

Washington State Girls Lacrosse 2025 Power Rankings

Rankings updated with scores reported through Thursday, May 1

Team	Conference	Rank	Normalized Power Rank	Overall Team Record			Games Played	Strength of Schedule	% Games > 7 Goal Diff
				Wins	Losses	Ties			
Seattle Prep	Varsity - Independent	1	50.0	9	1	1	11	32.7	55%
Mercer Island	Varsity - Snoqualmie	2	49.9	9	1	1	11	33.6	55%
Eastside Catholic	Varsity - Independent	3	44.4	10	1	0	11	34.5	36%
ISD	Varsity - Snoqualmie	4	38.8	7	4	0	11	36.5	36%
Bellevue	Varsity - Snoqualmie	5	38.0	8	3	0	11	32.5	45%
Northshore	Varsity - North Sound	6	37.1	10	1	0	11	22.9	73%
Lakeside School	Varsity - Independent	7	37.1	10	3	0	13	26.4	62%
Bainbridge Island	Varsity - Metro	8	36.7	11	2	0	13	25.4	69%
Eastlake	Varsity - Snoqualmie	9	35.2	7	4	0	11	29.5	45%
Puyallup	Varsity - Nisqually	10	34.7	13	0	0	13	20.7	85%
Sumner Bonney Lake	Varsity - Nisqually	11	31.5	6	6	0	12	29.0	33%
Seattle Academy	Varsity - Independent	12	30.9	5	7	0	12	34.7	33%
Woodinville	Varsity - North Sound	13	30.6	4	7	0	11	31.1	55%
Bellarmino Prep	Varsity - Peninsula	14	27.7	8	3	1	12	21.1	50%
Stadium	Varsity - Peninsula	15	26.2	10	1	0	11	19.5	45%
Mount Si	Varsity - Snoqualmie	16	25.7	2	9	0	11	36.0	73%
Snolax Girls Lacrosse	Varsity - North Sound	17	25.6	7	5	0	12	23.9	83%
Ballard	Varsity - Metro	18	24.0	9	3	0	12	17.7	33%
PSD Riptides	Varsity - Peninsula	19	23.9	6	4	1	11	19.9	64%
Kennedy Catholic	Varsity - Independent	20	22.8	6	7	0	13	27.2	46%
Curtis	Varsity - Peninsula	21	22.1	5	6	0	11	22.7	45%
NSI	Varsity - Snoqualmie	22	21.8	2	10	0	12	31.8	67%
Bishop Blanchet	Varsity - Independent	23	21.7	5	6	0	11	27.2	55%
Holy Names Academy	Varsity - Independent	24	19.7	4	6	1	11	26.7	36%
Tahoma	Varsity - Nisqually	26	18.8	7	5	0	12	18.6	67%
Shoreline	Varsity - Metro	25	18.8	8	3	1	12	16.2	67%
Anacortes	Varsity - North Sound	27	17.3	3	9	0	12	27.5	75%
Nathan Hale / Ingraham	Varsity - Metro	28	17.1	6	5	1	12	17.2	58%
Overlake Owls	Varsity - Independent	29	16.7	2	6	2	10	20.7	40%
Gonzaga Prep	Varsity - Eastern	30	15.9	8	3	1	12	11.9	33%
Spokane Stealth	Varsity - Eastern	31	15.7	9	0	1	10	10.3	60%
West Seattle	Varsity - Metro	32	15.2	3	9	0	12	21.7	67%
Roosevelt	Varsity - Metro	33	14.2	3	8	0	11	22.5	55%
Auburn Riverside	Varsity - Nisqually	34	13.9	3	7	1	11	20.0	73%
Squalicum Storm	Varsity - North Sound	35	13.1	2	9	0	11	21.2	73%
Garfield	Varsity - Metro	36	13.1	4	7	0	11	16.9	45%
Sandpoint High School	Varsity - Eastern	37	10.6	3	5	1	9	11.8	22%
Evergreen SD	Varsity - Peninsula	38	10.0	2	9	0	11	19.5	82%
Richland High School	Varsity - Eastern	39	9.9	4	5	1	10	11.4	30%
Klahowya	Varsity - Peninsula	40	9.8	1	9	0	10	18.1	90%
Graham-Kapowsin	Varsity - Nisqually	41	9.6	1	10	1	12	20.6	67%
Lincoln	Varsity - Metro	42	9.1	0	12	0	12	21.2	92%
Kamiakin	Varsity - Eastern	43	8.6	3	6	1	10	11.7	50%
Stanwood	Varsity - North Sound	44	8.3	0	9	0	9	21.3	100%
Big Cats	Varsity - Eastern	45	6.3	0	9	0	9	12.3	44%

Notes:

Goal differential is capped at 7 goals (i.e., there is no advantage in the Power Rankings to beating a team by more than 7 goals).

Power ranking (which is numerical representation of a team's competitive strength) has been added to help coaches understand relative strength of each team.

Strength of schedule is equal to the average normalized PR for a team's opponents.

Forfeits are not included in the power rankings or in team records.

Power ranking uncertainty is high when a team's Power Rank is much higher than their strength of schedule

(particularly when high percentage of games decided by > 7 goals).

Indicates conference winners (or potential winners)