

Washington State Girls Lacrosse 2025 Power Rankings

Rankings updated with scores reported through Saturday, April 20

Team	Conference	Rank	Normalized Power Rank	Overall Team Record			Games Played	Strength of Schedule	% Games > 7 Goal Diff
				Wins	Losses	Ties			
Mercer Island	Varsity - Snoqualmie	1	50.0	6	1	1	8	34.3	50%
Seattle Prep	Varsity - Independent	2	49.5	8	1	1	10	32.8	60%
Eastside Catholic	Varsity - Independent	3	44.5	9	1	0	10	34.0	40%
Bainbridge Island	Varsity - Metro	4	41.0	9	0	0	9	21.8	67%
Bellevue	Varsity - Snoqualmie	5	38.4	6	2	0	8	34.1	38%
ISD	Varsity - Snoqualmie	6	37.8	5	4	0	9	36.4	33%
Lakeside School	Varsity - Independent	7	36.2	6	3	0	9	29.7	44%
Northshore	Varsity - North Sound	8	36.2	7	1	0	8	24.6	63%
Puyallup	Varsity - Nisqually	9	35.1	9	0	0	9	20.1	89%
Eastlake	Varsity - Snoqualmie	10	34.8	6	2	0	8	26.1	63%
Seattle Academy	Varsity - Independent	11	31.8	3	5	0	8	35.8	38%
Sumner Bonney Lake	Varsity - Nisqually	12	30.9	4	4	0	8	29.9	50%
Woodinville	Varsity - North Sound	13	30.2	2	6	0	8	35.4	50%
Bellarmino Prep	Varsity - Peninsula	14	28.3	6	2	0	8	20.5	50%
Stadium	Varsity - Peninsula	15	27.8	8	1	0	9	21.9	33%
Ballard	Varsity - Metro	16	27.1	7	1	0	8	17.1	38%
Snolax Girls Lacrosse	Varsity - North Sound	17	25.6	5	3	0	8	22.3	88%
Mount Si	Varsity - Snoqualmie	18	24.5	1	5	0	6	38.3	83%
Curtis	Varsity - Peninsula	19	23.2	4	3	0	7	19.5	43%
PSD Riptides	Varsity - Peninsula	20	23.0	3	4	0	7	22.5	71%
Kennedy Catholic	Varsity - Independent	21	23.0	5	6	0	11	27.8	45%
Holy Names Academy	Varsity - Independent	22	22.0	4	5	1	10	27.7	40%
NSI	Varsity - Snoqualmie	23	21.6	1	7	0	8	30.1	50%
Bishop Blanchet	Varsity - Independent	24	21.2	4	6	0	10	27.6	60%
Tahoma	Varsity - Nisqually	25	21.1	5	3	0	8	19.8	88%
Shoreline	Varsity - Metro	26	19.5	6	3	1	10	18.2	60%
Anacortes	Varsity - North Sound	27	17.9	3	7	0	10	27.1	70%
Roosevelt	Varsity - Metro	28	16.7	3	4	0	7	23.6	43%
Nathan Hale / Ingraham	Varsity - Metro	29	16.5	4	5	0	9	19.3	67%
Overlake Owls	Varsity - Independent	30	16.0	1	5	1	7	21.1	29%
West Seattle	Varsity - Metro	31	15.9	3	6	0	9	20.7	67%
Gonzaga Prep	Varsity - Eastern	32	15.8	7	2	1	10	10.9	30%
Spokane Stealth	Varsity - Eastern	33	15.5	7	0	0	7	8.6	71%
Auburn Riverside	Varsity - Nisqually	34	15.1	2	5	1	8	21.9	75%
Squalicum Storm	Varsity - North Sound	35	14.4	2	6	0	8	19.4	63%
Garfield	Varsity - Metro	36	13.6	2	7	0	9	20.5	33%
Graham-Kapowsin	Varsity - Nisqually	37	11.3	0	7	1	8	22.8	63%
Klahowya	Varsity - Peninsula	38	10.6	1	6	0	7	19.3	86%
Evergreen SD	Varsity - Peninsula	39	9.9	1	8	0	9	20.9	89%
Lincoln	Varsity - Metro	40	9.5	0	9	0	9	22.9	89%
Stanwood	Varsity - North Sound	41	8.6	0	6	0	6	21.7	100%
Richland High School	Varsity - Eastern	42	8.4	3	5	1	9	10.9	33%
Sandpoint High School	Varsity - Eastern	43	8.1	2	5	0	7	11.2	14%
Kamiakin	Varsity - Eastern	44	7.1	2	6	1	9	11.2	44%
Big Cats	Varsity - Eastern	45	5.4	0	4	0	4	11.7	50%

Notes:

Goal differential is capped at 7 goals (i.e., there is no advantage in the Power Rankings to beating a team by more than 7 goals).

A normalized power ranking (which is numerical representation of a team's competitive strength) has been added to help coaches understand the relative strength of each

Strength of schedule is equal to the average normalized PR for a team's opponents.

Forfeits are not included in the power rankings or in team records.

Power ranking uncertainty is high when a team's Power Rank is much higher than their strength of schedule

(particularly when high percentage of games decided by > 7 goals).