



WSLA

PO Box 1089

Bothell, Washington 98041

admin@wslax.org

Meeting Minutes

Date/Time: 9/28/24 (September Board Retreat)

Attendance

Present: Erin Massena, Bo Weingaertner, Cathie Frizalone, Claire Monsaas, Jeanette Wake, MK White, Grace Hamilton, Allison Estes, Lyndsey Gillis, Jamie Asaka (quorum achieved)

Absent: Tony Duck, Tami Tommila, Steve Fricke, Sarah Towner, Suzanne Replinger

Approval of Minutes:

A motion was made to approve meeting minutes on 7/2/24 and 2/13/24. Board approved.

Budget:

Cathie shared last year's financials. Team/league fines for lack of referee recruiting were high and this point of revenue could be applied to WWLOA bonuses.

The proposed budget for the 2024-2025 season was reviewed. There are 'smoothed,' increased rates across the league to account for inflation. Lyn Porterfield, USA Lacrosse, is providing \$7500 grant to WSLA for the 2024-2025 year. Funds can be allocated as WSLA chooses and we will continue to give WWLOA a portion of this grant.

A motion was made to approve the proposed budget for 2024-2025 (including the USA Lacrosse grant + portion we will donate to WWLOA). Motion approved.

See attached financials.

Executive Director Report:

New website has been launched using the new league platform – crossbar. It's user friendly and will be rolled out to the league at the October league meeting.

Proposed board meetings for the year

- Tuesday, October 22nd
- Thursday, November 14th
- Wednesday, December 11th



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- Tuesday, January 14th

MK is working with WWLOA and other board members to secure spaces for more WWLOA trainings leading up to the 2025 spring season.

New Business:

WWLOA updates from Jeanette included a review of their financials and the need for grants, board additions and the announcement that David Almond will be the new WWLOA president.

Board Member Updates:

Social Media – Claire Monsaas will spearhead WSLA’s social media accounts. Discussion ensued about recruiting a current player (or two) to ‘intern’ and supplement as social media content creators for volunteer

Rules committee Chair – Sara Towner (absent from meeting) will be stepping down as president but remain involved on the board. WSLA will follow up with Sara about chairing the rules committee.

President – conversations are being had between now and the end of October to secure a new WSLA President.

Discussion ensued about voting new board members into WSLA as a major focus will be board recruitment during the 2024-2025 schoolyear. Current, prospective board members were reviewed in addition to our board structure. Committee representatives will be first point of contact for in-season issues relative to their conference. These reps will assume the role as the gap between conference and board.

A motion was made to vote Ryan McCoskley to the WSLA board as the Peninsula representative. Board approved.

A motion was made to vote Christy Neff to the WSLA board as the Metro representative. Board approved.

A motion was made to vote Laura Hamilton to the WSLA board in an At-Large position. Board approved.

WSLA Board Structure	
Executive Director	MK White



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President	Jamie Asaka
HS VP	Grace Hamilton
Youth VP	Tony Duck
Secretary	Lyndsey Gillis
Treasurer	Cathie Frizalone
Metro	Christy Neff/Tami Tommila
Independent	Claire Monsaas
Snoqualmie	Lyndsey Gillis
Nisqually	Curtis Estes
Peninusla	Ryan McCoskley
North Sound	Grace
Eastern	
WWLOA Liason	Jeanette Wake
Past President	Sarah Towner
At Large	Bo Weingaertner
At Large	Suzanne Replinger
At Large	Steve Fricke
At Large	Laura Hamilton
At Large	Christy Neff

Season Topics:

WSLA will be adding games to the K-2 season. Previously it's been 4 games per season. WSLA is considering the 2025 calendar to add 1-2 additional games.

WSLA has noted the input and proposed changes to our in-season rules. The mercy rule will remain as is it is written in our rule book (and USA Lacrosse). However, WSLA will work with WWLOA to make sure referees are helping coaches establish, prior to games, whether they will play with and institute the 4-goal mercy rule.

