

Washington State Girls Lacrosse 2025 Power Rankings

Rankings through week 5 (April 13)

Team	Conference	Rank	Normalized Power Rank	Overall Team Record			Games Played	Strength of Schedule	% Games > 7 Goal Diff
				Wins	Losses	Ties			
Mercer Island	Varsity - Snoqualmie	1	50.0	6	1	1	8	34.3	50%
Seattle Prep	Varsity - Independent	2	49.9	7	0	1	8	30.7	63%
Eastside Catholic	Varsity - Independent	3	43.3	8	1	0	9	32.5	44%
Bainbridge Island	Varsity - Metro	4	40.0	8	0	0	8	20.7	75%
Bellevue	Varsity - Snoqualmie	5	38.8	5	1	0	6	34.1	17%
ISD	Varsity - Snoqualmie	6	38.3	5	4	0	9	36.4	33%
Lakeside School	Varsity - Independent	7	35.9	6	3	0	9	29.4	44%
Northshore	Varsity - North Sound	8	34.6	5	1	0	6	24.5	50%
Eastlake	Varsity - Snoqualmie	9	34.6	6	2	0	8	25.7	63%
Puyallup	Varsity - Nisqually	10	33.2	7	0	0	7	18.4	86%
Sumner Bonney Lake	Varsity - Nisqually	11	31.9	3	3	0	6	31.7	50%
Seattle Academy	Varsity - Independent	12	31.7	3	5	0	8	35.5	38%
Woodinville	Varsity - North Sound	13	31.2	2	5	0	7	35.1	43%
Bellarmino Prep	Varsity - Peninsula	14	30.7	4	1	0	5	17.8	40%
Ballard	Varsity - Metro	15	26.9	7	1	0	8	17.1	38%
Stadium	Varsity - Peninsula	16	26.8	7	1	0	8	22.0	25%
Snolax Girls Lacrosse	Varsity - North Sound	17	24.5	4	3	0	7	22.2	100%
Tahoma	Varsity - Nisqually	18	24.1	5	1	0	6	15.8	83%
Mount Si	Varsity - Snoqualmie	19	24.1	1	5	0	6	37.9	83%
Kennedy Catholic	Varsity - Independent	20	23.9	3	6	0	9	30.8	44%
Curtis	Varsity - Peninsula	21	22.4	4	3	0	7	18.6	43%
Holy Names Academy	Varsity - Independent	22	22.2	3	5	1	9	29.1	44%
PSD Riptides	Varsity - Peninsula	23	21.7	3	4	0	7	21.4	71%
NSI	Varsity - Snoqualmie	24	21.1	1	5	0	6	30.2	67%
Bishop Blanchet	Varsity - Independent	25	20.8	3	6	0	9	29.1	56%
Shoreline	Varsity - Metro	26	19.5	5	3	1	9	19.2	56%
Overlake Owls	Varsity - Independent	27	17.3	1	3	1	5	21.3	20%
Anacortes	Varsity - North Sound	28	17.1	2	5	0	7	26.6	57%
Nathan Hale / Ingraham	Varsity - Metro	29	16.8	4	5	0	9	19.6	67%
Roosevelt	Varsity - Metro	30	16.7	3	4	0	7	23.5	43%
West Seattle	Varsity - Metro	31	16.0	3	6	0	9	20.6	67%
Gonzaga Prep	Varsity - Eastern	32	15.6	4	2	1	7	11.7	29%
Spokane Stealth	Varsity - Eastern	33	14.7	4	0	0	4	9.5	50%
Auburn Riverside	Varsity - Nisqually	34	14.1	1	4	1	6	22.4	67%
Garfield	Varsity - Metro	35	13.7	2	7	0	9	20.5	33%
Squalicum Storm	Varsity - North Sound	36	13.6	1	5	0	6	20.4	67%
Graham-Kapowsin	Varsity - Nisqually	37	11.5	0	6	1	7	21.5	57%
Evergreen SD	Varsity - Nisqually	38	9.8	1	5	0	6	23.2	83%
Stanwood	Varsity - North Sound	39	9.7	0	4	0	4	23.9	100%
Lincoln	Varsity - Metro	40	9.4	0	9	0	9	22.3	89%
Richland High School	Varsity - Eastern	41	8.2	2	2	1	5	9.8	40%
Sandpoint High School	Varsity - Eastern	42	8.0	1	3	0	4	11.2	25%
Klahowya	Varsity - Peninsula	43	7.5	0	5	0	5	21.8	80%
Kamiakin	Varsity - Eastern	44	6.1	1	3	1	5	10.3	40%
Big Cats	Varsity - Eastern	45	4.6	0	3	0	3	10.0	33%

Notes:

Goal differential is capped at 7 goals (i.e., there is no advantage in the Power Rankings to beating a team by more than 7 goals).

A normalized power ranking (which is numerical representation of a team's competitive strength) has been added to help coaches understand the relative strength of each

Strength of schedule is equal to the average normalized PR for a team's opponents.

Forfeits are not included in the power rankings or in team records.

Power ranking uncertainty is high when a team's Power Rank is much higher than their strength of schedule

(particularly when high percentage of games decided by > 7 goals).