

Washington State Girls Lacrosse 2025 Power Rankings

Rankings updated with scores reported through Tuesday, April 29

Team	Conference	Rank	Normalized Power Rank	Overall Team Record			Games Played	Strength of Schedule	% Games > 7 Goal Diff
				Wins	Losses	Ties			
Seattle Prep	Varsity - Independent	1	50.0	9	1	1	11	32.7	55%
Mercer Island	Varsity - Snoqualmie	2	49.7	9	1	1	11	33.4	55%
Eastside Catholic	Varsity - Independent	3	45.2	9	1	0	10	34.3	40%
ISD	Varsity - Snoqualmie	4	38.9	7	4	0	11	36.5	36%
Bellevue	Varsity - Snoqualmie	5	37.0	8	2	0	10	31.2	50%
Lakeside School	Varsity - Independent	6	36.9	9	3	0	12	27.3	58%
Bainbridge Island	Varsity - Metro	7	36.1	10	2	0	12	25.3	67%
Northshore	Varsity - North Sound	8	36.0	9	1	0	10	22.3	70%
Puyallup	Varsity - Nisqually	9	34.9	12	0	0	12	20.8	83%
Eastlake	Varsity - Snoqualmie	10	34.6	7	4	0	11	29.1	45%
Sumner Bonney Lake	Varsity - Nisqually	11	32.1	6	5	0	11	29.2	36%
Seattle Academy	Varsity - Independent	12	30.6	4	7	0	11	35.8	27%
Woodinville	Varsity - North Sound	13	30.2	4	7	0	11	30.9	55%
Bellarmino Prep	Varsity - Peninsula	14	28.7	8	2	1	11	20.0	45%
Stadium	Varsity - Peninsula	15	26.6	10	1	0	11	19.8	45%
Mount Si	Varsity - Snoqualmie	16	25.9	2	8	0	10	35.5	70%
Ballard	Varsity - Metro	17	24.6	8	3	0	11	18.0	36%
Snolax Girls Lacrosse	Varsity - North Sound	18	24.5	6	5	0	11	23.1	91%
PSD Riptides	Varsity - Peninsula	19	24.2	5	4	1	10	21.2	60%
Kennedy Catholic	Varsity - Independent	20	23.5	6	6	0	12	27.3	42%
Curtis	Varsity - Peninsula	21	22.8	5	5	0	10	21.7	40%
Bishop Blanchet	Varsity - Independent	22	21.9	5	6	0	11	27.5	55%
NSI	Varsity - Snoqualmie	23	21.5	1	10	0	11	33.1	64%
Holy Names Academy	Varsity - Independent	24	20.0	4	6	1	11	26.9	36%
Tahoma	Varsity - Nisqually	25	19.3	6	5	0	11	19.8	64%
Shoreline	Varsity - Metro	26	19.2	7	3	1	11	16.8	64%
Anacortes	Varsity - North Sound	27	17.2	3	8	0	11	26.2	73%
Overlake Owls	Varsity - Independent	28	16.8	2	6	2	10	20.9	40%
Nathan Hale / Ingraham	Varsity - Metro	29	16.7	5	5	1	11	17.6	55%
Gonzaga Prep	Varsity - Eastern	30	16.1	7	3	1	11	12.6	36%
Spokane Stealth	Varsity - Eastern	31	16.0	9	0	1	10	10.5	60%
West Seattle	Varsity - Metro	32	15.0	3	8	0	11	21.4	73%
Auburn Riverside	Varsity - Nisqually	33	14.1	3	7	1	11	20.4	73%
Roosevelt	Varsity - Metro	34	14.1	3	7	0	10	22.3	50%
Squalicum Storm	Varsity - North Sound	35	13.9	2	8	0	10	21.5	70%
Garfield	Varsity - Metro	36	13.1	4	7	0	11	16.9	45%
Sandpoint High School	Varsity - Eastern	37	10.8	3	5	1	9	12.1	22%
Evergreen SD	Varsity - Peninsula	38	10.2	2	9	0	11	19.8	82%
Richland High School	Varsity - Eastern	39	10.1	4	5	1	10	11.6	30%
Klahowya	Varsity - Peninsula	40	10.0	1	9	0	10	18.5	90%
Graham-Kapowsin	Varsity - Nisqually	41	9.7	1	9	1	11	20.6	64%
Kamiakin	Varsity - Eastern	42	8.8	3	6	1	10	11.9	50%
Lincoln	Varsity - Metro	43	8.6	0	11	0	11	21.3	91%
Stanwood	Varsity - North Sound	44	8.1	0	8	0	8	21.3	100%
Big Cats	Varsity - Eastern	45	6.5	0	8	0	8	12.1	50%

Notes:

Goal differential is capped at 7 goals (i.e., there is no advantage in the Power Rankings to beating a team by more than 7 goals).

Power ranking (which is numerical representation of a team's competitive strength) has been added to help coaches understand relative strength of each team.

Strength of schedule is equal to the average normalized PR for a team's opponents.

Forfeits are not included in the power rankings or in team records.

Power ranking uncertainty is high when a team's Power Rank is much higher than their strength of schedule

(particularly when high percentage of games decided by > 7 goals).

Indicates conference winners (or potential winners)