lacrosse.
- FYLA will provide a quality lacrosse program that encourages sportsmanship, skill development, and friendly competition.





Girls 2026 Spring/Summer Season

Spring League hosted by GNLL (Great Northern Lacrosse League)

- Teams play double-headers on Saturdays or Sundays at the same site

Summer League hosted by MSLAX

- Weeknight games throughout the metro area & end of year jamboree or state tournament

Tournaments

- **ALL TEAMS** Goat Tournament, Farmington
 - May 30-31
- **ALL TEAMS** River Valley Rumble, Shakopee
 - June 5-7
- **8U Play Day** - date TBD
- **ALL TEAMS** State Tournament
 - July 24-26





Spring Season Overview

**First practice is Wednesday,
April 8th**

Wednesday's and Thursday's

- 8U & 10U 6-7pm
- 12U & 14U 7-8pm

Indoors at Schmitz-Maki

Tennis Shoes only



- Parent led practices for all age levels
- High schoolers are still in their season
- Play days
- Games on Saturday or Sunday
- Double headers



2026 GNLL Spring League



Host sites and Dates

- 2 Games at each host site
- Final schedules with times and opponents will be posted by the end of March
- League information can be found on LeagueApps
- Schedules will be on Tourney Machine
 - Search “2026 GNLL Girls Spring League”

8U		10U	
4/26	@ Eagan	4/26	@ Eagan
5/9	@ Rochester	5/3	@ Rosemount
5/17	@ Farmington	5/9	@ Rochester
		5/17	@ Farmington
12U		14U	
4/12	@ Hopkins	4/26	@ Eagan
4/26	@ Wayzata	5/3	@ Rosemount
5/2	@ Chanhassen	5/9	@ Rochester
5/17	@ Farmington	5/17	@ Farmington



Team Evaluations for Summer Division Placement

- Evaluations will be closed to all parents
- Outside 3rd party evaluators will be utilized
- For division placement
- No cutting
- During a practice
- 10U, 12U, and 14U
- No evaluations for 8U
- Date TBD





Summer Overview

Outdoor practices

- Mid-May we move practices outdoors
- Practices will be Mondays, Tuesdays, Thursdays 6-7:30pm
- 8U Tuesdays and Thursdays 6-7pm
- College coaches
- High school coaches
- Parent coaches
- MSLAX
- Game schedule released beginning of June
- Week day games
- 3 weekend tournaments





Coaching

8U & 10U

- Current Farmington High School Player
- Parent Coach

12U & 14U

- Farmington Alumni/Current and former college player
- Parent Coach

PARENT VOLUNTEER COACHES

- You have the support of a paid High School/College/Alumni coach
- Reach out to the girls director if interested in learning more

COACHING CERTIFICATES REQUIRED

- Reimbursed by FYLA
- Bronze & Silver Certifications
 - GNLL require at least one coach on the sideline to have Silver Level Certified
 - Coaching certification through USLAX





Girls 2026 Coaching Clinic

**Thursday, March 26th
7:00-9:00pm
Akin Elementary Gym**

- Led by FYLA Development Coordinator Joe Gaston
 - Reviewing drills, strategies, and core lacrosse concepts
- **Bring your lacrosse stick** as some portions will be hands-on.



Interested in coaching but not sure you know enough about the game? Come check it out! There's no pressure—this clinic is a great chance to learn more about lacrosse and you might discover you'd love coaching.

Email registrar@farmingtonlacrosse.org with questions.



Weather & Last-Minute Cancellations

Despite our best planning, last-minute cancellations **will happen** during the season, especially in the Spring. We appreciate your flexibility and understanding.

