

Washington State Girls Lacrosse 2026 Power Rankings

Rankings through week 4

Team	Conference	Rank	Power Rank	Overall Team Record			Games Played	Strength of Schedule	% Games > 7 Goal Diff
				Wins	Losses	Ties			
Eastside Catholic	Varsity - Independent	1	29.9	7	0	0	7	14.7	57%
Mercer Island	Varsity - Snoqualmie	2	27.8	5	1	0	6	17.4	33%
Northshore	Varsity - North Sound	3	22.4	5	1	0	6	13.1	33%
Seattle Prep	Varsity - Independent	4	18.0	4	2	0	6	15.5	67%
ISD	Varsity - Snoqualmie	5	16.5	4	3	0	7	15.1	43%
Bainbridge Island	Varsity - Metro	6	15.8	6	0	0	6	8.4	50%
Bellevue	Varsity - Snoqualmie	7	15.6	4	3	0	7	14.6	71%
Eastlake	Varsity - Snoqualmie	8	13.9	4	2	0	6	15.4	50%
Lakeside School	Varsity - Independent	9	12.1	3	3	0	6	14.6	17%
Seattle Academy	Varsity - Independent	10	10.1	4	3	0	7	9.6	14%
PSD Riptides	Varsity - Peninsula	11	9.9	7	0	1	8	6.9	25%
Puyallup	Varsity - Nisqually	12	9.5	3	4	0	7	9.1	57%
Bellarmino Prep	Varsity - Peninsula	13	9.0	3	2	0	5	9.2	20%
Sumner Bonney Lake	Varsity - Nisqually	14	8.7	4	2	1	7	8.9	57%
Bishop Blanchet	Varsity - Independent	15	8.3	3	4	0	7	12.2	43%
Snolax	Varsity - North Sound	16	8.3	2	3	1	6	8.9	33%
Tahoma	Varsity - Nisqually	17	8.2	4	2	0	6	5.6	83%
Woodinville	Varsity - North Sound	18	8.1	2	4	1	7	14.7	71%
Shoreline	Varsity - Metro	19	8.1	6	1	1	8	6.7	38%
NSI	Varsity - Snoqualmie	20	7.8	3	4	1	8	10.8	38%
Holy Names Academy	Varsity - Independent	21	6.9	3	4	0	7	8.5	57%
Nathan Hale / Ingraham	Varsity - Metro	22	6.7	4	2	0	6	5.9	0%
Mount Si	Varsity - Snoqualmie	23	6.7	0	8	0	8	13.0	63%
Anacortes	Varsity - North Sound	24	5.6	2	4	0	6	6.1	33%
Roosevelt	Varsity - Metro	25	5.4	2	4	0	6	4.9	50%
Stadium	Varsity - Peninsula	26	5.0	2	5	0	7	7.3	71%
Kennedy Catholic	Varsity - Independent	27	4.9	2	5	0	7	6.5	29%
Bellingham	Varsity - North Sound	28	4.8	3	3	0	6	7.1	50%
Evergreen SD	Varsity - Peninsula	29	4.4	2	3	0	5	4.9	40%
Ballard	Varsity - Metro	30	3.5	3	3	0	6	8.6	67%
Curtis	Varsity - Peninsula	31	3.2	3	4	0	7	5.4	57%
Klahowya	Varsity - Peninsula	32	3.1	1	5	0	6	4.9	83%
Graham-Kapowsin	Varsity - Nisqually	33	2.9	2	4	1	7	4.6	43%
West Seattle	Varsity - Metro	34	2.9	1	7	0	8	6.2	38%
Lincoln	Varsity - Metro	35	2.5	2	3	1	6	3.1	33%
Auburn Riverside	Varsity - Nisqually	36	1.1	0	6	0	6	5.6	83%

Eastern Conference (listed separately until sufficient cross-over games are complete)									
Gonzaga Prep	Varsity - Eastern	1	-	5	0	0	5	-	60%
Sandpoint High School	Varsity - Eastern	4	-	3	1	0	4	-	50%
Richland High School	Varsity - Eastern	3	-	1	3	0	4	-	25%
Spokane Stealth	Varsity - Eastern	5	-	2	3	0	5	-	80%
Kamiakin	Varsity - Eastern	2	-	0	5	0	5	-	80%

Notes:

Goal differential is capped at 7 goals (i.e., there is no advantage in the Power Rankings to beating a team by more than 7 goals).

A normalized power ranking (which is numerical representation of a team's competitive strength) has been added to help coaches understand the relative

Strength of schedule is equal to the average normalized PR for a team's opponents.