

WSLA Meeting Minutes

Date/Time: 11/13/2025, 7:00pm via Microsoft Teams

Attendance

Present: MK Benshoof, Holly Whitman, Christy Neff, Jeanette Wake, Tony Duck, Bo Weingartner

Absent: Ryan McCloskey, Jamie Asaka, Lyndsey Gillis, Tami Tommila, Steve Fricke, Grace Hamilton, Curtis Estes, Claire Monsaas

Approval of Minutes

Did not have a quorum to vote on October 15th meeting minutes. Will vote by email or save for December meeting to approve both October and November minutes.

Presidents Report

Tony reported on the executive committee's ability to change the by-laws as we look to add new board members and face issues with having an appropriate quorum at meetings to make and pass motions appropriately.

Budget

Executive Director Report

WSLA is partnering with the WLL to bring in Maddie Morrisey for two coach education sessions at the January league meeting. It will be \$40 for one session or \$70 for both.

Other topics for breakouts sessions are being discussed for inclusion at the January league meeting, including administrative issues and program leader issues that our membership face.

A December mtg topic will be sanctioning. MK has included some research and information relative to sanctioning (state, WLL, USAL). ACTION ITEM: Board members should read through research provided in pre meeting notes ahead of December 9th.

New Business

New board members were discussed as their one-pagers were shared: Toby Halbert and Jeanne Ballot.

A motion was made to add Toby Halbert to the WSLA Board as an At-Large member. Board approved.

Approved: Curtis Estes, Christy Neff, Lyndsey Gillis, Steven Fricke, Tony Duck, Tami Tommila, Ryan McCloskey, Bo Weingartner, Jeanette Wake

Opposed: n/a

Absent: Claire Monsaas, Grace Hamilton

A motion was made to add Jeanne Ballot to the WSLA Board as an At-Large member. Board approved.

Approved: Curtis Estes, Christy Neff, Lyndsey Gillis, Steven Fricke, Tony Duck, Tami Tommila, Ryan McCloskey, Bo Weingartner, Jeanette Wake, Grace Hamilton

Opposed: n/a

Absent: Claire Monsaas

Identifying Team WA coaches for 2025. Board members will work to identify potential candidates including the 2025 coaches of the year.

Board Member Updates

Season Topics

12U – WSLA is working to build a solution relative to creating a pause after a goal to better support time for subbing and keeping track of goals relative to a mercy rule. Board members are working with USA lacrosse reps, membership and WWLOA to find the best rules solution for spring 2026. This is ongoing and will be finalized by the January meeting.

Jeanette reviewed the rules chart as WSLA and WWLOA are working together, in conjunction with USAL rules, to update for the season.

Yellow cards at 10U. Discussion ensued about the USAL rule which was recently updated – cards are distributed at 10U but teams do not play short. Last season, WSLA subbed said player off for a teaching moment without administering a yellow card. No changes were made to this rule.

ACTION items: As Jet finishes the rules comparison

Committee Items

Operations

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ACTION items: Jeannette will compile the rules comparison sheet edits and work together with Bo to draft final version.

Strategic planning

Tony is setting a meeting for the committee currently. An assessment will be made in terms of where WSLA is currently at which will help inform moving towards a new strategic plan.

Rules

Rules committee has received no appeals or push back from recent waivers and decisions. No current action items.

Next Meeting:

December 9, 2025

Meeting adjourned 8:28pm