- We monitor weather closely and make cancellation decisions as **early as possible**
- Practices may be cancelled due to:
 - Extreme heat or humidity
 - Lightning or storms in the area
 - Fields being too wet or closed by FHS
- Often, we **wait it out** hoping conditions improve because we truly want to practice
- Please **check your email** for updates before heading to the field
- Be prepared for **late changes** or short-notice cancellations



**Thank you for your patience —
safety always comes first.**



Volunteer Requirements: VIKING GOAT

>>> *The Viking Goat is the only opportunity to fulfill your volunteer requirements, so please make sure you're there.*

- Viking Goat Tournament (May 30-31)
 - Farmington High School and Dodge MS
- Parent Coach and Team Manager fulfill the volunteer requirements
- Volunteer checks are \$500 per family
 - **WE NEED THE VOLUNTEERS NOT THE MONEY**
 - The Viking Goat is FYLA's largest fundraiser





Volunteer Requirements: VIKING GOAT

- Each family is required to volunteer
 - 4 hours for 1 player
 - 6 hours for 2 or more players
- **NEW THIS YEAR:** Scorekeepers will no longer be a volunteer opportunity. Each team will be required to supply one scorekeeper for each game. Positions will be parking/traffic control, concessions, utility field maintenance, etc.
- Volunteer opportunities will be posted on the website the week of the Viking Goat. Watch email and social media for updates.

**Volunteer checked destroyed
after hours are completed!**





Uniforms and Equipment

- All players are required to wear the FYLA uniform
 - 8U players will be provided a pinnie
- **Orders should have been completed when you registered, please let us know if you did not**
- Girl's stick, Goggles, Mouthguard

And Cleats





Important 2026 Season Dates

- **March 25th** - Mouthguard Clinic
- **April 6th** - Practices begin at Schmitz-Maki
 - Boys: Monday/Tuesday
 - Girls: Wednesday/Thursday
- **April 18** - ReLAX Parents Night Out Community Fundraiser (Beer Bash) at Celts Pub (Farmington)
- **May 30-31** - Viking Goat Tournament and volunteer weekend
- **June 5-7** - River Valley Rumble Tournament
- **Early June** - MSLAX league play begins
- **July XX** - FYLA Fiesta at El Charro, Farmington (Fundraiser)
- **July 18-19** - Boys YLM 8U & 10U End of Season Jamboree Weekend
- **July 24-26** - Boys State Tournament and Girls State Tournament
- **August 3** - FYLA Community Night at Omni

>>> Scan QR code or visit farmingtonlacrosse.org/events for a list of events





Expectations

Parent & Player Handbook

HS program/Booster and Association are separate. Players participating in HS program cannot participate in association activities until the conclusion of HS season (MSHSL rules BYLAW 208.00)

>>> Code of Conduct is within the Player Resources section of our website.





Mouthguard clinics

All players need mouthguards!
One remaining clinic:

March 25

Cosmopolitan Orthodontics

16023 Elmhurst Ln #101
Lakeville, MN 55044
(952) 469-3333

Sign-ups via Sign up Genius are required. Call to make an appt if March 25 doesn't work for you.





Fundraising = Keeping Lacrosse Accessible

Youth sports continue to get more expensive, and FYLA relies on fundraising to keep our program strong, affordable, and accessible for all families.

Over the past year, we've needed to **increase our fundraising efforts**, and every family's participation truly makes a difference.

Renting Schmitz Maki for early-season practice:

\$8,280

Coaches fees:

\$21,000

Lining fields:

\$3,000

Game/Tourney registrations:

\$25,000

Storage:

\$4,000

Team equipment bags:

\$2,000



Fundraising = Keeping Lacrosse Accessible

We ask that all families participate in each fundraiser as you're able — when we all contribute a little, it adds up to a big impact for our players.

Your support helps fund: Equipment, field rentals and maintenance, storage facilities and overall program growth.

Required:

- **FYLA ReLAX Parents Night Out**
Every player is required to sell **5 tickets at \$10 each**

Not required, but highly encouraged:

- **Holiday Fundraiser with Kwik Trip Car Wash Gift Cards** (Dec 2025)
- **Sip & Support at Farm Town Nutrition** (Feb 2026)
- **Blanket Fundraiser** (Open now)
- **Coffee Fundraiser with Fable Roasters** (April–May 2026) *Perfect for Mother's Day gifts!*
- **Omni Night & End-of-Year Team Parties** (Aug)



Fundraising

Order your custom
Farmington lacrosse
blanket for those chilly
spring games!

Store now open!

