

Washington State Girls Lacrosse 2025 Power Rankings

Rankings updated with scores reported through Wednesday, April 23

Team	Conference	Rank	Normalized Power Rank	Overall Team Record			Games Played	Strength of Schedule	% Games > 7 Goal Diff
				Wins	Losses	Ties			
Seattle Prep	Varsity - Independent	1	50.0	8	1	1	10	33.4	60%
Mercer Island	Varsity - Snoqualmie	2	49.4	7	1	1	9	35.0	44%
Eastside Catholic	Varsity - Independent	3	45.0	9	1	0	10	34.5	40%
Bainbridge Island	Varsity - Metro	4	40.9	10	0	0	10	22.9	60%
Bellevue	Varsity - Snoqualmie	5	38.4	7	2	0	9	33.0	44%
ISD	Varsity - Snoqualmie	6	38.3	5	4	0	9	37.1	33%
Northshore	Varsity - North Sound	7	37.1	8	1	0	9	23.9	67%
Lakeside School	Varsity - Independent	8	37.1	7	3	0	10	28.7	50%
Puyallup	Varsity - Nisqually	9	36.4	10	0	0	10	20.4	90%
Eastlake	Varsity - Snoqualmie	10	35.9	6	3	0	9	29.2	56%
Sumner Bonney Lake	Varsity - Nisqually	11	32.7	5	4	0	9	30.5	44%
Seattle Academy	Varsity - Independent	12	31.0	3	6	0	9	35.8	33%
Woodinville	Varsity - North Sound	13	30.8	3	6	0	9	33.5	56%
Bellarmino Prep	Varsity - Peninsula	14	29.0	6	2	1	9	21.5	44%
Stadium	Varsity - Peninsula	15	28.7	8	1	0	9	22.7	33%
Ballard	Varsity - Metro	16	28.3	7	2	0	9	20.1	33%
Mount Si	Varsity - Snoqualmie	17	27.1	2	5	0	7	36.9	86%
Sndlax Girls Lacrosse	Varsity - North Sound	18	25.2	5	4	0	9	23.3	89%
PSD Riptides	Varsity - Peninsula	19	24.0	3	4	1	8	23.9	63%
Curtis	Varsity - Peninsula	20	23.8	4	3	0	7	19.9	43%
Kennedy Catholic	Varsity - Independent	21	23.6	5	6	0	11	28.5	45%
Tahoma	Varsity - Nisqually	22	22.7	6	3	0	9	20.0	78%
NSI	Varsity - Snoqualmie	23	22.4	1	8	0	9	31.8	56%
Holy Names Academy	Varsity - Independent	24	22.4	4	5	1	10	28.1	40%
Bishop Blanchet	Varsity - Independent	25	21.9	4	6	0	10	28.1	60%
Shoreline	Varsity - Metro	26	20.0	6	3	1	10	18.5	60%
Anacortes	Varsity - North Sound	27	18.5	3	7	0	10	27.5	70%
Nathan Hale / Ingraham	Varsity - Metro	28	17.8	5	5	0	10	19.4	60%
Gonzaga Prep	Varsity - Eastern	29	16.3	7	2	1	10	11.3	30%
Overlake Owls	Varsity - Independent	30	16.3	1	6	1	8	23.8	38%
West Seattle	Varsity - Metro	31	16.0	3	7	0	10	22.6	70%
Roosevelt	Varsity - Metro	32	16.0	3	5	0	8	23.2	38%
Auburn Riverside	Varsity - Nisqually	33	15.2	2	6	1	9	22.7	67%
Spokane Stealth	Varsity - Eastern	34	14.9	8	0	0	8	8.9	63%
Squalicum Storm	Varsity - North Sound	35	14.7	2	8	0	10	22.6	70%
Garfield	Varsity - Metro	36	14.0	3	7	0	10	19.5	40%
Graham-Kapowsin	Varsity - Nisqually	37	11.7	0	7	1	8	23.7	63%
Klahowya	Varsity - Peninsula	38	11.1	1	6	0	7	20.1	86%
Evergreen SD	Varsity - Peninsula	39	10.4	1	8	0	9	21.7	89%
Lincoln	Varsity - Metro	40	9.6	0	9	0	9	23.2	89%
Richland High School	Varsity - Eastern	41	8.8	3	5	1	9	11.3	33%
Stanwood	Varsity - North Sound	42	8.5	0	7	0	7	21.1	100%
Sandpoint High School	Varsity - Eastern	43	8.4	2	5	0	7	11.5	14%
Kamiakin	Varsity - Eastern	44	7.5	2	6	1	9	11.6	44%
Big Cats	Varsity - Eastern	45	7.1	0	5	0	5	12.5	40%

Notes:

Goal differential is capped at 7 goals (i.e., there is no advantage in the Power Rankings to beating a team by more than 7 goals).

A normalized power ranking (which is numerical representation of a team's competitive strength) has been added to help coaches understand the relative strength of each team.

Strength of schedule is equal to the average normalized PR for a team's opponents.

Forfeits are not included in the power rankings or in team records.

Power ranking uncertainty is high when a team's Power Rank is much higher than their strength of schedule

(particularly when high percentage of games decided by > 7 goals).

Indicates conference winners (or potential winners)