

Washington State Girls Lacrosse 2026 Power Rankings

Rankings through week 5

Team	Conference	Rank	Power Rank	Overall Team Record			Games Played	Strength of Schedule	% Games > 7 Goal Diff
				Wins	Losses	Ties			
Eastside Catholic	Varsity - Independent	1	32.5	7	0	0	7	15.8	57%
Mercer Island	Varsity - Snoqualmie	2	30.1	7	1	0	8	18.1	38%
Northshore	Varsity - North Sound	3	23.8	5	1	0	6	15.0	33%
Seattle Prep	Varsity - Independent	4	18.8	4	2	0	6	16.9	67%
ISD	Varsity - Snoqualmie	5	18.0	5	4	0	9	16.8	33%
Bellevue	Varsity - Snoqualmie	6	16.5	4	3	0	7	16.0	71%
Eastlake	Varsity - Snoqualmie	7	16.2	4	4	0	8	17.6	38%
Bainbridge Island	Varsity - Metro	8	16.2	6	0	0	6	9.0	50%
Lakeside School	Varsity - Independent	9	13.9	4	3	0	7	15.4	14%
Sumner Bonney Lake	Varsity - Nisqually	10	11.5	4	2	1	7	9.6	57%
PSD Riptides	Varsity - Peninsula	11	11.1	7	0	1	8	7.8	25%
Seattle Academy	Varsity - Independent	12	10.8	4	4	0	8	15.6	25%
Bellarmino Prep	Varsity - Peninsula	13	10.0	3	2	0	5	10.0	20%
Puyallup	Varsity - Nisqually	14	9.6	3	4	0	7	10.0	57%
Woodinville	Varsity - North Sound	15	8.7	2	4	1	7	16.0	71%
Shoreline	Varsity - Metro	16	8.6	7	1	1	9	6.8	44%
Snolax	Varsity - North Sound	17	8.6	2	3	1	6	9.7	33%
NSI	Varsity - Snoqualmie	18	8.5	3	4	1	8	11.7	38%
Bishop Blanchet	Varsity - Independent	19	8.4	3	4	0	7	13.5	43%
Tahoma	Varsity - Nisqually	20	8.1	4	2	0	6	5.9	83%
Holy Names Academy	Varsity - Independent	21	7.8	3	4	0	7	8.5	57%
Nathan Hale / Ingraham	Varsity - Metro	22	7.2	6	2	0	8	7.0	13%
Mount Si	Varsity - Snoqualmie	23	7.0	0	8	0	8	13.1	63%
Anacortes	Varsity - North Sound	24	6.6	2	4	0	6	6.6	33%
Kennedy Catholic	Varsity - Independent	25	6.1	2	5	0	7	7.3	29%
Bellingham	Varsity - North Sound	26	5.4	3	3	0	6	6.4	50%
Roosevelt	Varsity - Metro	27	5.1	3	4	0	7	5.3	43%
Stadium	Varsity - Peninsula	28	5.1	2	5	0	7	7.6	71%
Ballard	Varsity - Metro	29	4.4	4	4	0	8	7.3	50%
Evergreen SD	Varsity - Peninsula	30	4.4	2	3	0	5	5.2	40%
Curtis	Varsity - Peninsula	31	3.8	3	4	0	7	5.4	57%
West Seattle	Varsity - Metro	32	3.5	1	9	0	10	6.6	40%
Graham-Kapowsin	Varsity - Nisqually	33	3.4	2	4	1	7	5.0	43%
Klahowya	Varsity - Peninsula	34	3.0	1	5	0	6	4.7	83%
Lincoln	Varsity - Metro	35	2.7	2	5	1	8	4.3	38%
Auburn Riverside	Varsity - Nisqually	36	1.1	0	6	0	6	6.0	83%

Eastern Conference (listed separately until sufficient cross-over games are complete)									
Gonzaga Prep	Varsity - Eastern	1	-	5	0	0	5	-	60%
Sandpoint High School	Varsity - Eastern	2	-	3	1	0	4	-	50%
Richland High School	Varsity - Eastern	3	-	1	3	0	4	-	25%
Spokane Stealth	Varsity - Eastern	4	-	2	3	0	5	-	80%
Kamiakin	Varsity - Eastern	5	-	0	5	0	5	-	80%

Notes:

Goal differential is capped at 7 goals (i.e., there is no advantage in the Power Rankings to beating at team by more than 7 goals).

A normalized power ranking (which is numerical representation of a team's competitive strength) has been added to help coaches understand the relative strength of Strength of schedule is equal to the average normalized PR for a team's opponents.