FARMINGTON LACROSSE **FUNDRAISER**

FARMINGTON Tigers LACROSSE

SUPPORT YOUR FAVORITE TEAM WITH FARMINGTON LACROSSE FUNDRAISER MERCH!
EACH SALE HELPS FUND THE TEAM! ORDER NOW AND MAKE A DIFFERENCE!

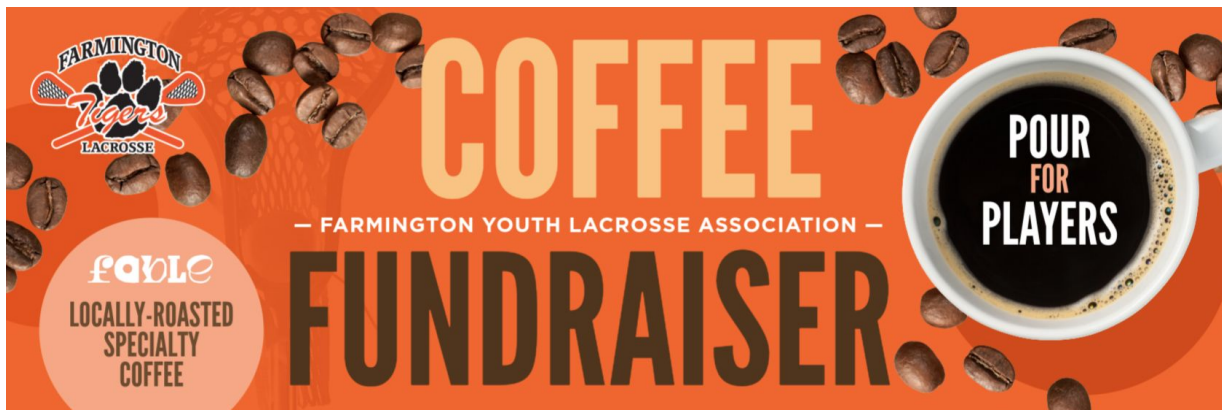
Orders Open 3/19 -4/19 Only

PERSONALIZED LACROSSE BLANKET

www.mamallamallc.com
Under the fundraiser tab



Fundraising



Kicking off tonight! The coffee fundraiser is the perfect way to celebrate the moms (and grandmas and teachers!). Every bag of locally roasted specialty coffee supports FYLA and goes directly back to our players.





ReLAX Parents Night Out

Celts Pub in Farmington, April 18

Fun community night to kick-off our 2025 season

- Tickets are \$15 at the door, \$10 advanced sales
- Families pre-buy 5 tickets (\$50), sell to friends and/or use yourself
- Free keg beer, silent auction, 50/50 raffle and prizes
- In order to have a successful night and engaged attendees, we are inviting families to donate to our silent auction. Do you have a business you would like to promote?
- Drop off by 4/16

>>> Purchasing tickets is a requirement for each family





Become a sponsor!

Boost your business visibility!

Sponsoring our program provides a unique opportunity to connect with a loyal and engaged audience while showcasing your commitment to youth sports and the local community. Join us in fostering the success of our athletes while growing your business!

Interested in becoming a sponsor? *Scan QR code or visit farmingtonlacrosse.org/about/support-fyla/75867*





Only 4 days left to order!



<https://jpwilder.myshopify.com/collections/lax1>

>>> **No shipping charges with team drop available**



Laxgear Bags



Farmington Orange Laxpack

Farmington bags with logo and player name.



Farmington Orange Mini

Farmington bags with logo and player name.

FYLA has teamed up with Laxgear to provide our players with the ultimate lacrosse bag

Designed for durability and functionality, Laxgear creates top-quality bags built to last and keep your gear organized. Show your Tiger pride with one of the two custom Farmington player bags!

Visit their [website](#) and use code "LAX".





Crossbar App

Get Connected with Crossbar!

You already have an account from registration — just download the app and log in using the **same email address**.

Stay on top of schedules, updates, and team info all season. All team communication and player availability will happen here.

Need setup help?

Visit: farmingtonlacrosse.org → Parent Resources → Crossbar Help



Download Crossbar
No more juggling apps—just one spot for everything you need to stay connected and informed!



QUESTIONS?

THE FLOOR IS YOURS

March 19th, 2026
Boeckman Middle School

