

Washington State Girls Lacrosse 2025 Power Rankings

Rankings updated with scores reported through Wednesday, April 16

Team	Conference	Rank	Normalized Power Rank	Overall Team Record			Games Played	Strength of Schedule	% Games > 7 Goal Diff
				Wins	Losses	Ties			
Mercer Island	Varsity - Snoqualmie	1	50.0	6	1	1	8	34.3	50%
Seattle Prep	Varsity - Independent	2	49.4	8	1	1	10	32.8	60%
Eastside Catholic	Varsity - Independent	3	44.6	9	1	0	10	34.0	40%
Bainbridge Island	Varsity - Metro	4	41.0	9	0	0	9	21.8	67%
Bellevue	Varsity - Snoqualmie	5	38.0	5	2	0	7	36.3	29%
ISD	Varsity - Snoqualmie	6	37.9	5	4	0	9	36.4	33%
Lakeside School	Varsity - Independent	7	35.8	6	3	0	9	29.4	44%
Eastlake	Varsity - Snoqualmie	8	34.6	6	2	0	8	25.9	63%
Puyallup	Varsity - Nisqually	9	34.6	8	0	0	8	20.0	88%
Northshore	Varsity - North Sound	10	34.2	6	1	0	7	23.5	57%
Seattle Academy	Varsity - Independent	11	31.6	3	5	0	8	35.4	38%
Woodinville	Varsity - North Sound	12	31.1	2	5	0	7	35.1	43%
Sumner Bonney Lake	Varsity - Nisqually	13	31.0	3	4	0	7	33.0	43%
Bellarmino Prep	Varsity - Peninsula	14	28.4	4	2	0	6	21.0	50%
Ballard	Varsity - Metro	15	27.1	7	1	0	8	17.1	38%
Stadium	Varsity - Peninsula	16	27.0	7	1	0	8	22.0	25%
Snolax Girls Lacrosse	Varsity - North Sound	17	24.4	4	3	0	7	22.2	100%
Tahoma	Varsity - Nisqually	18	24.2	5	1	0	6	16.0	83%
Mount Si	Varsity - Snoqualmie	19	24.1	1	5	0	6	37.9	83%
Kennedy Catholic	Varsity - Independent	20	23.2	4	6	0	10	28.9	50%
Curtis	Varsity - Peninsula	21	22.5	4	3	0	7	18.7	43%
PSD Riptides	Varsity - Peninsula	22	22.2	3	4	0	7	21.7	71%
Holy Names Academy	Varsity - Independent	23	21.7	4	5	1	10	27.5	40%
NSI	Varsity - Snoqualmie	24	21.4	1	5	0	6	30.6	67%
Bishop Blanchet	Varsity - Independent	25	21.4	4	6	0	10	27.6	60%
Shoreline	Varsity - Metro	26	19.7	6	3	1	10	18.1	60%
Anacortes	Varsity - North Sound	27	18.0	3	6	0	9	25.7	67%
Nathan Hale / Ingraham	Varsity - Metro	28	17.2	4	5	0	9	20.0	67%
Roosevelt	Varsity - Metro	29	16.8	3	4	0	7	23.6	43%
West Seattle	Varsity - Metro	30	16.1	3	6	0	9	20.8	67%
Gonzaga Prep	Varsity - Eastern	31	15.9	4	2	1	7	12.1	29%
Overlake Owls	Varsity - Independent	32	15.8	1	4	1	6	21.3	33%
Spokane Stealth	Varsity - Eastern	33	14.9	5	0	0	5	8.9	60%
Auburn Riverside	Varsity - Nisqually	34	14.3	1	4	1	6	22.6	67%
Squalicum Storm	Varsity - North Sound	35	14.1	1	6	0	7	20.8	57%
Garfield	Varsity - Metro	36	13.6	2	7	0	9	20.4	33%
Evergreen SD	Varsity - Nisqually	37	11.8	1	6	0	7	23.3	86%
Graham-Kapowsin	Varsity - Nisqually	38	11.5	0	6	1	7	21.7	57%
Lincoln	Varsity - Metro	39	9.6	0	9	0	9	22.7	89%
Stanwood	Varsity - North Sound	40	9.3	0	5	0	5	22.7	100%
Klahowya	Varsity - Peninsula	41	8.4	0	6	0	6	21.5	83%
Sandpoint High School	Varsity - Eastern	42	8.1	2	4	0	6	10.3	17%
Richland High School	Varsity - Eastern	43	8.1	2	3	1	6	9.9	33%
Kamiakin	Varsity - Eastern	44	7.3	2	3	1	6	10.1	33%
Big Cats	Varsity - Eastern	45	5.3	0	4	0	4	11.5	50%

Notes:

Goal differential is capped at 7 goals (i.e., there is no advantage in the Power Rankings to beating a team by more than 7 goals).

A normalized power ranking (which is numerical representation of a team's competitive strength) has been added to help coaches understand the relative strength of each. Strength of schedule is equal to the average normalized PR for a team's opponents.

Forfeits are not included in the power rankings or in team records.

Power ranking uncertainty is high when a team's Power Rank is much higher than their strength of schedule

(particularly when high percentage of games decided by > 7 goals).