Out of Season Rules are not changing.

12v12 versus 8v8 Play at 12U – Discussion ensued about the benefits of having our 12U division playing 8v8 instead of full field 12v12. Width wise play, smaller roster sizes, increase touches on the ball, no changes to field needs, ease of coaching, simultaneous or back-to-back game play and a general increase in involvement in play are the major reasons for a shift to 8v8 play. The budget will be adjusted accordingly, and this change will be presented at the October league meeting.

A motion was made to adjust 12U divisional play from 12v12 to 8v8, half field play. Board approved.



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Committee Items :

Rules committee discussed and presented the Lyla Mickel waiver. A motion was made to approve said waiver. Board approved.

Next Meeting:

Tuesday, October 22nd 2024

Meeting adjourned 3:05pm



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August 31, 2024 YTD

	2024 Actual	2024 Budget	
<u>INCOME</u>			
HS Registration	115,048	119,975	
Youth Registration	62,658	59,186	
Jamborees	5,670	14,794	
Clinics		-	
Regional Team	24,403	30,500	
HS Championship Series	7,316	6,000	
Fines	8,511	1,000	
Contributions		1,000	
Mini Convention		1,000	
USL Chapter Grants	5,000	-	
Interest	5	25	
			Income \$5k below budget (Unfav: HS due to pricing error (5), Youth due to less teams then budgeted (5), Region team due to lower cost (6); offset by favorable fines (8) and USL grant (5))
TOTAL INCOME	228,611	233,480	
<u>EXPENSES</u>			
Officials			
Ref Pay	129,850	124,875	
Playoffs		6,712	
Travel	13,910	10,500	
Ref Recruitment	1,025	2,300	
Jamborees		-	
Total Officials	144,785	144,387	
Administration			
Bookkeeper	2,984	3,000	
Scheduler	7,250	7,250	
Executive Director	25,500	26,500	
Intern (Communications/Admin)		500	
Marketing Staff	6,000	6,000	
Public Relations		-	
Accounting	799	800	
Insurance	408	350	
Meeting Expenses	781	900	
Postage & Printing	316	500	
Website	330	150	
			Missed budgeting fees (prior system they were deducted from revenue, not billed seperatly)
Other (credit card fees, etc)	5,851	200	
Total Administration	50,218	46,150	
	2024 Actual	2024 Budget	
Regional Team			
Tryout Costs		650	
Travel Costs	22,829	31,500	
Coaching Stipend	1,500	1,500	
Tournament Cost	2,418	2,100	
Other (Uniforms, fields)	2,364	1,900	
Scholarships	-	-	



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Total Regional Team	29,111	37,650	Lower cost passed onto players via reduced fee
Other Expenses			
Jamborees	7,627	5,200	Field costs way up
Clinics		-	
Awards-Recognition	280	150	
Honor the Game	2,805	2,800	
Travel Stipend		1,000	
Coach Training		250	
Mini Convention		1,000	
HS Championship	6,560	9,794	We were not billed for fields for Ranier Cup
Total Other Expenses	17,271	20,194	
TOTAL EXPENSES	241,384	248,381	
Change in Net Assets	(12,773)	(14,901)	
Beginning Cash Balance	51,194	51,194	
Ending Cash Balance	38,421	36,294	



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2025 Budget - As Presented

GRANT USED TO PARTIALLY OFFSET FEE INCREASE (+smoothed across all teams)

