

Washington State Girls Lacrosse 2025 Power Rankings

Rankings updated with scores reported through Wednesday, April 30

Team	Conference	Rank	Normalized Power Rank	Overall Team Record			Games Played	Strength of Schedule	% Games > 7 Goal Diff
				Wins	Losses	Ties			
Seattle Prep	Varsity - Independent	1	50.0	9	1	1	11	32.7	55%
Mercer Island	Varsity - Snoqualmie	2	49.8	9	1	1	11	33.4	55%
Eastside Catholic	Varsity - Independent	3	44.4	10	1	0	11	34.5	36%
ISD	Varsity - Snoqualmie	4	38.9	7	4	0	11	36.5	36%
Bellevue	Varsity - Snoqualmie	5	38.0	8	3	0	11	32.4	45%
Northshore	Varsity - North Sound	6	37.0	10	1	0	11	22.9	73%
Lakeside School	Varsity - Independent	7	36.9	9	3	0	12	27.3	58%
Bainbridge Island	Varsity - Metro	8	36.3	10	2	0	12	25.3	67%
Eastlake	Varsity - Snoqualmie	9	35.0	7	4	0	11	29.1	45%
Puyallup	Varsity - Nisqually	10	34.9	13	0	0	13	20.9	85%
Sumner Bonney Lake	Varsity - Nisqually	11	32.2	6	5	0	11	29.2	36%
Seattle Academy	Varsity - Independent	12	30.7	4	7	0	11	35.8	27%
Woodinville	Varsity - North Sound	13	30.5	4	7	0	11	30.9	55%
Bellarmino Prep	Varsity - Peninsula	14	27.9	8	3	1	12	21.3	50%
Stadium	Varsity - Peninsula	15	26.3	10	1	0	11	19.8	45%
Mount Si	Varsity - Snoqualmie	16	26.2	2	8	0	10	35.5	70%
Snlax Girls Lacrosse	Varsity - North Sound	17	24.7	6	5	0	11	23.1	91%
Ballard	Varsity - Metro	18	24.6	8	3	0	11	18.0	36%
PSD Riptides	Varsity - Peninsula	19	24.1	5	4	1	10	21.2	60%
Kennedy Catholic	Varsity - Independent	20	23.2	6	6	0	12	27.3	42%
Curtis	Varsity - Peninsula	21	22.2	5	6	0	11	22.9	45%
NSI	Varsity - Snoqualmie	22	21.8	2	10	0	12	31.5	67%
Bishop Blanchet	Varsity - Independent	23	21.8	5	6	0	11	27.5	55%
Holy Names Academy	Varsity - Independent	24	19.8	4	6	1	11	26.9	36%
Tahoma	Varsity - Nisqually	25	19.1	6	5	0	11	19.8	64%
Shoreline	Varsity - Metro	26	18.8	8	3	1	12	16.1	67%
Anacortes	Varsity - North Sound	27	17.3	3	8	0	11	26.2	73%
Nathan Hale / Ingraham	Varsity - Metro	28	17.0	6	5	1	12	17.3	58%
Overlake Owls	Varsity - Independent	29	16.8	2	6	2	10	20.9	40%
Gonzaga Prep	Varsity - Eastern	30	15.9	7	3	1	11	12.6	36%
Spokane Stealth	Varsity - Eastern	31	15.7	9	0	1	10	10.5	60%
West Seattle	Varsity - Metro	32	15.0	3	8	0	11	21.4	73%
Roosevelt	Varsity - Metro	33	14.1	3	8	0	11	22.2	55%
Auburn Riverside	Varsity - Nisqually	34	14.0	3	7	1	11	20.4	73%
Squalicum Storm	Varsity - North Sound	35	13.2	2	9	0	11	21.0	73%
Garfield	Varsity - Metro	36	13.1	4	7	0	11	16.9	45%
Sandpoint High School	Varsity - Eastern	37	10.7	3	5	1	9	12.1	22%
Evergreen SD	Varsity - Peninsula	38	10.1	2	9	0	11	19.8	82%
Richland High School	Varsity - Eastern	39	10.0	4	5	1	10	11.6	30%
Klahowya	Varsity - Peninsula	40	9.9	1	9	0	10	18.5	90%
Graham-Kapowsin	Varsity - Nisqually	41	9.6	1	9	1	11	20.6	64%
Lincoln	Varsity - Metro	42	9.1	0	12	0	12	21.1	92%
Kamiakin	Varsity - Eastern	43	8.7	3	6	1	10	11.9	50%
Stanwood	Varsity - North Sound	44	8.0	0	8	0	8	21.3	100%
Big Cats	Varsity - Eastern	45	6.4	0	8	0	8	12.1	50%

Notes:

Goal differential is capped at 7 goals (i.e., there is no advantage in the Power Rankings to beating a team by more than 7 goals).

Power ranking (which is numerical representation of a team's competitive strength) has been added to help coaches understand relative strength of each team. Strength of schedule is equal to the average normalized PR for a team's opponents.

Forfeits are not included in the power rankings or in team records.

Power ranking uncertainty is high when a team's Power Rank is much higher than their strength of schedule

(particularly when high percentage of games decided by > 7 goals).

Indicates conference winners (or potential winners)