

Washington State Girls Lacrosse 2025 Power Rankings

Rankings through week 4 (April 7)

Team	Conference	Rank	Normalized Power Rank	Overall Team Record			Games Played	Strength of Schedule	% Games > 7 Goal Diff
				Wins	Losses	Ties			
Seattle Prep	Varsity - Independent	1	50.0	5	0	1	6	32.8	50%
Mercer Island	Varsity - Snoqualmie	2	48.5	5	1	1	7	32.2	57%
Eastside Catholic	Varsity - Independent	3	45.9	6	0	0	6	29.4	50%
Bainbridge Island	Varsity - Metro	4	38.0	8	0	0	8	19.0	75%
Bellevue	Varsity - Snoqualmie	5	37.5	5	1	0	6	32.7	17%
ISD	Varsity - Snoqualmie	6	37.4	4	3	0	7	36.7	29%
Lakeside School	Varsity - Independent	7	34.3	4	3	0	7	31.0	43%
Eastlake	Varsity - Snoqualmie	8	33.8	5	2	0	7	27.0	57%
Northshore	Varsity - North Sound	9	33.4	5	1	0	6	23.4	50%
Sumner Bonney Lake	Varsity - Nisqually	10	31.2	3	3	0	6	30.8	50%
Seattle Academy	Varsity - Independent	11	31.1	3	5	0	8	35.0	38%
Puyallup	Varsity - Nisqually	12	30.7	7	0	0	7	17.0	86%
Woodinville	Varsity - North Sound	13	30.2	2	5	0	7	34.3	43%
Bellarmino Prep	Varsity - Peninsula	14	28.5	4	1	0	5	16.5	40%
Stadium	Varsity - Peninsula	15	24.8	7	1	0	8	20.4	25%
Mount Si	Varsity - Snoqualmie	16	23.8	1	4	0	5	37.2	80%
Snolax Girls Lacrosse	Varsity - North Sound	17	23.4	4	3	0	7	20.8	100%
Ballard	Varsity - Metro	18	23.1	6	1	0	7	15.3	29%
Holy Names Academy	Varsity - Independent	19	22.5	3	4	0	7	29.0	57%
Kennedy Catholic	Varsity - Independent	20	21.2	3	4	0	7	24.5	29%
Tahoma	Varsity - Nisqually	21	20.6	5	1	0	6	14.0	83%
Curtis	Varsity - Peninsula	22	20.5	4	3	0	7	17.1	43%
Bishop Blanchet	Varsity - Independent	23	20.2	2	5	0	7	26.8	57%
NSI	Varsity - Snoqualmie	24	20.0	1	5	0	6	29.2	67%
PSD Riptides	Varsity - Peninsula	25	19.9	3	3	0	6	17.3	67%
Shoreline	Varsity - Metro	26	17.5	4	3	1	8	17.2	63%
Anacortes	Varsity - North Sound	27	15.7	2	5	0	7	25.1	57%
West Seattle	Varsity - Metro	28	15.0	2	5	0	7	21.3	71%
Gonzaga Prep	Varsity - Eastern	29	14.7	4	2	1	7	10.9	29%
Spokane Stealth	Varsity - Eastern	30	14.1	4	0	0	4	8.8	50%
Roosevelt	Varsity - Metro	31	13.7	2	4	0	6	22.8	50%
Nathan Hale / Ingraham	Varsity - Metro	32	13.3	3	3	0	6	18.7	83%
Garfield	Varsity - Metro	33	13.0	2	5	0	7	18.6	29%
Auburn Riverside	Varsity - Nisqually	34	13.0	1	4	1	6	21.0	67%
Overlake Owls	Varsity - Independent	35	12.3	0	3	0	3	20.4	33%
Squalicum Storm	Varsity - North Sound	36	12.2	1	5	0	6	18.6	67%
Graham-Kapowsin	Varsity - Nisqually	37	10.4	0	6	1	7	19.7	57%
Evergreen SD	Varsity - Nisqually	38	9.4	1	4	0	5	22.3	80%
Sandpoint High School	Varsity - Eastern	39	8.8	0	2	0	2	14.4	50%
Stanwood	Varsity - North Sound	40	8.0	0	4	0	4	21.9	100%
Lincoln	Varsity - Metro	41	7.8	0	7	0	7	19.5	86%
Klahowya	Varsity - Peninsula	42	7.1	0	5	0	5	19.8	80%
Richland High School	Varsity - Eastern	43	6.5	1	2	1	4	9.5	50%
Kamiakin	Varsity - Eastern	44	5.3	1	2	1	4	9.8	50%
Big Cats	Varsity - Eastern	45	3.8	0	3	0	3	8.8	33%

Notes:

Goal differential is capped at 7 goals (i.e., there is no advantage in the Power Rankings to beating a team by more than 7 goals).

A normalized power ranking (which is numerical representation of a team's competitive strength) has been added to help coaches understand the relative strength of each

Strength of schedule is equal to the average normalized PR for a team's opponents.

Forfeits are not included in the power rankings or in team records.

Power ranking uncertainty is high when a team's Power Rank is much higher than their strength of schedule

(particularly when high percentage of games decided by > 7 goals).