	<u>2024 Actual</u>	<u>2025 Budget</u>	<u>Variance from</u> <u>2024 Actual</u>	<u>2025 notes</u>
<u>INCOME</u>				
HS Registration	115,048	124,050	9,002	Fees increased at all levels
Youth Registration	62,658	66,205	3,548	Fees increased at all levels
Jamborees	5,670	14,270	8,600	
Clinics	-	-	-	
Regional Team	24,403	30,500	6,097	Airfare was low in 2024, not expected to continue
HS Championship Series	7,316	7,000	(316)	No rev for Rainer cup, same as 2024
Fines	8,511	1,000	(7,511)	
Contributions	-	1,000	1,000	?
Mini Convention	-	1,000	1,000	?
Chapter Grants: WNT, Coach	5,000	7,500	2,500	2025 grant used to partially offset inflationary fee increases
Interest	5	5	(0)	
TOTAL INCOME	228,611	252,530	23,919	
<u>EXPENSES</u>				
<u>Officials</u>				
Ref Pay	129,850	130,012	162	WWLOA increased rate 8%
Playoffs	-	6,681	6,681	
Travel	13,910	14,000	90	
Ref Recruitment	1,025	1,060	35	Don't budget bonuses and will determine early in season if can fund with additional fine income
Jamborees	-	-	-	
Total Officials	144,785	151,753	6,968	
<u>Administration</u>				
Bookkeeper	2,984	3,000	16	
Scheduler	7,250	8,250	1,000	
Executive Director	25,500	31,000	5,500	
Intern (Social Media)	-	1,000	1,000	
Marketing Staff	6,000	-	(6,000)	
Public Relations	-	-	-	
Accounting	799	800	1	
Insurance	408	400	(8)	
Meeting Expenses	781	900	119	
Postage & Printing	316	400	84	
Website	330	995	665	New website
Other (credit card fees, etc)	5,851	5,750	(101)	New platform cc fee + SW licenses+ office
Total Administration	50,218	52,495	2,277	
Regional Team			-	



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Tryout Costs		650	650
Travel Costs	22,829	31,500	8,671
Coaching Stipend	1,500	1,500	-
Tournament Cost	2,418	2,100	(318)
Other (Uniforms, fields)	2,364	1,900	(464)
Total Regional Team	29,111	37,650	8,539
Other Expenses			-
Jamborees	7,627	7,750	124
Awards-Recognition	280	150	(130)
Honor the Game	2,805	3,000	195
Travel Stipend		1,000	1,000
Coach Training		250	250
Mini Convention		1,000	1,000
HS Championship	6,560	8,462	1,902
Total Other Expenses	17,271	21,612	4,341
TOTAL EXPENSES	241,384	263,510	22,126
Change in Net Assets	(12,773)	(10,980)	1,793
Beginning Cash Balance	51,194	38,421	
Ending Cash Balance	38,421	27,441	

# of teams	2016	2017	2018	2019	2020	2021	2022	2023	2024	2024	2025		
	Actual	Actual	Actual	Actual	Actual	Actual	Actual	Actual	Budget	Actual	Budget		
Varsity	33	35	35	36	44	45	45	45	45	45	45		
JV	29	28	28	30	25	30	28	25	24	24	24	+10 prov 2024 & 25	
Total HS	63	63	63	66	69	75	73	71	69	69	69	.8% From high year (2022)	
14U	30	34	38	43	31	33	29	31	27	28			
12U	36	36	39	38	24	30	28	30	26	27			
10U	34	38	33	28	28	31	28	30	29	30			
BUJ	9	13	13	8	20	17	20	20	21				
Total Youth	100	116	123	122	91	114	102	111	102	106	106	.14% From high year (2018)	
Tot w/o BUJ	170	170	173	175	152	169	158	162	151	154	154	.12% From high year (2019)	

Fee	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025	Change 2024,2025
V	1,400	1,400	1,450	1,475	1,475	1,200	1,500	1,500	1,630	1,850	13%
JV	1,300	1,300	1,350	1,375	1,375	1,100	1,400	1,400	1,520	1,700	12%
14U	875	875	875	900	875	750	900	900	980	1,100	12%
12U	675	675	700	700	690	650	700	700	765	925	21%
10U	375	375	400	400	390	390	400	400	445	525	18%
BUJ			100	100	100	100	100	100	115	150	30%